



CHIN AUGMENTATION

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Introduction

Chin augmentation surgery improves the shape, size, and projection of the chin.

What Is A Chin Augmentation?

It can be performed by insertion of a silicone implant, if the correction required is mild enough. This is a simple procedure and is a cost-effective way to augment the chin.

If the correction desired is more significant, a chin advancement by osteotomy (modification of the chin bone) may be performed. This is referred to as a sliding genioplasty and is a technically demanding procedure that should be performed by a skilled board-certified plastic surgeon.

What Should I Expect During A Consultation For Chin Augmentation?

During your **consultation** be prepared to discuss:

- Your goals
- Medical conditions, drug allergies and medical treatments
- Current medications, vitamins, herbal supplements, alcohol, tobacco and drugs

Your plastic surgeon may also:

- Evaluate your general health status and any pre-existing health conditions or risk factors
- Discuss likely outcomes and any risks or potential complications

What Questions Should I Ask My Plastic Surgeon About Chin Augmentation?

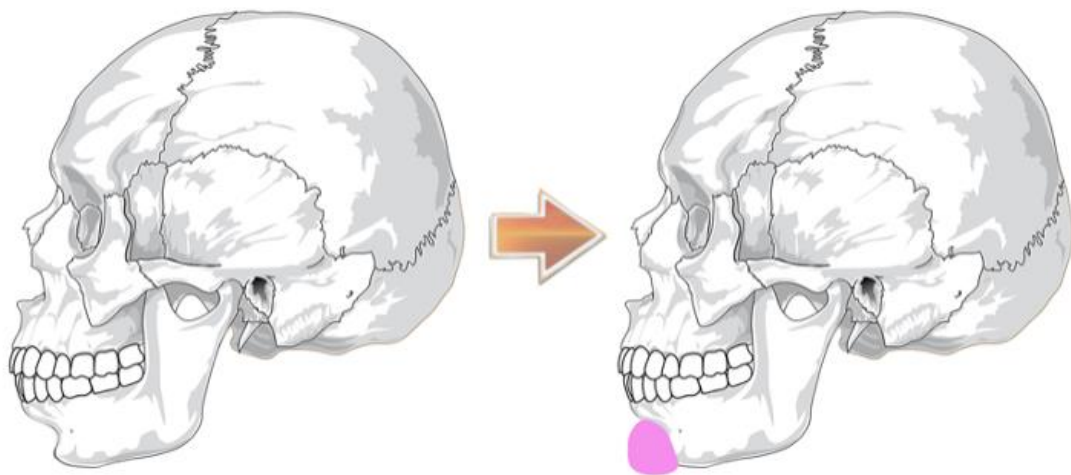
Use this checklist as a guide during your **consultation**:

- Am I a good candidate for Chin Augmentation?
- What will be expected of me to get the best results?
- Where and how will you perform my procedure or treatment?
- How long of a recovery period can I expect?
- What are the risks and possible complications associated with my procedure?
- How can I expect to look over time?
- Do you have before-and-after photos I can look at for this procedure

What Are The Steps Of A Chin Augmentation?

Chin Implant

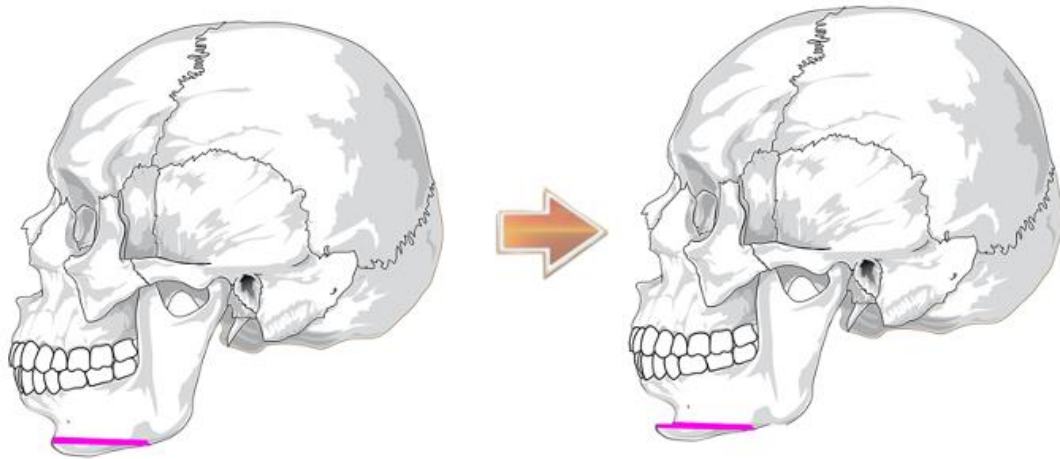
- The chin implant is customized to match with your existing anatomy. Typically, silicone implants are used. However, your surgeon may opt to use Gore-tex, and inert material that incorporates strongly into your existing bony anatomy. There are pros and cons with both substances and will be reviewed with you at your consultation.



Chin Fillers

- If mild modifications are desired, you may be a candidate for temporary or permanent filler injections, such as hyaluronic acid-based fillers or fat transfer, respectively.
- Chin Advancement by Osteotomy

- A horizontal cut is made along the lower section of the bone that provides your chin structure. The bottom segment that has been cut is advanced forward then secured with bone screws. Over the next several months, the chin bone will behave like a fracture and heal itself to close the surgical cut that was made.



Combination

- Your plastic surgeon may opt to perform combination of any of the aforementioned procedures to optimize your aesthetic outcome.

What Should I Expect During My Recovery After Chin Augmentation?

- Mild to moderate pain is expected. Pain is well controlled with over the counter and prescription medications.
- Swelling is expected and worst 72 hours after the surgery. Cold compress for the first 72 hours followed by warm compresses for the next 1.5 weeks. Degree of swelling becomes socially acceptable 1.5-2 weeks later.
- Liquid or soft diet may be required the first week.
- Swelling will improve considerably at 3 months. Final results may take 6-12 months.
- If you surgeon opts to use non-dissolvable sutures, they will be removed in clinic 5-7 days later.
- All incisions are made within the mouth (intraorally), specific instructions regarding oral hygiene will be provided.
- You may return to work 1-2 weeks after the surgery (desk job). This depends on your comfort level.
- Avoid strenuous activity for the first 3-4 weeks. Gradually advance as tolerated.

Before & After Photo



Visual Animation  [Adi care 007](#)

FOR APPOINTMENT

Adi Care
Cosmetic & Anti-Ageing Centre
E-7/32 Arera Colony Ashoka Housing
Society Near Sai Board Square Bhopal

Dr Anand Gautam
Mch (Plastic Surgery)
0755-3145063, 9406523611
7987979675

