

# WELCOME TO SOCIAL LLAMA

*Bistro By Chef Ishan*



🌱 ALL DISHES AT SOCIAL LLAMA ARE 100% VEGETARIAN, EGGLESS AND MOST CAN BE MADE FULLY VEGAN.

PLANT-BASED UPGRADES AVAILABLE.

## Welcome to

### *A Culinary Experience Rooted in Inclusivity & Flavor*

Nestled in the heart of Midtown Toronto, Social Llama Café is a 100% vegetarian, eggless haven offering a variety of vegan and gluten-free delights. Whether you're here for mindful eating, bold flavor, or shared laughter over a meal, you've found your seat at the table.

## Our Philosophy

### *Everyone deserves a seat at the table.*

Inspired by Chef Ishan's personal story and the struggles of loved ones with dietary restrictions, our mission is to create food that's joyful, accessible, and deeply satisfying — for every guest, every time.

## Meet Chef Ishan

With formal training and culinary roots across India, the UK, Middle East, Singapore, the US, and now Canada, Chef Ishan brings a world of flavor to your plate. His passion: crafting global dishes that comfort the soul without compromising on ingredients, ethics, or taste.

All costs are in CAD excl. taxes

No MSG or Taste Makers

## Weekly Special

### **Spinach Symphony Risotto(GF)** 18

Creamy risotto on spinach purée, with peas, crispy carrot, and Parmesan.

🌱 Make it Vegan +1

Finish your meal with Ice Cream +3/

Gulab Jamun Sundae +3/ Carrot

Saffron Mousse +4 🥄

### **Chocolate Milkshake** 11

🌱 Make it vegan +2

### **Vanilla Milkshake** 10

### **Iced Matcha Latte** 08

🌱 Make it vegan +2

#### RESERVATIONS & TAKE-OUTS

+1-647-564-4755

#### BOOK A TABLE ONLINE

[www.socialllamacafe.ca](http://www.socialllamacafe.ca)

#### OPEN HOURS

Mon-Thu: 10:30 AM - 10:00 PM

Fri-Sat: 10:00AM - 10:30PM

Sun: 10:30 AM - 08:00 PM

Tag us on Instagram: @socialllamacafe

## HAPPY HOUR

MON - FRI

3PM - 6PM

BUY 2 GET 1

KOMBUCHA, BEER & COCKTAILS

SELECT WINE 8\$

VEGGIE/ VEGAN BURGER + BEER @21

CRISPY CAULI + VODKA SODA @19

\*Please let us know if you have any food allergies. Nuts are added on top & can be removed.

GF: Gluten Free

🥄 Contains Nuts

🌱 Vegan

★ Most Loved