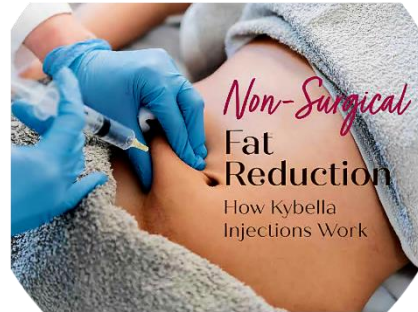




NON-SURGICAL FAT REDUCTION

- Introduction
- Consultation
- Question to Ask
- Cryolipolysis
- Injection Lipolysis
- Radiofrequency Lipolysis
- Laser Lipolysis
- Result
- Before & After Photo
- Visual Animation



What Is Nonsurgical Fat Reduction?

Nonsurgical and minimally invasive options for fat reduction include technology that uses heat or cooling or an injected medication to reduce fat cells.

Among the procedures that comprise nonsurgical fat reduction are **Cryolipolysis** (e.g., CoolSculpting), **Injection lipolysis** (e.g., Kybella), **Radiofrequency lipolysis** (e.g., Vanquish) and **Laser lipolysis** (e.g., SculpSure).

What Should I Expect During A Consultation For Nonsurgical Fat Reduction?

During your **nonsurgical fat reduction consultation** be prepared to discuss:

- Your goals
- Medical conditions, drug allergies and medical treatments
- Current medications, vitamins, herbal supplements, alcohol, tobacco and drug use
- Previous surgeries

Your plastic surgeon will also:

- Evaluate your general health status and any pre-existing health conditions or risk factors
- Take photographs
- Discuss your nonsurgical fat reduction options
- Recommend a course of treatment
- Discuss likely outcomes of nonsurgical fat reduction and any risks or potential complications

What Questions Should I Ask My Plastic Surgeon About Nonsurgical Fat Reduction?

Use this checklist as a guide during your **nonsurgical fat reduction consultation**:

- Am I a good candidate for this procedure?
- Where and how will you perform my procedure?
- What nonsurgical fat reduction technique is recommended for me?
- How long of a recovery period can I expect, and what kind of help will I need during my recovery?
- Do you have before-and-after photos I can look at for this procedure and what results are reasonable for me?

FAT FREEZING/ COOLSCULPTING / NON-INVASIVE FAT LOSS



What Is Fat Freezing?

A non-invasive procedure in which localized fat deposits in the target area which doesn't respond to diet, gym, and other exercise are dissolved by fat freezing in which machine helps to target the area and fat globules freeze to -2 to -5 degree centigrade.

It is very safe and cool technology.

The frozen fat cells begin to shrink and are disposed of from the body by liver.

Procedure Of Cryolipolysis

Doctor will position the device on the target area of the body. The device through suction bulge up the fat in the cooling panel.

As the device gets started then client will mild pressure, intense cold in that area.

The parameters are decided according to the patient condition, fat area, buldge.

The total duration of session is approximately 50-60 minutes.

The changes are clearly visible in 3rd week and the dramatic results visible after a month.

The results improve day by day because fat removal from the body is continuous process.

As this is non-invasive, quite good affordable procedure for the removal of fat **Fat Freezingt??**

Fat freezing treatment result depend upon fat deposit, more fat more sessions required to get desired results, less fat early results. But results are sure to get.,

Recovering From Cryolipolysis

There are no activity restrictions. Patients sometimes feel sore, as if they had worked out. Rarely do patients experience pain.

What Are The Results Of Cryolipolysis?

The injured fat cells are gradually eliminated by the body over four to six months. During that time the fatty bulge decreases in size, with an average fat reduction of about 20 percent.

INJECTION LIPOLUSIS

What Is Injection Lipolysis?

Injection lipolysis is to destroy fat , it is a form of mesotherapy in which area is pre-marked then with the fine injection the material is inserted into targeted area.

It is a non-surgical way to reduce fat and get body contouring.

Injection lipolysis is different from other slimming procedure because it works on target area and once the Fat is dissolved the chances of recurrence is less.

After trying dieting, jimmying, pilates and much more the stubborn fat is very difficult to get it dissolved then it is the effective treatment to remove fat on the face, neck and body.

No downtime, no surgery, no hospitalization only benefits of fat reduction.

Injection lipolysis is to reduce The Fat of Body, including Double Chin, it is Non-invasive Safe procedure.

Does Injection Lipolysis Require Anesthesia?

This procedure can be done under local anesthesia.

How Injection Lipolysis Is Done?

Lipolytic ingredients target fat to liquefy, dissolve and to be eliminated from the body. It causes fat necrosis

Ingredients

Phosphatidylcholine and deoxycholate (PC-DC) injections are used as nonsurgical alternatives to liposuction.

For Whole Body Use



Abdomen



Arm



Hips



Lower leg



Thigh



Face

Procedure

Firstly doctor/therapist mark the concerned area.

Each injection point should be 1.5 – 2cm apart.

Injection usually given at a depth of 4-6mm on the face and 10-12mm on body.

Injection can be given at an interval of 3-4 weeks or 21days gap.

Contraindication

Pregnant or lactating women, diabetics with uncontrolled sugar, patients with liver disorder, patients with kidney problems, severe liver conditions, blood clotting disorders, active infection.

Who Is A Good Candidate For Injection Lipolysis?

Injection lipolysis is intended to bursting localized fat. The most important is this the return fat that area is delayed. e.g. double chin, fatty thighs, buttocks, belly and upper arms.

What Should I Expect During Injection Lipolysis?

Immediately after treatment, slight swelling and sensitivity to pressure as well as reddening, bruising in striae marks seen. Doctor usually gives post-op instructions to the client for avoiding the side-effects.

Recovering From Injection Lipolysis

There is no downtime, but patients may experience swelling, bruising, pain, redness and feel areas of hardness that typically soften with time. Fat reduction is typically visible by eight weeks.

RADIOFREQUENCY LIPOLYSIS

What Is Radiofrequency Lipolysis?

Radiofrequency lipolysis is a procedure which uses a radio frequency to heat the fat without an instrument making physical contact with the patient. The applicator heats from a distance of one centimeter from the skin. Fat cells are preferentially heated without impacting other types of cells in the skin or other structures. A common type of radiofrequency lipolysis is **Vanquish**.

Reasons Patients Want Radiofrequency Lipolysis

Patients who wish to reduce a localized fat bulge that has persisted despite diet and exercise may be interested in radiofrequency lipolysis. Risks are minimal.

What Does Radiofrequency Lipolysis Do?

The goal of radiofrequency lipolysis is to reduce the volume of fat in a fatty bulge. Some patients may opt to have more than one area treated or to retreat an area more than once.

Does Radiofrequency Lipolysis Require Anesthesia?

This procedure is done without anesthesia.

Radiofrequency Lipolysis Procedure

The treatment takes approximately thirty minutes and is repeated once a week for four weeks or as determined during the assessment.

What Are The Results Of Radiofrequency Lipolysis?

Patients with treatment to the abdomen have averaged a reduction of just under two inches, though not all patients have a measurable, perceptible reduction.

LASER LIPOLYSIS

What Is Laser Lipolysis?

Laser lipolysis uses laser energy delivered through an applicator. The fat cells are preferentially heated and disrupted without impacting other types of cells in the skin or other structures. A common type of laser lipolysis is **SculpSure**.

Reasons Patients Want Laser Lipolysis

Patients who wish to reduce a localized fat bulge of the abdomen and flanks.

What Does Laser Lipolysis Do?

The goal of laser lipolysis is to reduce the volume of fat in a fatty bulge.

Does Laser Lipolysis Require Anesthesia?

This procedure is done without anesthesia.

Laser Lipolysis Procedure

After an assessment of the dimensions and shape of the abdominal or flank fatty bulge to be treated, the area is marked to identify the site for applicator placement. The applicator is applied, and the patient feels a cooling sensation. During the 25-minute treatment, the patient may feel intermittent warmth and/or tingling.

What Are The Risks Of Laser Lipolysis?

The complication rate is low, with reports of temporary redness, tenderness and swelling.

What Are The Results Of Laser Lipolysis?

Results may first be visible at six weeks and are apparent by three months.

Laser Face Mask

LED technology has been used to address a number of skin issues, such as eczema, mild to moderate acne, psoriasis and sun damage in a medical setting.

The technology harnesses the power of light-emitting diodes (LEDs), which then stimulate skin cells when they are exposed to the skin repeatedly.

LED technology works by causing the skin to absorb light energy, which then triggers cellular changes in a process known as photobiomodulation (PBM).

"This allows new blood vessels and skin cells to be formed, along with more collagen and elastin," he tells the BBC.

"PBM has also been used to treat acne as it has anti-inflammatory effects and reduces the amount of oil in the skin," he adds.

Visual Animation  [Adi care 007](#)

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