

INGRAM SCREENING, LLC

PERINATAL MENTAL HEALTH SCREENING
WWW.INGRAMSCREENING.COM

PMADS ACRONYM

Perinatal Mood & Anxiety Disorders (PMADs). The term [Postpartum Depression](#) does not cover the range of PMADs, though it's often used as an umbrella term for mental health issues in the perinatal period.

DID YOU KNOW?

1 in 7 birthing people and 1 in 10 [partners](#) suffer from a PMAD. The Perinatal Period is anytime from [conception](#) through 1 year postpartum.

PERINATAL TESTS

- ❖ Gestational Diabetes
- ❖ Preeclampsia
- ❖ Fetal monitoring
- ❖ Ultrasound
- ❖ Genetic Screening
- ❖ Amniocentesis
- ❖ Urinalysis
- ❖ [MENTAL HEALTH?](#)

BUSINESS MODEL

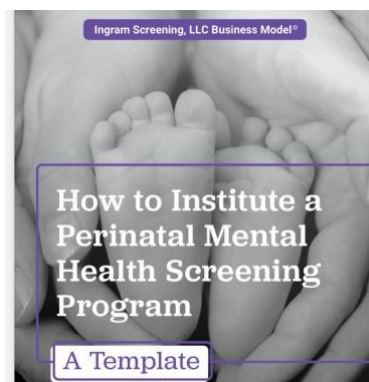
How to Institute a Perinatal Mental Health Screening Program, 70 page, PDF Digital Content, 30 screening-specific questions, [best practices](#), template for your answers, linear vs ecosystem model of screening, screening Policy and [Procedures](#) Manual, 1099 Contract for dedicated screener, Ingram Curriculum, [Case Study](#), discussion questions, Qualitative and Quantitative Risk Factors.

OUR SERVICES

[Tele-consulting](#), 24/7 on the weekends, schedule a 40-minute Zoom consult on our website for \$35.

[How to Institute a Perinatal Mental Health Screening Program](#) Business Model, available for immediate download after purchase of \$225.

[Ingram Curriculum](#) © available for immediate download after purchase of \$30.



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CURRENT STATISTICS – A PUBLIC HEALTH CRISIS

- ❖ 4 million women give birth in the United States each year.
- ❖ 560,000 (14%) of those women suffer from Perinatal Mood and Anxiety Disorders (PMADs).
- ❖ Of those 560,000 sufferers, only 112,000 (20%) receive treatment.
- ❖ That leaves 448,000 (80%) women each year unidentified and untreated each year (theconversation.com).

A COMPREHENSIVE APPROACH

Who is this screening system business model for? Adoption Agencies, Birthing Centers, Chiropractors, County Health Clinics, Doulas, Emergency Room Staff, Lactation Consultants, IBCLC, Labor & Delivery Nurses, Labor & Delivery Units, Midwives, Naturopathic, Obstetrics & Gynecology, OBGYN, Perinatologists, Pediatricians Primary Care Physicians, Surrogacy Centers, Therapists, Acupuncturists, Centers For Disease Control (CDC), Childbirth Educators, Childcare Facilities, Insurance Companies – Pregnancy Benefits, Massage Therapists, Medical Students, Perinatal Mental Health Organizations, Pharmacists, Social Workers, World Health Organization (WHO), Reproductive Sexual Health, Women Infants & Children (WIC), Home Visiting, Preconception Health, Pregnancy, Maternal Mental Health Programs, Women’s Health Programs, Maternal Mortality Review Committees, Perinatal Services, Pregnancy Risk Assessment Monitoring System (PRAMS), Family Community Health Improvement, Comprehensive Perinatal Services Program (CSP).

SUGGESTED SCREENING INTERVALS

First prenatal visit

At least once in the second trimester

At least once in the third trimester

In the hospital before discharge/or after home birth

Six-week postpartum obstetrical visit (or first postpartum visit)

Repeated screening at 6 and/or 12 months in OB and primary care settings

2, 4, 6 month or 3, 6, 9 month pediatric visits (or sooner)

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