



RHINOPLASTY

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Introduction

Rhinoplasty, sometimes referred to as a "nose job" or "nose reshaping" by patients, enhances facial harmony and the proportions of your nose. It can also correct impaired breathing caused by structural defects in the nose.

What Rhinoplasty Can Treat

- Nose size in relation to facial balance
- Nose width at the bridge or in the size and position of the nostrils
- Nose profile with visible humps or depressions on the bridge
- Nasal tip that is enlarged or bulbous, drooping, upturned or hooked
- Nostrils that are large, wide or upturned
- Nasal asymmetry

If you desire a more symmetrical nose, keep in mind that everyone's face is asymmetric to some degree. Results may not be completely symmetric, although the goal is to create facial balance and correct proportion.

Rhinoplasty To Correct A Deviated Septum

Nose surgery that's done to improve an obstructed airway requires careful evaluation of the nasal structure as it relates to airflow and breathing.

Correction of a deviated septum, one of the most common causes of breathing impairment, is achieved by adjusting the nasal structure to produce better alignment.

Who Is A Good Candidate For Rhinoplasty?

Rhinoplasty is a highly individualized procedure. You should do it for yourself, not to fulfill someone else's desires or to try to fit any sort of ideal image.

You may be a **good candidate for rhinoplasty** if:

- Your facial growth is complete
- You are physically healthy
- You have a positive outlook and realistic goals in mind for the improvement of your appearance

What Should I Expect During A Consultation For Rhinoplasty?

During your **rhinoplasty consultation** be prepared to discuss:

- Your surgical goals, with regard to both appearance and breathing
- Medical conditions, drug allergies and previous medical treatments
- Current medications, vitamins, herbal supplements, alcohol, tobacco and drug use
- Previous surgeries

Your rhinoplasty surgeon may also:

- Evaluate your general health status and any pre-existing health conditions or risk factors
- The options available to you for nose reshaping
- Examine and measure your face
- Take photographs
- Discuss your nose surgery options
- Recommend a course of treatment
- Discuss likely outcomes of a nose surgery and any risks or potential complications

What Are The Risks Of Rhinoplasty?

The decision to have plastic surgery is extremely personal. You will have to decide if the benefits will achieve your goals and if the **risks and potential complications of rhinoplasty** are acceptable.

Your plastic surgeon and/or staff will explain in detail the risks associated with surgery. You will be asked to sign consent forms to ensure that you fully understand the procedure and any risks or potential complications.

How Should I Prepare For Rhinoplasty?

In **preparing for rhinoplasty surgery**, you may be asked to:

- Get a lab test
- Take certain medications or adjust your current medications
- Stop smoking
- Avoid taking aspirin, anti-inflammatory drugs and herbal supplements as they can increase bleeding

Your plastic surgeon will also discuss where your procedure will be performed.

What Are The Steps Of A Rhinoplasty Procedure?

Rhinoplasty surgery includes the following steps:

Step 1 – Anesthesia

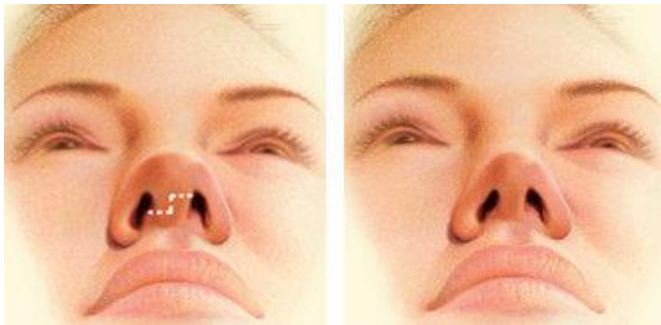
Medications are administered for your comfort during the surgical procedure. The choices include intravenous sedation or general anesthesia. Your doctor will recommend the best choice for you.

Step 2 – The incision

Rhinoplasty is performed either using a closed procedure, where incisions are hidden inside the nose, or an open procedure, where an incision is made across the columella, the narrow strip of tissue that separates the nostrils.

Through these incisions, the skin that covers the nasal bones and cartilages is gently raised, allowing access to reshape the structure of the nose.

Open rhinoplasty incision across the columella



Step 3 – Reshaping the nose structure

An overly large nose may be reduced by removing bone or cartilage. Sometimes surgery of the nose may require the addition of cartilage grafts.

Most commonly, cartilage from the septum, the partition in the middle of the nose, is used for this purpose. Occasionally cartilage from the ear or rarely a section of rib cartilage can be used.

Step 4 – Correcting a deviated septum

If the septum is deviated, it can be straightened and the projections inside the nose reduced to improve breathing.

Step 5 – Closing the incision

Once the underlying structure of the nose is sculpted to the desired shape, nasal skin and tissue is redraped and incisions are closed.

Additional incisions may be placed in the natural creases of the nostrils to alter their size.

Step 6 – See the results

For a few days, splints and gauze packing may support the nose as it begins to heal. Get more information about.



What Should I Expect During My Rhinoplasty Recovery?

During your **rhinoplasty recovery**, a splint and/or packing may be placed inside your nose and a splint or bandages placed on the outside to support and protect the new structures during initial healing.

While initial swelling subsides within a few weeks, it may take up to a year for your new nasal contour to fully refine. During this time you may notice gradual changes in the appearance of your nose as it refines to a more permanent outcome.

Swelling may come and go and worsen in the morning during the first year following your rhinoplasty surgery.

What Results Should I Expect After Rhinoplasty?

- The **results of rhinoplasty surgery** will be long-lasting. While initial swelling subsides within a few weeks, it may take up to a year for your new nasal contour to fully refine. During this time you may notice gradual changes in the appearance of your nose as it refines to a more permanent outcome.
- As your body ages, it is natural to have some gradual changes to your face including your nose. But most of your improvement should be relatively permanent.

Before & After Photo



Visual Animation  [Adi care 007](#)

FOR APPOINTMENT

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