



INGRAM SCREENING, LLC

PERINATAL MENTAL HEALTH SCREENING SERVICES
WWW.INGRAMSCREENING.COM

WHAT IS A PMAD?

Perinatal Mood & Anxiety Disorder (PMAD). We are moving away from using the term **Postpartum Depression** as an umbrella term.

BUSINESS MODEL

Contact me for consultation services and an outline of the business model for purchase that can be customized.

STANDARD TESTS

PERINATAL-SPECIFIC

- ❖ Gestational Diabetes
- ❖ Preeclampsia
- ❖ Fetal monitoring
- ❖ Ultrasound
- ❖ Genetic Screening
- ❖ Amniocentesis
- ❖ Urinalysis
- ❖ **MENTAL HEALTH?**

STANDARDIZED SCREENING MODEL

We have designed a **business model** of screening that standardizes screening practices for clinics, therapists, educational institutions and organizations that work with women and children, including federal and state Maternal and Child Health programs. **Standardized** screening practices in a **customizable** business model.

SCREENING

MORE THAN A FORM ON A CLIPBOARD

The EPDS and PHQ-9 screening tools are intended for **assessment** and **conversation** during the perinatal period, making the screening process an interactive and crucial part in PMAD **identification** and **prevention**.

We believe that we have lost sight of what's most important in the current maze of screening algorithms, science, **validity** scores, and sensitivity scores. Assessment scores can spit out meaningful data yet completely miss the bruising of a **soul**, which may be the biggest oversight; screen the soul too.

OUR SERVICES – CONSULT AND/OR SCREEN

FREE initial on-site visit or virtual visit to determine current screening situation and need, flexible billing by the hour, direct patient screening as a 1099 contractor, **business model** for sale to implement yourself, Ingram Curriculum© for sale to guide your team through **quantitative** and **qualitative** risk factors for PMADs.



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CURRENT STATISTICS – A PUBLIC HEALTH CRISIS

- ❖ 4 million women give birth in the United States each year.
- ❖ 560,000 (14%) of those women suffer from Perinatal Mood and Anxiety Disorders (PMADs).
- ❖ Of those 560,000 sufferers, only 112,000 (20%) receive treatment.
- ❖ That leaves 448,000 (80%) women each year unidentified and untreated each year (theconversation.com).

INNOVATION – A NEW APPROACH

Ingram Screening's three-pronged approach of providing office, provider, and patient support all in one service is redefining PMAD screening. Any clinic working with families during the perinatal period (OB/GYN, pediatrics, family practice, county health clinics etc.) can implement this screening model. This is the first of its kind to offer a PMAD screening-specific model of care for all involved parties. Integrated, innovative, and saving lives.

SUGGESTED SCREENING INTERVALS

First prenatal visit

At least once in the second trimester

At least once in the third trimester

In the hospital before discharge/or after home birth

Six-week postpartum obstetrical visit (or first postpartum visit)

Repeated screening at 6 and/or 12 months in OB and primary care settings

2, 4, 6 month or 3, 6, 9 month pediatric visits (or sooner)

THE 4 C's OF INGRAM SCREENING

1. **C**ommitment by the office to invest in screening.
2. **C**oncern on the part of the provider that screening is a necessary perinatal test.
3. **C**onversation with the patient regarding screening as an assessment tool and bridge to help.
4. **C**heck-in by Ingram Screening for the office, providers, and patients.

DSM-5 & ICD-10 BILLING CODES

The Diagnostic and Statistical Manual of Mental Disorders 5th edition (DSM-5) is published by the American Psychiatric Association (APA). The International Classification of Diseases (ICD-10) codes by the World Health Organization (WHO) are published in the DSM-5 and contain more than 68,000 codes, some pertaining to PMAD diagnosis.

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