



BOTOX

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Introduction

The Botox cosmetic injections temporarily reduce facial wrinkles, fine lines, and signs of ageing. A botox treatment is minimally invasive and is considered safe.

Botulinum Toxin Can Be Used To

- Smooth crow's feet, forehead furrows, frown lines, lip lines and bunny lines
- Diminish neck bands
- Improve the appearance of skin dimpling of the chin
- Lift the corners of the mouth
- Soften a square jawline
- Correct a gummy smile

What Should I Expect During A Consultation For Botulinum Toxin Injections?

During your **botulinum toxin consultation** be prepared to discuss:

- Your goals
- Medical conditions, drug allergies and medical treatments
- Current medications, vitamins, herbal supplements, alcohol, tobacco and drugs

Your plastic surgeon may also:

- Evaluate your general health status and any pre-existing health conditions or risk factors
- Discuss likely outcomes and any risks or potential complications

Botulinum toxin is a minimally invasive injection that's given in your plastic surgeon's clinic.

What Questions Should I Ask My Plastic Surgeon About Botulinum Toxin Injections?

Use this checklist as a guide during your **botulinum toxin consultation**:

- Am I a good candidate for botulinum toxin?
- What will be expected of me to get the best results?
- Where and how will you perform my procedure or treatment?
- How long of a recovery period can I expect?
- What are the risks and possible complications associated with my procedure?
- How can I expect to look over time?
- Do you have before-and-after photos I can look at for this procedure

What Are The Steps Of A Botulinum Toxin Injections?

Injections of botulinum toxin may seem like a simple procedure to you, since it's just a few shots. But it's actually both an art and science that only a Plastic Surgeon should do.

There are 43 muscles in your face and it's vital that the person who performs botulinum toxin injections understands and pinpoints the correct spots to optimize your treatment.

A very thin needle is used to inject small amounts of botulinum toxin into specific muscles. By carefully choosing specific muscles, your Plastic Surgeon weakens only the wrinkle-producing muscles, preserving your natural facial expressions.

Botulinum toxin treatment injections usually take less than 15 minutes.

The number of injections you need will depend on your facial features and the extent of your wrinkles. Crow's feet, for example, usually demand two to three injections. Furrows above your brow could take five or more.

What Should I Expect During My Recovery After Botulinum Toxin Injections?

No anesthesia is required. There is **no downtime or recovery time for botulinum toxin injections**.

You may resume normal activities immediately.

One note of caution: Don't rub or massage the treated areas after the wrinkle treatment because it can cause the botulinum toxin to migrate to another area of your face.

What Results Should I Expect After Botulinum Toxin Injections?

You may notice results within a few days, but it can take up to a week to see the full effect. This improvement typically lasts about six months.

Before & After Photo



Visual Animation  [Adi care 007](#)

FOR APPOINTMENT

Adi Care
Cosmetic & Anti-Ageing Centre
E-7/32 Arera Colony Ashoka Housing
Society Near Sai Board Square Bhopal

Dr Anand Gautam
Mch (Plastic Surgery)
0755-3145063, 9406523611
7987979675

