



SKIN BOOSTER

- Introduction
- Candidate
- Consultation
- Question to Ask
- Risk & Safety
- Preparation
- Procedure Steps
- Recovery
- Result
- Before & After Photo
- Visual Animation



Introduction

Skin boosters are injectables that improve skin texture, elasticity, hydration and overall appearance. Skin booster treatment involves injecting hyaluronic acid which is a soft, gel-like substance under the skin, which improves the skin's elasticity, firmness and radiance giving an overall GLOW.

What Do Skin Boosters Do?

Skin Boosters increase the levels of hydration in the skin and **stimulate the production of collagen**, improving fine lines and wrinkles, producing firmer and younger looking skin.

Another key benefit of skin boosters is that they are particularly good at improving hydration and can be used to treat many different skin areas and skin types. Most common areas are the face followed by the neck, chest and the hands. In contrast to fillers, Skin Boosters help improve collagen and elastin.

Do Skin Boosters Work?

In Short, YES! They work brilliantly to target dryness, roughness and fine lines and improve skin tone and texture. However, for best results two sessions per year for maintenance to ensure maximum results and hydration.

How Skin Boosters Work?

Skin booster injections are a soft, gel-like substance called Hyaluronic Acid (HA). This is a substance that occurs naturally in the skin and holds incredible amounts of moisture.

Microinjections of hyaluronic acid restores the moisture in the skin, which improves its elasticity, firmness, and radiance.

Skin Boosters are injected using microdroplet or mesotherapy technique of tiny injections. This process of delivering skin boosters also triggers the skin's own repair resulting in collagen production and improved skin elasticity.

8 Benefits of Skin Boosters

Depending on the type of skin booster and ingredients some of the potential benefits include:

1. Improved and more radiant complexion
2. Reduction in fine lines and wrinkles
3. Healthier skin tone
4. Better hydration – ‘glowing’ skin
5. Firmer skin texture and tone
6. Improved skin elasticity
7. Reduced dry patches
8. Improved overall appearance in skin tone

What is the difference between Skin Boosters and Dermal Fillers?

The main difference between skin boosters and dermal fillers is lift and longevity. Skin boosters add hydration, glow and restore elastin while dermal filler add volume and soften lines to restore a more youthful appearance.

Both treatments use key ingredient of hyaluronic acid and are injected under the skin using a needle. Dermal filler can last anywhere from 9 to 12 months while Skin boosters will last up to 6 months and will need more regular maintenance.

Types of Skin Boosters

Skin Boosters available are:

- Profhilo
- Juvederm[®] Volite
- Sculptra
- Lumi Eyes Polynucleotides

What Should I Expect During A Consultation For Skin Booster Therapy?

During your **consultation** be prepared to discuss:

- Your goals
- Medical conditions, drug allergies and medical treatments
- Current medications, vitamins, herbal supplements, alcohol, tobacco and drugs

Your plastic surgeon may also:

- Evaluate your general health status and any pre-existing health conditions or risk factors
- Discuss likely outcomes and any risks or potential complications

Skin Booster Therapy is a minimally invasive injection that's given in our clinic.

What Questions Should I Ask My Plastic Surgeon About Skin Booster Therapy?

Use this checklist as a guide during your consultation:

- Am I a good candidate for Skin Booster Therapy ?
- What will be expected of me to get the best results?
- Where and how will you perform my procedure or treatment?
- How long of a recovery period can I expect?
- What are the risks and possible complications associated with my procedure?
- How can I expect to look over time?
- Do you have before-and-after photos I can look at for this procedure

What Are The Steps of Skin Booster Therapy?

Skin boosters are administered with tiny needles in a micro-injection technique.

Skin booster treatment ranging from 4 injections every 3 months.

Skin booster therapy may seem like a simple procedure to you, since it's just a few shots. But it's actually both an art and science that only a Plastic Surgeon should do.

Skin boosters can be a life-changing treatment to immediately improve the appearance of your skin and give you back all the confidence you need to feel beautiful.

Skin boosters therapy usually take less than 30 minutes.

What Should I Expect During My Recovery After Skin Booster Therapy?

No anesthesia is required.

You may resume normal activities immediately.

Skin Booster Aftercare

- Avoid any heat inducing activities for 48 hours such as strenuous exercise, spas, saunas and steam rooms.
- Avoid alcohol for 24 hours.
- Avoid flying for 48 hours.
- Avoid active cosmeceutical products (AHAs, retinols, vitamin C) on the night of treatment and oil-based makeup for 24 hours.
- You can lightly cleanse on the day of treatment using light pressure.
- Avoid touching the face on the day of treatment to avoid infection.
- Avoid facials, waxing, chemical peels, skin needling, microdermabrasion, IPL or laser treatments for 2 weeks after treatment.
- Do not massage the treatment area unless instructed to do so.

Is There Any Downtime with Skin Boosters?

With this treatment, **downtime is minimal**. After the treatment, you will have a series of small bumps at the injection points which reduce usually within a few hours after treatment. Light make-up can be applied to the area where necessary.

What Results Should I Expect After PRP therapy?

You may notice results within a few days, but it can take up to months to see the full effect. This improvement typically lasts about six months.

Before & After Photo





Visual Animation  [Adi care 007](#)

FOR APPOINTMENT

Adi Care
Cosmetic & Anti-Ageing Centre
E-7/32 Arera Colony Ashoka Housing
Society Near Sai Board Square Bhopal

Dr Anand Gautam
Mch (Plastic Surgery)
0755-3145063, 9406523611
7987979675