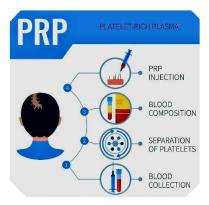


- Introduction
- Candidate
- Consultation
- Question to Ask
- Risk & Safety
- Preparation
- Procedure Steps
- Recovery
- Result
- Before & After Photo
- Visual Animation



#### Introduction

PRP, also known as platelet-rich plasma therapy, is a medical treatment that could help boost healing, regeneration, and growth and is considered safe.

#### PRP Can Be Used To

#### **Hair Loss**

PRP injections can be effective in treating male pattern baldness, both in preventing hair loss and promoting new hair growth. PRP can also aid in the stimulation of hair growth after hair transplants.

### **Skin Rejuvenation**

PRP injections are sometimes used as an anti-aging treatment, but there is little evidence to show that PRP reduces wrinkles and other signs of aging.

## What Is PRP (Platelet-Rich Plasma)?

PRP Therapy injects platelet-rich plasma cells into the affected area of your scalp.

Plasma is the liquid portion of whole blood. It is composed largely of water and proteins, and it provides a medium for red blood cells, white blood cells and platelets to circulate through the body. Platelets, also called thrombocytes, are blood cells that cause blood clots, as well as other necessary growth and healing functions.

PRP is plasma with many more platelets than what is typically found in blood. The concentration of platelets — and, thereby, the concentration of growth factors — can be 5 to 10 times greater (or richer) than usual.

#### **How PRP Works?**

Research states that PRP injections may benefit hair loss in several ways. For example:

- PRP may stimulate hair growth and thickness, as well as protect hair follicles from prematurely shedding.
- PRP may help increase hair thickness and density.
- PRP may trigger hair growth by increasing blood supply to the hair follicle.

# What Should I Expect During A Consultation For PRP Therapy?

During your **consultation** be prepared to discuss:

- Your goals
- Medical conditions, drug allergies and medical treatments
- Current medications, vitamins, herbal supplements, alcohol, tobacco and drugs

Your plastic surgeon may also:

- Evaluate your general health status and any pre-existing health conditions or risk factors
- Discuss likely outcomes and any risks or potential complications

PRP Therapy is a minimally invasive injection that's given in your plastic surgeon's clinic.

# What Questions Should I Ask My Plastic Surgeon About PRP Therapy?

Use this checklist as a guide during your consultation:

- Am I a good candidate for PRP Therapy?
- What will be expected of me to get the best results?
- Where and how will you perform my procedure or treatment?
- How long of a recovery period can I expect?
- What are the risks and possible complications associated with my procedure?
- How can I expect to look over time?
- Do you have before-and-after photos I can look at for this procedure

# What Are The Steps of PRP Therapy?

### Step 1

Between 50-60 ml of your blood is drawn, typically from your arm, and put into a centrifuge. This is a machine that spins rapidly to separate fluids of different densities.

### Step 2

After about 10 minutes in the centrifuge, your blood will have separated into three layers:

- Platelet poor plasma
- Platelet-rich plasma
- Red blood cell

### Step 3

The platelet-rich plasma is drawn up into a syringe and then injected into areas of the scalp that need increased hair growth.

PRP treatment ranging from 4 injections every 15 days for 3 months to 3 monthly injections for 6 months.

PRP therapy may seem like a simple procedure to you, since it's just a few shots. But it's actually both an art and science that only a Plastic Surgeon should do.

PRP therapy usually take less than 15 minutes.

# What Should I Expect During My Recovery After PRP therapy?

No anesthesia is required.

You may resume normal activities immediately.

# What Results Should I Expect After PRP therapy?

You may notice results within a few days, but it can take up to months to see the full effect. This improvement typically lasts about six months.

### **Before & After Photo**









Visual Animation VouTube Adi care 007



FOR APPOINMENT

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