



LASER HAIR REMOVAL

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What Is Laser Hair Removal?

Laser hair removal is a procedure that uses a laser, or a concentrated beam of light, to get rid of hair in different areas of the body.

If you're not happy with shaving, tweezing, or waxing to remove unwanted hair, laser hair removal may be an option worth considering.

Laser hair removal is one of the most commonly done cosmetic procedures. It beams highly concentrated light into hair follicles. Pigment in the follicles absorb the light. This destroys the hair.

Benefits Of Laser Hair Removal

Lasers are useful for removing unwanted hair from the face, leg, chin, back, arm, underarm, bikini line, and other areas. However, you can't get laser done on your eyelids or the surrounding areas or anywhere that has been tattooed.

Benefits of laser hair removal include:

Precision. Lasers can selectively target dark, coarse hairs while leaving the surrounding skin undamaged.

Speed. Each pulse of the laser takes a fraction of a second and can treat many hairs at the same time.

Predictability. Most patients have permanent hair loss after an average of three to seven sessions.

What Should I Expect During A Consultation For Laser Hair Removal?

During your **laser hair removal consultation** be prepared to discuss:

- Your goals
- Medical conditions, drug allergies and medical treatments
- Current medications, vitamins, herbal supplements, alcohol, tobacco and drug use
- Previous surgeries

Your surgeon, or his specialty-trained nurse, will also:

- Evaluate your general health status and any pre-existing health conditions or risk factors
- Take photographs
- Discuss your options
- Recommend a course of treatment
- Discuss likely outcomes of laser hair removal and any risks or potential complications

What Are The Risks Of Laser Hair Removal?

Possible laser hair removal side effects include:

- Mild swelling around the hair follicles
- Pigment changes may occur, especially in those with darker skin – these changes are usually temporary
- Slight redness of the skin
- Temporary irritation resulting in blistering, crusting, scarring or other changes in skin texture

These risks and others will be fully discussed prior to your consent. It's important that you address all your questions directly with your laser hair reduction provider.

How to Prepare for Laser Hair Removal

If you are planning to undergo laser hair removal, you should limit plucking, waxing, and electrolysis for 6 weeks before treatment. That's because the laser targets the hairs' roots, which are temporarily removed by waxing or plucking.

You should shave or trim the day before your procedure

What to Expect During Laser Hair Removal

During the procedure, the pigment in your hair will absorb a light beam from a laser. The light will be converted to heat and damage that hair follicle. Because of that damage, the hair will stop growing. This is done over two to six sessions.

Before laser hair removal

Just before the procedure, the hair that will be undergoing treatment will be trimmed to a few millimeters above the skin surface. Usually, the technician will apply a topical numbing medicine 20-30 minutes before the procedure to help with the sting of the laser pulses. They'll also adjust the laser equipment according to the color, thickness, and location of your hair being treated, as well as your skin color.

Depending on the laser or light source used, you and the technician will need to wear appropriate eye protection. They'll also apply a cold gel or use a special cooling device to protect the outer layers of your skin and help the laser light get into it.

Is laser hair removal painful?

Temporary discomfort is possible, with some redness and swelling after the procedure. People compare laser hair removal to a warm pinprick and say it's less painful than other hair removal methods like waxing or threading.

Laser Hair Reduction Time Duration

Face: 15 minutes to 25 minutes.

Hands: 15-20 minutes

Legs: 20- 30 minutes

Chest : 20-30 minutes

Back: 20-25 minutes

Bikini: 20 minutes approx.

Full body: 2-3 hours

What Are The Steps Of A Laser Hair Removal Procedure?

A beam of highly focused light is absorbed by hair in disabling unwanted hair follicles. There is some mild discomfort that lasts a few seconds.

Because hair grows in cycles, it typically takes three to four laser hair removal treatments to provide significant hair reduction.

What Happens During Laser Hair Removal?

Before the treatment, the area to be treated will be cleansed. Some patients receive a numbing gel. Numbing the area to be treated helps when a small area will be treated and the skin is very sensitive. It takes about 30 to 60 minutes for a numbing gel to work.

The laser treatment will take place in a room set up specifically for laser treatments. Everyone in the room must wear protective eyewear during the procedure. To perform the procedure, the skin is held taut and the skin is treated with the laser. Many patients say that the laser pulses feel like warm pinpricks or a rubber band being snapped against the skin.

A laser removes hair by vaporizing it.

When Will I See The Results After Having Laser Hair Removal?

You will likely see the results immediately after treatment. The results vary from patient to patient. The color and thickness of your hair, area treated, type of laser used, and color of your skin all affect the results. You can expect a 10% to 25% reduction in hair after the first treatment.

To remove the hair, most patients need 2 to 6 laser treatments. After finishing the treatments, most patients do not see any hair on the treated skin for several months or even years.

How Long Will The Results Of Laser Hair Removal Last?

Most patients remain hair free for months or even years. When some of the hair regrows, it will likely be less noticeable. To keep the area free of hair, a patient may need maintenance laser treatments.

After laser hair removal

The technician may give you ice packs, anti-inflammatory creams or lotions, or cold water to ease any discomfort. You'll need to wait 4-6 weeks for the next appointment. You'll get treatments until hair stops growing.

Laser hair removal aftercare

The treated area will look and feel sunburned for 1-2 days. Cool compresses and moisturizers may help. If your face was treated, you can wear makeup the next day unless your skin is blistered. Avoid direct sunlight, tanning beds, sun lamps, or any kind of indoor tanning equipment.

When Is It Safe To Have Another Laser Treatment For Hair Removal?

This varies from patient to patient. Removing hair often requires a series of laser treatments. Most patients can have laser hair removal once every 4 to 6 weeks. Your surgeon will tell you when it is safe to have another treatment.



**laser hair
reduction**



Painless



Quick



Safe and
Reliable



Effective for all
skin types



No Downtime



Visual Animation  [Adi care 007](#)

FOR APPOINTMENT

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