



Weekly Meal Plan

August 11 – August 15
Lunch Pickup: 12:30 PM*

Monday

LUNCH:
Feta Avocado Toast with
Wedges & Side Salad

Tuesday

LUNCH:
Hummus Burger with
side fries & salad

Wednesday

LUNCH:
Spinach Penne
Arrabbiatta (GF)

Thursday

LUNCH:
Hummus Toast with
Wedges & Side Salad

Friday

LUNCH:
Tofu Butter Masala with
one Naan Bread or Rice
and side salad

Add Ons

Soup 6
Seasonal Veggie and
Lentil Soup with foxnuts

Desserts 5
Choose One: Carrot Saffron
Mousse, Gulab Jamun
Sundae

Beverages 3
Choose One: Hot Coffee, Green Tea, Ginger Lemon Green
Tea, Americano, Iced Americano

3 meals: 50
Make it Vegan +5
GF Toast/ Bun +1 each

*We make everything fresh, please give us at least an hour
notice to change the pickup time