



MOLE REMOVAL

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Introduction

Mole removal is a procedure to eliminate moles, which can be done for cosmetic or medical reasons. Various methods are used, including surgical excision, shave removal, laser removal, and cryotherapy (freezing). The best method depends on the mole's size, location, type, and whether it's suspected to be cancerous. A Plastic Surgeon can assess the mole and recommend the most appropriate removal technique.

Common Mole Removal Methods:

- **Surgical Excision:**
This involves cutting out the mole and a small surrounding area of skin, often with stitches to close the wound.
- **Shave Removal:**
The mole is shaved off at the skin level using a scalpel or razor blade.
- **Laser Removal:**
Lasers are used to vaporize the mole, especially effective for flat, pigmented moles.
- **Cryotherapy (Freezing):**
Liquid nitrogen is applied to freeze the mole, causing it to eventually fall off.

When to Consider Mole Removal:

- **Suspicious moles:** If a mole is changing in size, shape, or color, or if it's causing discomfort or bleeding, it's crucial to have it checked by a dermatologist.
- **Cosmetic concerns:** Moles in visible areas can be removed for aesthetic reasons.
- **Irritation or discomfort:** Moles that are frequently rubbed by clothing or jewelry may be removed to prevent irritation.

How do I Find out if a Mole is Cancerous?

The best way to know if a mole is cancerous is to see a Plastic Surgeon for an annual skin cancer screening. If you have a history of skin cancer, your Plastic Surgeon may recommend screening more often.

Meanwhile, you should schedule a checkup with your dermatologist if you notice any moles that:

- are **a**symmetrical
- have irregular **b**orders
- are not uniform in **c**olor
- have a **d**iameter that's larger than a pencil eraser
- are **e**volving or changing in size, shape, or color

These are known as the ABCDEs of mole checks.

These types of moles should be evaluated by a Plastic Surgeon, who can then decide if they should be tested for skin cancer.

Before & After Photo





Visual Animation  [Adi care 007](#)

FOR APPOINTMENT

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