



THREAD LIFT (NON SURGIACL FACE LIFT)

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What Is A Thread Lift?

A thread lift, sometimes referred to as a "lunchtime lift," offer a tighter, more youthful aesthetic appearance to the face and neck.

This minimally invasive procedure works by stimulating the production of collagen in the skin in order to produce healthier, firmer skin.

What A Thread Lift Can Treat

- Early loosening of the facial structures
- Jowls
- Sagging eyebrows
- Premature loosening of the neck skin

Who Is A Good Candidate For A Thread Lift?

A thread lift procedure can be beneficial for both men and women who are wanting to reduce the appearance of wrinkles and early jowls on the face. This procedure can also reduce the appearance of sagging skin.

It also offers immediate results without the downtime or scarring that occurs with a surgical facelift procedure. If you desire natural-looking results for firmer skin, then a thread lift may be the right procedure for you.

What Should I Expect During A Consultation For A Thread Lift?

During your **thread lift consultation** be prepared to discuss:

- Your aesthetic goals
- Medical conditions, drug allergies, previous medical treatments and specifically any problems you have had with your eyes
- Current prescription medications, including vitamins, herbal supplements, alcohol, tobacco and drug use
- Previous surgeries

Your plastic surgeon will also:

- Evaluate your general health status and any pre-existing health conditions or risk factors
- Take photographs
- Discuss your thread lift options
- Recommend a course of treatment
- Discuss likely outcomes of thread lifts and any potential risks
- Discuss the type of anesthesia that will be used

What Questions Should I Ask My Plastic Surgeon About A Thread Lift?

Use this checklist as a guide during your **thread lift consultation**:

- Am I a good candidate for this procedure?
- What will be expected of me to get the best results?
- Where and how will you perform my procedure?
- What surgical technique is recommended for me?
- How long of a recovery period can I expect, and what kind of help will I need during my recovery?
- What are the risks and complications associated with my procedure?
- How can I expect my results to look over time?
- Do you have before-and-after photos I can look at for this procedure and what results are reasonable for me?

What Are The Risks Of A Thread Lift?

You will be asked to sign consent forms to ensure that you fully understand the procedure and any risks and potential complications.

These risks and others will be fully discussed prior to your consent. It is important that you address all your questions directly with your plastic surgeon.

How Should I Prepare For A Thread Lift?

In **preparing for a thread lift**, you may be asked to:

- Get lab testing or a medical evaluation
- Take certain medications or adjust your current medications
- Stop smoking
- Avoid taking aspirin, anti-inflammatory drugs and herbal supplements as they can increase bleeding and bruising

What Are The Steps Of A Thread Lift Procedure?

A **thread lift procedure** includes the following steps:

Step 1 – Anesthesia

Medications are administered for your comfort during the procedure. Usually, local anesthesia is utilized.

Step 2 – The incision

There are no real incisions, only entry points for the threads. These entry points are usually invisible after a few days.

Step 3 – Passing the threads

Once the local anesthesia has taken effect, the threads are passed beneath the skin. Most of the time there is little to no pain associated with passing the threads.

Step 4 – See the results

The results of a thread lift will appear gradually as swelling and bruising subside to reveal a smooth, better-defined jawline and surrounding region and a more rejuvenated appearance.

What Should I Expect During My Thread Lift Recovery?

During your **thread lift recovery**, your doctor may ask that you use antibiotic ointment near the entry points. Cold compresses may be applied after your procedure is completed.

You will be given specific instructions that may include how to care for your face, medications to apply or take orally to aid healing and reduce the potential for infection, specific concerns to look for at the surgical site or in your overall health and when to follow-up with your plastic surgeon.

Initial healing may include some swelling, bruising, irritation and discomfort that can be controlled with medication, cold compresses and ointment.

Be sure to ask your plastic surgeon specific questions about what you can expect during your individual recovery period.

Thread Lift Recovery And Sun Protection

You must practice diligent sun protection and use darkly tinted sunglasses until the healing process is fully complete.

What Results Should I Expect After A Thread Lift?

The **results of a thread lift** will be apparent after a few days. While there usually is little pain involved in this surgery, there can be swelling or bruising.

Following your postoperative instructions is essential to the success of your surgery. It is important that the surgical area not be subjected to excessive force, abrasion, or motion during the time of healing.

Your doctor will give you specific instructions on how to care for yourself.

Before & After Photo





Visual Animation  [Adi care 007](#)

FOR APPOINTMENT

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