

Here are some tips for aftercare after Scalp Micropigmentation (SMP):

- Wash your scalp

After four days, you can wash your hair and scalp with a mild, sulfate-free, non-exfoliating product to avoid affecting the ink.
- Moisturize

Apply moisturizer after showering and before bed to prevent flaking and help the pigments last longer.
- Protect from the sun

Use hats, umbrellas, or scarves to keep your scalp out of the sun for 7–10 days before your first session and after. Apply sunscreen with SPF 30–50 to preserve the color of the pigments.
- Avoid touching your scalp

Scabs will form where the needle pierces the skin, so avoid touching, scratching, or picking at your scalp to prevent infection.
- Avoid sweating

Avoid saunas, steam rooms, and heavy exercise for 4–5 days to prevent sweating out the ink.
- Avoid alcohol

Alcohol can be absorbed by your scalp and make the pigments look blotchy, so avoid hair care products that contain it.

Please Call or Text with any concerns. 360.521.1953