

BOOKS BY KARLENE · BECOMING HER BONUS

Sometimes Your Next Chapter Looks Like a Second Chance

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Worksheet



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★ FREE

A Second Chance

A simple reflection sheet — because not every next chapter requires someone new 

"A second chance is not a rewind button. It is a brand new story — written by two people who are no longer who they used to be." — Karlene Pitters



QUICK REFLECTION

Is there a version of yourself from your past that you have compassion for, even though you have outgrown her?



LET'S CHECK IN

Which of these feels most true for you right now? Check any that apply:



I have released the past without pretending it never happened



I recognize I have outgrown an old version of myself



I am becoming open to love again, intentionally



I understand real second chances require growth, not just returning

♥ ONE MORE REFLECTION

If someone from your past returned, would you be looking for growth — or simply for what used to be?

🌸 THIS WEEK'S AFFIRMATION



✦ READ THIS OUT LOUD ✦

"I honor my past without living in it. I am becoming a woman who chooses growth — whatever form my next chapter takes." ♥♥

✦ COMING SEPTEMBER 2026 ✦

*This idea of growth, forgiveness, and second chances is at the heart of **Meant to Be Yours** — featuring Iris & Angelo.*