BOOKS BY KARLENE · WEEK 2 WORKSHEET

When Love Feels Like Coming Home

Love Worth Being Thankful For · November 2026

Part 1: What Home Feels Like to Me

Before we think about love, think about home. Close your eyes and picture the place or moment where you feel most at peace.

What I see:

What I hear:

What I feel:

Who is there:

In three words, the love that feels like home to me is…

Part 2: The Four Feelings of Home

Thinking about your current relationship (or the love you hope for), rate how often you feel each one. 1 = rarely, 5 = always.

Feeling	1	2	3	4	5
I feel safe					
I feel accepted					
I feel understood					
I can be myself					

Which feeling is strongest? Which one do you want more of?

Part 3: Settling In

1. Has a calm, peaceful love ever felt unfamiliar to you? What did you notice in yourself?

2. What's one part of yourself you used to hide in relationships that you're ready to let be seen?

3. How can I be "home" for the people I love this week?

Part 4: My Cozy Ritual

Choose one small tradition to start this week, with a partner, a friend, or yourself.

My ritual is:

When and where:

> *"I deserve a love where I can take off my armor and rest. Calm isn't boring. Calm is home."*

Want to go deeper? My workbook *The Love That Feels Like Home* is all about finding love from a place of wholeness. 💕

BOOKS BY KARLENE · WEEK 2 NEWSLETTER

When Love Feels Like Coming Home

Send Sunday, November 8, 2026

Subject: The love that lets you take off your armor 🍂

Preview text: Safe, accepted, understood, and free to be you.

Hi, friend,

Is there anything better than coming home on a chilly November evening, kicking off your shoes, and finally letting yourself just *be*?

That's exactly how the right love should feel. And it's what we're talking about this week in *Love Worth Being Thankful For*.

In this week's post, I'm sharing four ways you know love feels like home: you feel safe, accepted, understood, and free to be yourself. I also talk about why a calm, peaceful love can feel unfamiliar at first if you've known heartbreak, and why you're allowed to settle in.

👉 **[Read: When Love Feels Like Coming Home]**

This week's free worksheet helps you picture what home feels like to you, rate the four feelings of home in your own relationship, and start a cozy ritual of your own.

👉 **[Download the Week 2 Worksheet]**

🏡 A Little Behind the Scenes

This week's theme is especially close to my heart, because it's where the name of my workbook, *The Love That Feels Like Home*, came from. If you're ready to explore finding love from a place of wholeness, it's waiting for you.

👉 **[Get The Love That Feels Like Home]**

📖 From My Bookshelf

After everything they've each been through, Iris and Angelo discover a love where they can finally just be themselves. That's the heart of *Meant to Be Yours*, and it's available now on Amazon.

👉 **[Get Meant to Be Yours]**

💌 Hit Reply

What's one thing your person does (or one thing you hope they'll do) that makes you feel at home? Reply and tell me. I read every single one.

Next week: *The Little Things That Make Love Last.* 💞

Until next time, be well and stay safe.

With love,
Karlene Pitters, Author
Books By Karlene

BOOKS BY KARLENE · WEEK 2 SOCIAL POSTS

When Love Feels Like Coming Home

Instagram @kpwrites · Facebook Books By Karlene · X @BooksByKarlene

Instagram · Post 1 (Sunday, launch)

Home isn't always a place. Sometimes it's a person. 🏡🍂

You know love feels like home when:

🤍 You feel safe
🤍 You feel accepted
🤍 You feel understood
🤍 You can be fully yourself

This week on the blog, we're talking about the love that lets you take off your armor and rest, and why calm love is nothing to be afraid of.

Read the full post at the link in my bio, plus grab the free worksheet. ✨

Tell me below: what's one thing that makes you feel at home with your person? 👇

#BooksByKarlene #LoveWorthBeingThankfulFor #LoveThatFeelsLikeHome #HealthyLove #RomanceReaders #RomanceAuthor #MulticulturalRomance #Bookstagram

🎨 **Visual idea:** Carousel. Slide 1: title over a cozy photo (blanket, warm mug, soft lamp light). Slides 2–5: one feeling per slide. Slide 6: "New blog post, link in bio."

Instagram · Post 2 (midweek quote)

Calm isn't boring. Calm is home. 🤍

If peaceful love feels unfamiliar after heartbreak, be patient with your heart. You're allowed to settle in.

Save this for the days you need the reminder. 🍂

#BooksByKarlene #LoveWorthBeingThankfulFor #HealingAfterHeartbreak #HealthyRelationships #LoveQuotes #RomanceReaders

🎨 **Visual idea:** Single quote graphic in Playfair Display on warm cream with a soft cranberry accent.

Facebook

Hi, friend! 🍂

Is there anything better than coming home on a chilly November evening, kicking off your shoes, and finally letting yourself just be?

That's how the right love should feel.

This week on the blog, I'm sharing four ways you know love feels like home: you feel safe, accepted, understood, and free to be yourself. I'm also talking about why a calm, peaceful love can feel unfamiliar after heartbreak, and why you deserve to settle in.

There's a free worksheet too, with a cozy ritual to try this week.

📖 Read it here: [blog link]

I'd love to hear from you in the comments: what's one thing your person does that makes you feel at home? 💞

X · Post 1

Home isn't always a place. Sometimes it's a person. 🏡

New on the blog: 4 ways you know love feels like coming home.

[blog link]

#LoveWorthBeingThankfulFor #RomanceReaders

X · Post 2

If peaceful love feels strange after heartbreak, that's okay.

Calm isn't boring. Calm is home. 🤍

#BooksByKarlene #HealthyLove

X · Post 3 (book tie-in)

After everything they've been through, Iris and Angelo find a love where they can finally just be themselves.

Meant to Be Yours is available now. 📖💕

[Amazon link]

#MeantToBeYours #MulticulturalRomance #RomanceBooks