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# 6 Ways to Finding Your Passion

By Keisha Stoute

Losing your job or coming to a career crossroad is very common especially in this economy. Believe it or not, career changing has become a phenomenon and many people are choosing their passion over a 9-5 job. With layoffs, mergers and drastic changes job seekers and career changers need to think creatively and outside the box about their future.

Finding your passion is a huge accomplishment and can become a road map for success.  
**Consider the 6 Ways to Finding Your Passion**

How do I find my passion?

**1. Through life experiences and adversities**

Getting laid off or fired could be a blessing in disguise. Fret not, learn the lessons and devise a new plan.

**2. Through trial and error**

When you figure out what you don't want, what you do want becomes crystal clear.

**3. Through Volunteering**

Volunteering creates opportunities to make lasting connections and could open up the doors of opportunities. Your time and services won't go unnoticed.

**4. Talking with others**

By sharing your thoughts and ideas with others people may be able to offer you insight, guidance and connections that can launch your new career.

**5. Try Something New**

Nothing beats a failure but a try. Keep an open mind and learn to take a risk.

**6. Through Reflection**

Examining your past through self-reflection is the key. This is the time to look at where you have been and to determine where you want to go. Acknowledge your strengths and weaknesses and keep your goals in mind.

Discovering your passion is now within reach. Be prepared to embark on a journey that will lead you to a satisfying career path. Never give up!

*Keisha Stoute, is personal development, work/life executive coach and professional mediator. She mediates a variety of cases in Lake County and enjoys resolving conflict. Her background includes a Masters in Professional Counseling and teaches as an adjunct professor throughout Chicago.*

*[KeishaSays.Com](#) is geared towards helping people with everyday situations and empowers individuals to accomplish personal and professional goals. Email Keisha at [Keisha@keishasays.com](mailto:Keisha@keishasays.com)*