



Dear Client,

We look forward to seeing you and we will gladly file your sessions with the counselor to your insurance company. However, we do not verify coverage or call to get the information concerning your coverage for you. I will need a copy of your Insurance Card, in addition I need you to call the phone number(s) on your health insurance card to get the following information PRIOR to your first session. Without ALL questions on this form answered by your Insurance Company, you will be responsible for the full session fee. \*\* Please note that Sojourn Mental Health, LLC has LPCs that are credentialed with **Blue Cross Blue Shield ONLY**. Please do not write any other information on this form, or add "secondary policies" other companies or medicaid/medicare information\*\*

Client's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Insured's Name: \_\_\_\_\_ SS#: \_\_\_\_ - \_\_\_\_ - \_\_\_\_ Relationship \_\_\_\_\_  
Blue Cross Blue Shield Policy ID# : \_\_\_\_\_ Effective date: \_\_\_\_\_  
Insured's employer: \_\_\_\_\_ Group Numbers: \_\_\_\_\_

**You must call the number on your insurance card and ASK THESE QUESTIONS: Ask for a reference number regarding your phone call. Ref. # \_\_\_\_\_**

Do I have outpatient mental health benefits? Yes \_\_\_\_\_ No \_\_\_\_\_  
Is Jarrod Hegwood LPC (Sojourn Mental Health, LLC) on my provider list? Yes \_\_\_\_\_ No \_\_\_\_\_  
If no, do I have any "out of network" benefits? Yes \_\_\_\_\_ No \_\_\_\_\_  
(Write what those benefits are on the back of this form)  
Do I have a deductible to meet prior to benefit coverage? Yes \_\_\_\_\_ No \_\_\_\_\_  
What is the amount of my deductible? \$ \_\_\_\_\_  
How much of that deductible have I met? \$ \_\_\_\_\_  
Do I have a co-payment for mental health benefits? Yes \_\_\_\_\_ No \_\_\_\_\_  
If so, what is my co-payment amount per session? \$ \_\_\_\_\_  
How many sessions are allowed per calendar year? \_\_\_\_\_  
Is prior authorization needed for counseling? Yes \_\_\_\_\_ No \_\_\_\_\_  
If so, authorization number? \_\_\_\_\_

**PATIENT'S OR AUTHORIZED PERSON'S SIGNATURE: I authorize the release of any medical or other information necessary to process claims. I authorize payment of medical benefits to the counselor who provided the service.**

**SIGNED: \_\_\_\_\_ DATE: \_\_\_\_\_**