

WELCOME TO SOCIAL LLAMA

Bistro By Chef Ishan



🌱 ALL DISHES AT SOCIAL LLAMA ARE 100% VEGETARIAN, EGGLESS AND MOST CAN BE MADE FULLY VEGAN.

PLANT-BASED UPGRADES AVAILABLE.

Welcome to

A Culinary Experience Rooted in Inclusivity & Flavor

Nestled in the heart of Midtown Toronto, Social Llama Café is a 100% vegetarian, eggless haven offering a variety of vegan and gluten-free delights. Whether you're here for mindful eating, bold flavor, or shared laughter over a meal, you've found your seat at the table.

Our Philosophy

Everyone deserves a seat at the table.

Inspired by Chef Ishan's personal story and the struggles of loved ones with dietary restrictions, our mission is to create food that's joyful, accessible, and deeply satisfying —for every guest, every time.

Meet Chef Ishan

With formal training and culinary roots across India, the UK, Middle East, Singapore, the US, and now Canada, Chef Ishan brings a world of flavor to your plate. His passion: crafting global dishes that comfort the soul without compromising on ingredients, ethics, or taste.

All costs are in CAD excl. taxes

No MSG or Taste Makers

Weekly Special

Plant-based Chk'n Butter Masals 19

Tender soya chaap nestled in a rich creamy tomato curry—served on a plate with fluffy Naan Bread and Side House Salad.

Opt for Garlic Naan Bread +1 /

Add Butter to Naan +1

🌱 Make it Vegan +1

🍷 Finish your meal with Gulab Jamun Sundae +3/ Carrot Saffron Mousse +4

Chocolate Milkshake 12

Tag us on Instagram: @socialllamacafe

RESERVATIONS & TAKE-OUTS
+1-647-564-4755

OPEN HOURS

Mon-Thu: 10:30 AM - 10:00 PM

Fri-Sat: 10:00AM - 10:30PM

Sun: 10:30 AM - 08:00 PM

BOOK A TABLE ONLINE
www.socialllamacafe.ca

HAPPY HOUR

MON - FRI

3PM - 6PM

BUY 2 GET 1

KOMBUCHA, BEER & COCKTAILS

SELECT WINE 8\$

SNACKS STARTING 5\$

*Please let us know if you have any food allergies. Nuts are added on top & can be removed.

GF: Gluten Free

🌱 Contains Nuts

🌱 Vegan

★ Most Loved