

# ANNUAL SOULFUL SUPPORT FEES

UP TO 50 EMPLOYEES

£3,000/YR

- Access for all employees to Soulful Platform
- Annual Review of HR Data Correlating to Soulful

51-250 EMPLOYEES

£8,000/YR

- 1 in person / virtual Soulful Presentation
- Access for all employees to Soulful Platform
- 6 Monthly Reviews of HR Data Correlating to Soulful

251-1,000 EMPLOYEES

£18,000/YR

- 1 in person / virtual Soulful Presentation
- Access for all employees to Soulful Platform
- Quarterly Reviews of HR Data Correlating to Soulful

OVER 1,000 EMPLOYEES

CUSTOM  
PLAN

Email [enquiries@soulfulco.uk](mailto:enquiries@soulfulco.uk) to discuss your plan

PRICE BASED ON 1 HOUR COMMUTE FROM BEDFORD  
IF TRAVEL AND ACCOMMODATION IS REQUIRED THIS WILL BE AN ADDITIONAL COST  
UNIQUE LINK PROVIDED TO SHOW VISITS TO SITE. MONTHLY CHECK INS WITH SOULFUL TEAM.

**@SOULFULCO.UK**

# ANNUAL SOULFUL SUPPORT FEES

ACCESS TO SOULFUL PLATFORM

INCLUDED

IN PERSON/VIRTUAL PRESENTATION

£500

- S- Small Moments: Breathing exercises, scheduling our time, taking a step back
- O- Open Mind: Growth Mindset, Identifying stressors, what we can and cant control, prioritisation strategies
- U- Understanding Feelings: Zones of Regulation
- L-Listen and Learn: Active Listening Skills
- F- Fulfilment: Draining vs Fulfilling activities and how to use your time
- U- Unstoppable: Breaking down Goals, Confidence, Leadership, Resilience ,Failure
- L- Love yourself: Financial Literacy, Independence
- OPTIONAL Alcohol Awareness Presentation

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