

BOOKS BY KARLENE · FALLING INTO WHAT'S MEANT FOR YOU · WEEK 1



When Life Gives You a Second Chance at Love

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Worksheet



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FREE

A Second Chance

A simple reflection sheet — because timing and love are not the same thing 

"Sometimes a second chance is not about returning to the past. It is about meeting each other again as the people you have finally become." — Karlene Pitters



QUICK REFLECTION

Have you ever ended something not because the love was not real, but because the timing was not right?



WHAT A SECOND CHANCE REQUIRES

Which of these feels present in your life or a relationship you are reflecting on? Check any that apply:



Emotional growth — showing up as a more whole version of yourself



Honest communication — saying what went unsaid before



Forgiveness — releasing the grip of the past on the present

☐ Willingness to build something new, not just return to old patterns

✦ ONE MORE REFLECTION

If you were given a second chance with someone, would you want to return to the past — or build something new?

✦ THIS WEEK'S AFFIRMATION



✦ READ THIS OUT LOUD ✦

"I trust that timing and love are not the same thing. If a second chance comes to me, I will meet it as who I have become — not who I used to be." 



✦ COMING SOON ✦

*These themes of growth, forgiveness, and second chances are at the heart of **Meant to Be Yours** — featuring Iris & Angelo.*