

What are WE Doing?... about Aluminum Poisoning and with the awareness of the FACT: Aluminum is a Toxin

Aluminum is in OUR area. Aluminum is in our Soil, our Air , and our Water. How Aluminum is affecting us: Aluminum is breaking down our immune system making it harder to overcome the common cold, flu, and to heal bone fractures. Aluminum is right now, at this very moment disturbing our eyesight and hearing, making it more difficult for us to communicate effectively. Aluminum right now is destroying our brains. Aluminum causes asthma and other breathing disturbances, astherixis, diarrhea, muscle weakness, speech impediments, slurred speech, stammering, motor disturbance, seizures, anemia, encephalopathy, kidney failure, bone softening. Aluminum causes eye and skin disorders and irritations, fatigue, forgetfulness, anxiety, impaired anger management, upset stomach, constipation, dizziness, multiple sclerosis, birth defects, etc

Aluminum causes sudden abdominal cramping, disturbed sleep, emotional instability, lethargy, comas, spinal deformities, growth retardation in children. Aluminum is everywhere: door handles, silverware, body care products such as toothpaste, shampoo, sunscreen, refined foods, cookware and cooking utensils, Teflon pans, common table salt, aspirin, antacids, frozen dough, pancake mixes, processed cheese, cheeseburgers, infant formula, commercial teas, mylar packing, other food packaging, vitamins, some pharmaceutical medications, signs, vaccines, plumbing, street posts, cans used for pet and human food/drink. Names of aluminum products: potassium aluminum sulfate, alum, aluminum hydroxide, magaldrate, dihydroxyaluminum, aluminum oxide, (common in antacids) magnesium stearate in vitamins. Antidiarrheal drugs contain aluminum magnesium silicate. Kaolin is an aluminum salt. Other forms of aluminum: toothpaste has sodium fluoride, phosphate fertilizers, fluorosilicic acids. and silicoaluminate. So, what are WE Doing?... about Aluminum Poisoning and with the FACT: Aluminum is a Toxin... Right Now There are countless resources about aluminum poisoning. Natalie Cox 2009

Aluminum Poisoning Bibliography Betts, C. T. Aluminum Poisoning. Research Publishing Company. Toledo 1926 Catherine Cleary Animal poisoning raises controversy near Irish Aluminum Smelter. The Irish Times April 15, 1995

Kawahara M. Effects of aluminum on the nervous system and its possible link with neurodegenerative diseases. J Alzheimers Dis . 2005;8:171-82 S.N. Khosla, M.D., F.I.C.A. Nitya Nand, M.D., F.I.C.A. P. Kumar, M.D. Department of Medicine, Medical College and Hospital, Rohtak, India. Cardiovascular Complications of Aluminum Phosphide Poisoning Angiology, Vol. 39, No. 4, 355-359 (1988) DOI: 10.1177/000331978803900404

Krishna McCoy, MS master's degree in nutrition communication from Tufts University, written consumer and clinical health content for print and online publications, member of American Medical Writer's Association, Aluminum Toxicity Jennifer McGilton Drinking Water Studies on the Effects of Aluminum, water.html McLachlan, D.R. et al. "Risk for neuropathologically confirmed Alzheimers disease and residual aluminum in municipal drinking water employing weighted residential histories." Neurology. 46 (1996): 401-405.

Tenna Merchant Book: He's Not Autistic But....How We Pulled Our Son From the Mouth of the Abyss. ... personal story of trials and tribulations as she explored every avenue possible to heal herself and her son from aluminum toxicity and, in the process, became her family's "healer. Paula Muran Silent Toxins: Aluminum, <http://www.encognitive.com/node/1375>

National Autism Association NDI- Nephrogenic Diabetes Insipidus Foundation World Health Organization Agency for Toxic Substances & Disease Registry MSDS-Material Safety Data Sheet American Society of Landscape URAC-Utilization Review Accreditation Commission Department of Fishery and Wildlife Biology CO State University AAEP The American Association of Equine Practitioners

Fred Pearce Acid Rain. Scientists now see acid, aluminum and shortages of calcium as the three determining factors in the extinction of fish. Penguin Publishing House, 1987 , What is it and what is it doing to us? <http://earthsci.org/processes/weather/acidrain/acidrain.html> Dr. Anita Pepi, DC Address: 4216 Sunnyslope Ave. Sherman Oaks, CA 91423 Phone: 1.818.808.0899 web: <http://www.drpepi.com> Edith Richards 10 January 2009 Arthritis Caused by Aluminum

H. Tomlinson, M.B., Ch.B., M.R.C.S., L.R.C.P. in his book ALUMINIUM UTENSILS AND DISEASE – The Dangers Inherent In the Widespread Use of the Metal 1958

Watch Your Nails <http://naturalhealthtechniques.com/sitemap.htm>

Finger Nail Analysis by Dr. Denise Moffat with Natural Health Techniques

<http://naturalhealthtechniques.com/fingernail-analysis/>