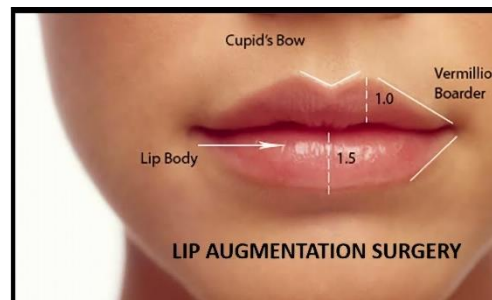




LIP AUGMENTATION

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Introduction

Lip augmentation adds volume to thinning lips, creating a more youthful appearance. There are several types of lip augmentation, including lip fillers, implants, fat transfers and lip lifts.

What Are The Types Of Lip Augmentation?

Types of lip augmentation include:

- **Fat grafting (autologous fat injections or fat transfer):** A plastic surgeon takes fat from another area of your body — commonly your abdomen — purifies it and injects it into your lips.
- **Lip Fillers:** A plastic surgeon injects lip filler, also called a dermal filler, into your lips or around your mouth.
- **Lip implants:** A plastic surgeon makes a small incision in each corner of your mouth and inserts an implant into your lips.
- **Lip Lift:** A plastic surgeon removes excess skin between your nose and upper lip (or the corners of your mouth) to pull up your lips.

How Long Does Lip Augmentation Last?

How long your fuller lips last varies by procedure. For example:

- Lip fillers last six months to a year.
- Fat grafting lasts at least five years.
- A lip lift is permanent.

- Lip implants are permanent but can be removed at any time.

What Is The Best Lip Augmentation Procedure?

The best lip augmentation procedure is different for every person. The right procedure for you depends on your goals and lip shape and size. For example, lip implants or a lip lift may be ideal if you prefer permanent results.

However, implants may not be appropriate for razor-thin or asymmetrical lips. Together with your plastic surgeon, you can determine the best approach for you.

Who's A Good Candidate For Lip Augmentation?

Your plastic surgeon will help you decide whether you're a good candidate for lip augmentation and which procedure is right for you.

In most cases, you're a candidate for lip augmentation if you:

- Are in good health.
- Don't have an active infection.
- Have realistic expectations about your results.

What Should I Expect During A Consultation For Lip Augmentation?

During your **consultation** be prepared to discuss:

- Your goals
- Medical conditions, drug allergies and medical treatments
- Current medications, vitamins, herbal supplements, alcohol, tobacco and drugs

Your plastic surgeon may also:

- Evaluate your general health status and any pre-existing health conditions or risk factors
- Discuss likely outcomes and any risks or potential complications

What Questions Should I Ask My Plastic Surgeon About Lip Augmentation ?

Use this checklist as a guide during your **consultation**:

- Am I a good candidate for lip augmentation?
- What will be expected of me to get the best results?
- Where and how will you perform my procedure or treatment?
- How long of a recovery period can I expect?
- What are the risks and possible complications associated with my procedure?

- How can I expect to look over time?
- Do you have before-and-after photos I can look at for this procedure

Risks / Benefits

What Are The Benefits Of Lip Augmentation?

- Lip augmentation gives your lips a fuller, younger look. Depending on which procedure you have, lip augmentation has minimal to no downtime.

What Are The Risks Or Complications Of This Procedure?

- Talk to your plastic surgeon about potential issues after lip augmentation. Your chances for risks and complications go up with surgical lip augmentation. But nonsurgical lip augmentation also has risks.

Procedure Details

How do I prepare for lip augmentation?

Your healthcare provider will give you specific instructions on how best to prepare. A few weeks before the procedure, you'll need to stop smoking and taking blood-thinning medication, which can worsen bruising. Avoid pain relievers like aspirin.

What happens before lip augmentation?

Your plastic surgeon will likely use local anesthesia to numb the area so that you don't feel any pain. You'll be awake for the procedure

What happens during lip augmentation?

Here's what to expect according to the type of lip augmentation procedure you have:

Lip Fillers

When getting lip injections, your plastic surgeon uses a fine needle to inject the filler into your lips. The injections typically take 10 to 30 minutes.

Fat Transfer

If the injected substance contains fat from your body, you'll have liposuction to remove the fat, usually from your belly area. After the fat is purified, your plastic surgeon injects it into your lips. The entire procedure takes about 60 to 90 minutes to complete.

Lip Implant

This procedure usually lasts about 30 minutes. During lip implant surgery, your plastic surgeon:

1. Numbs your lips.
2. Makes a tiny incision in each corner of your mouth.
3. Creates a tunnel by inserting a clamp through one incision and threading it to the other side.
4. Pulls the implant through the tunnel using the clamp.
5. Closes the incisions with stitches.

Lip Lift

This procedure typically takes about an hour. During a lip lift, your plastic surgeon:

1. Numbs the area.
2. Makes an incision under your nose.
3. Removes a small strip of skin.
4. Lifts your upper lip.
5. Closes the incision with stitches.

In another type of lip lift, the surgeon makes two small incisions on each side of your mouth and removes a bit of skin from those areas.

What Should I Expect During My Recovery After Botulinum Toxin Injections?

You'll receive instructions for helping your lips heal and optimizing your results. The plastic surgeon may suggest:

- Eating soft foods for the first few days.
- Elevating your head during sleep.
- Not moving your lips excessively.
- Using an ice pack on your lips for several days.

One note of caution: Don't rub or massage the treated areas after treatment because it can cause the implant/filler to migrate to another area of your face.

What Is The Recovery Time?

Recovery time differs depending on the type of lip augmentation you have. With lip fillers, there's little to no recovery time. With surgical lip augmentation, you may need a few days to several weeks for bruising, redness and swelling to subside.

When Can I Return To My Typical Activities?

With nonsurgical lip augmentation, you can typically return to work right away. Surgical lip augmentation may require some downtime. With any lip augmentation procedure, your plastic surgeon may suggest avoiding exercise and other strenuous activities for up to several weeks.

Before & After Photo



Visual



Animation [Adi care 007](#)

FOR APPOINTMENT

Adi Care
Cosmetic & Anti-Ageing Centre
E-7/32 Arera Colony Ashoka Housing
Society Near Sai Board Square Bhopal

Dr Anand Gautam
Mch (Plastic Surgery)
0755-3145063, 9406523611
7987979675

