BOOKS BY KARLENE · WEEK 3 WORKSHEET

The Little Things That Make Love Last

Love Worth Being Thankful For · November 2026

Part 1: My Little Things Inventory

For each of the seven little things, mark how often you **receive** it and how often you **give** it. Use: O = often, S = sometimes, R = rarely.

Little thing	I receive	I give
Showing up		
Checking in		
Laughter		
Affection		
Friendship		
Remembering the small things		
Choosing each other		

What surprised you? Is there a little thing you'd like to give or receive more of?

Part 2: My "Little Things" List

Write down five small things your person (or someone you love) does that make you feel cared for.

1
2
3
4
5

Part 3: Return the Favor

One small, thoughtful gesture I'll do this week, just because:

A little detail I know about them that I can use to make it personal:

How I'll tell them "I noticed, and I'm thankful":

Part 4: Reflection

Looking back, what's a little moment in a relationship that meant more to me than any grand gesture?

> *"I don't need a grand gesture to have a great love. I am thankful for the small, faithful ways love shows up every day."*

Want to go deeper? My workbook *The Love That Feels Like Home* is all about finding love from a place of wholeness. 💕

BOOKS BY KARLENE · WEEK 3 NEWSLETTER

The Little Things That Make Love Last

Send Sunday, November 15, 2026

Subject: It's the little things, friend 🍂

Preview text: The everyday choices that quietly add up to forever.

Hi, friend,

As a romance writer, I love a good grand gesture. But I've learned that while big moments make a love story memorable, it's the little things that make it *last*.

This week in *Love Worth Being Thankful For*, I'm sharing seven little things that keep love strong long after the butterflies settle: showing up, checking in, laughter, affection, friendship, remembering the small things, and choosing each other every single day.

👉 **[Read: The Little Things That Make Love Last]**

This week's free worksheet includes a "little things" inventory to see what you give and receive, a space to list the small ways you feel cared for, and a plan for returning the favor.

👉 **[Download the Week 3 Worksheet]**

📖 From My Bookshelf

Some of my favorite scenes to write are the quiet ones. In *Meant to Be Yours*, so much of Iris and Angelo's love grows in the small moments between them. It's available now on Amazon.

👉 **[Get Meant to Be Yours]**

💌 Hit Reply

What's one little thing your person does that makes you feel loved? Reply and tell me. I read every single one.

Next week is Thanksgiving week, and we'll close out the series with *The Love We Sometimes Forget to Be Thankful For.* It's a special one. 💕

Until next time, be well and stay safe.

With love,
Karlene Pitters, Author
Books By Karlene

BOOKS BY KARLENE · WEEK 3 SOCIAL POSTS

The Little Things That Make Love Last

Instagram @kpwrites · Facebook Books By Karlene · X @BooksByKarlene

Instagram · Post 1 (Sunday, launch)

Big moments make love memorable. Little things make it last. 🍂

7 little things that keep love strong:

💕 Showing up
💕 Checking in
💕 Laughter
💕 Affection
💕 Friendship
💕 Remembering the small things
💕 Choosing each other, every day

This week on the blog, I'm talking about the everyday choices that quietly add up to forever.

Read the full post at the link in my bio, plus grab the free worksheet. ✨

Tell me below: what's one little thing your person does that makes you feel loved? 👇

#BooksByKarlene #LoveWorthBeingThankfulFor #LastingLove #HealthyLove #RomanceReaders #RomanceAuthor #MulticulturalRomance #Bookstagram

🎨 **Visual idea:** Carousel. Slide 1: title on the cranberry-to-gold gradient. Slides 2–8: one little thing per slide with a small icon (coffee cup, phone, heart, etc.). Final slide: "New blog post, link in bio."

Instagram · Post 2 (midweek quote)

Love isn't built in a single grand moment.
It's built in a thousand small ones, chosen again and again. 🤍

Save this and share it with someone who shows up for you in the little ways. 🍂

#BooksByKarlene #LoveWorthBeingThankfulFor #LittleThings #LoveQuotes #RomanceReaders

🎨 **Visual idea:** Quote graphic in Playfair Display on warm cream, or text over a close-up photo of two coffee mugs side by side.

Facebook

Hi, friend! 🍂

As a romance writer, I love a grand gesture as much as anyone. But here's what I've learned: big moments make a love story memorable, but it's the little things that make it last.

This week on the blog, I'm sharing seven little things that keep love strong: showing up, checking in, laughter, affection, friendship, remembering the small things, and choosing each other every single day.

There's a free worksheet too, with a "little things" inventory and a simple way to say thank you to the people who show up for you.

📖 Read it here: [blog link]

I'd love to hear from you in the comments: what's one little thing your person does that makes you feel loved? 💕

X · Post 1

Big moments make love memorable. Little things make it last. 🍂

New on the blog: 7 little things that keep love strong.

[blog link]

#LoveWorthBeingThankfulFor #RomanceReaders

X · Post 2

"Did you eat today?"
"Text me when you get home."
"I remembered how you take your coffee."

Small words. Big love. 💕

#BooksByKarlene #LittleThings

X · Post 3 (book tie-in)

Some of the biggest love lives in the quietest moments.

That's where so much of Iris and Angelo's story grows in Meant to Be Yours. Available now. 📖💕

[Amazon link]

#MeantToBeYours #MulticulturalRomance #RomanceBooks