

Quote#	Quote	Author	Author Category	Theme 1	Theme 2
1	I am a firm believer in the people. If given the truth, they can be depended upon to meet any national crisis. The great point is to bring them real facts, and beer."	Abraham Lincoln	History	Beer	
2	Every thing I am I owe to my angel mother	Abraham Lincoln	History	Mother	
3	No act of kindness, no matter how small, is ever wasted.	Aesop	literature	Kindness	
4	The ideals which have lighted my way, and time after time have given me new courage to face life cherrfully, have been kindness, beauty and truth.	Albert Einstein	Science	courage	kindness
5	It is the supreme art of the teacher to awaken joy in creative expression and knowledge.	Albert Einstein	Science	education	
6	Learn from yesterday, live for today, hope for tomorrow. The important thing is not to stop questioning.	Albert Einstein	Science	Education	
7	anything new.	Albert Einstein	Science	Education	
8	If you can't explain it simply, you don't understand it well enough.	Albert Einstein	Science	education	
9	Creativity is intelligence having fun	Albert Einstein	Science	education	
10	Try not to become a man of success, but rather try to become a man of value.	Albert Einstein	Science	Giving	
11	Strive not to be of success, but rather of value	Albert Einstein	Science	inspiration/encouragement	
12	Only those who attempt the absurd can achieve the impossible.	Albert Einstein	Science	inspiration/encouragement	Be you
13	Life is like riding a bicycle. To keep your balance you must keep moving.	Albert Einstein	Science	inspiration/encouragement	
14	Only a life lived for others is a life worthwhile.	Albert Einstein	Science	Service	
15	"And the day came when the risk to remain tight in a bud was more painful than the risk it took to blossom."	Anais Nin	Literature	inspiration/encouragement	be you
16	Until one has loved an animal part of one's soul remains unawakened	Anatole France	Literature	pets	
17	I saw that you were perfect and so I loved you. Then I saw that you were not perfect and I loved you even more.	Angelita Lim	literature	Love	
18	How wonderful it is that nobody need wait a single moment before starting to improve the world.	Anne Frank	History	inspiration/encouragement	
19	Laughter is carbonated holiness	Anne Lamott	literature	happiness	
20	Don't look at your feet to see if you are doing it right. Just dance.	Anne Lamott	literature	inspiration/encouragement	
21	You make me happy when skies are gray	Anon/unattributed	Music	happiness	
22	"In Vino Veritas, In Cervesio Felicitas (In wine there is wisdom, in beer there is joy)"	Anon/unattributed		beer/wine	
23	A dog is the only thing on earth who loves you more than he loves himself	Anon/unattributed		dog	pets
24	Whoever said diamonds are a girl's best friend, never had a dog.	Anon/unattributed		dog	pets
25	If your dog doesn't like someone, you probably shouldn't either	Anon/unattributed		dog	pets

26	The best therapist has fur and 4 legs	Anon/unattributed		dog	pets	
27	The more people I meet, the more I love my dog	Anon/unattributed		dog	pets	
28	Home is not a place... It's a feeling.	Anon/unattributed		happiness	home	
29	Thou shalt not bore others with tales of malfunctioning body parts.	Anon/unattributed		health		
30	A smile is the shortest distance between two people.	Anon/unattributed		inspiration/encouragement		
31	Allow your hopes for your child to outweigh your fears	Anon/unattributed		inspiration/encouragement		
32	Sometime in the waves of change we find our true direction.	Anon/unattributed		inspiration/encouragement	ocean	
33	THINK before you speak: Is it TRUE? Is it HELPFUL? Is it INSPIRING ? Is it NECESSARY? Is it KIND?	Anon/unattributed		kindness		
34	It's nice to be important, but it's more important to be nice"	Anon/unattributed		kindness		
35	You don't marry someone that you can live with, you marry the person that you cannot live without.	Anon/unattributed		Love		
36	All that I am you helped me become	Anon/unattributed		mother	father	
37	The best teachers teach from the heart, not from the book.	Anon/unattributed		education		
38	A girl's favorite songs will tell you more about how she feels that her lips ever will.	Anon/unattributed		love		
39	Teacher/te'cher/ n. one who inspires, guides, enlightens, motivates; tireless scholar	Anon/unattributed		education		
40	Tired of trying to cram her sparkly, star-shaped self into society's beige, square holes, she chose to embrace her ridiculous awesomeness and shine like the freaking supernova that she was.	Anon/unattributed		Be you		
41	If a cauliflower can somehow become pizza... You, my friend, can do anything	Anon/unattributed		inspiration/encouragement		
42	Look back and be grateful, look ahead and be hopeful, look around and be helpful	Anon/unattributed		inspiration/encouragement		
43	thought should happen and live in what is happening	Anon/unattributed		inspiration/encouragement		
44	no noise, trouble or hard work. It means to be in the	Anon/unattributed		happiness		
45	if you have wine	Anon/unattributed		food drink		
46	In Vino Veritas, In Cervesio Felicitas	Anon/unattributed		food drink		
47	Women and cats do as they choose, men and dogs should get used to it.	Anon/unattributed		pets		
48	Be the person your dog thinks you are	Anon/unattributed		pets		
49	All that I am, or hope to be I owe to my Mother	Anon/unattributed		mother		
50	A father is a man who expects his son to be as good a man as he meant to be	Anon/unattributed		father		
51	There is no way to be a perfect mother but a million ways to be a good one.	Anon/unattributed		mother		
52	anything. They listened to their mother	Anon/unattributed		mother		

53	Good friends are like stars you don't always see them but you know they are always there	Anon/unattributed		friendship		
54	Wishing you strength for today and hope for tomorrow	Anon/unattributed				
55	Love does not consist of gazing at each other but in looking outward in the same direction.	Antoine de St. Exupery	literature	love		
56	Educating the mind without educating the heart is no education at all	Aristotle	religion/spirituality/philosophy	education		
57	Watch carefully, the magic that occurs when you give a person just enough comfort to be themselves	Atticus	religion/spirituality/philosophy			
58	To plant a garden is to believe in tomorrow	Audrey Hepburn	celebrity	inspiration/encouragement		
59	The best thing to hold onto in life is each other.	Audrey Hepburn	Celebrity	love		
60	You can't win them all -- but you can try.	Babe Didrikson Zaharias	Sports figure	perseverance		
61	Baseball was, is and always will be to me the best game in the world.	Babe Ruth	Sports figure	Baseball		
62	Don't let the fear of striking out hold you back.	Babe Ruth	sports figure	baseball	inspiration/encouragement	
63	defines us.	Batman	Sci-Fi			
64	Beer is proof that God loves us and wants us to be happy.	Benjamin Franklin	History	Beer	happiness	
65	"In wine there is wisdom, in beer there is Freedom, in water there is bacteria."	Benjamin Franklin	History	Beer		
66	Life's tragedy is that we get old too soon and wise too late.	Benjamin Franklin	History	inspiration/encouragement		
67	In wine there is wisdom, in beer there is freedom, in water there is bacteria	Benjamin Franklin	history	food drink		
68	Beer is proof that God loves us and wants us to be happy	Benjamin Franklin	history	food drink		
69	The good life is one inspired by love and guided by knowledge.	Bertrand Russell	literature	love		
70	"Power's not given to you. You have to take it."	Beyonce	Celebrity	inspiration/encouragement		
71	After awhile, you just want to be with the one who makes you laugh.	Big, Sex and the City	Movie/TV quote	Love		
72	Yesterday's the past, tomorrow's the future, but today is a gift. That's why they call it the present.	Bil Keane	comedy/satire			
73	There are only two seasons - winter and Baseball.	Bill Veeck	sports figure	Baseball		
74	Be bold. If you're going to make an error, make a doozy, and don't be afraid to hit the ball.	Billie Jean King	sports figure	inspiration/encouragement		
75	Love has reasons which reason cannot understand	Blaise Pascal	religion/spirituality/philosophy	Love		
76	the times they are a-changin'	Bob Dylan	Music	inspiration/encouragement		
77	Every little thing's gonna be alright	Bob Marley	Music	inspiration/encouragement		
78	You never know how strong you are until being strong is your only choice	Bob Marley	Music	inspiration/encouragement		
79	You're going to make mistakes in life. It's what you do after the mistakes that counts.	Brandi Chastain	sports figure	inspiration/encouragement		
80	Do not pray for an easy life, pray for the strength to endure a difficult one.	Bruce Lee	celebrity	strength		
81	It is better to travel well than to arrive.	Buddha	Religion/spirituality	travel		

82	Every experience, no matter how bad it seems, holds within it a blessing of some kind. The goal is to find it.	Buddha	religion/spirituality/philosophy	inspiration/encouragement		
83	Live	Buffy Summers	Sci-Fi	inspiration/encouragement		
84	Isn't it funny how day by day nothing changes, but when you look back everything is different.	C.S Lewis	literature	inspiration/encouragement	change	
85	You are never too old to set another goal or dream a new dream	C.S. Lewis	literature	inspiration/encouragement		
86	Isn't it funny how day by day nothing changes, but when you look back everything is different...	C.S. Lewis	literature	inspiration/encouragement		
87	You could be a kid for as long as you want when you play baseball.	Cal Ripken, Jr.	sports figure	baseball		
88	Be Strong. You never know who you are inspiring.	Captain America	Sci-Fi	inspiration/encouragement		
89	Somewhere, something incredible is waiting to be known.	Carl Sagan	Science	inspiration/encouragement		
90	Winter, Spring, Summer or Fall, all you have to do is call...	Carole King	Music	friendship		
91	No one is useless in this world who lightens the burden of another	Charles Dickens	literature			
92	All you need is love, but a little chocolate now and then doesn't hurt.	Charles M Schultz	humor/satire/comedy	love		
93	More than cleverness, we need kindness and gentleness	Charlie Chaplin	celebrity	kindness		
94	bring you down	Christina Aguilera	Music			
95	You can never cross the Ocean unless you have the courage to lose sight of the Shore	Christopher Columbus	history	inspiration/encouragement		
96	Gratitude is not only the greatest of virtues, but the parent of all the others	Cicero	religion/spirituality/philosophy	gratitude/appreciation		
97	Good manners will open doors that the best education cannot."	Clarence Jones	Civil Rights	inspiration/encouragement		
98	me watch him do it.	Clarence Kelland		father		
99	Love people and make cool shit. That's all	Cleo Wade	wise women	Love		
100	Hate is a shortcut. Love is the long way but it is the only road that will really get you anywhere.	Cleo Wade	wise women	Love		
101	Stop worrying about what you should do- Get to work on what you can do	Cleo Wade	wise women	inspiration/encouragement		
102	Share your shine. Our world needs more of that.	Cleo Wade	wise women	inspiration/encouragement		
103	In order to be irreplaceable one must always be different.	Coco Chanel	Celebrity	Be you		
104	Teaching is the greatest act of optimism	Colleen Wilcox	education	education		
105	Wherever you go, go with all your heart.	Confucius	religion/spirituality/philosophy	travel	inspiration/encouragement	
106	Today I will live in the moment, unless it's unpleasant, in which case I will eat a cookie.	Cookie Monster	cartoon character	inspiration/encouragement		
107	Friend is someone to share last cookie with	Cookie Monster		friendship		
108	Teach your children well...	CSNY	Music	inspiration/encouragement		
109	"A fine beer may be judged with only one sip, but it's better to be thoroughly sure."	Czech Proverb		Beer		
110	Happiness is the highest form of health	Dalai Lama	religion/spirituality/philosophy	Happiness		

111	My religion is very simple. My religion is kindness.	Dalai Lama	religion/spirituality/philosoph	Kindness		
112	But then there are magical, beautiful things in the world. There's incredible acts of kindness and bravery, and in the most unlikely places, and it gives you hope.	Dave Matthews	Music	Kindness	hope	
113	We can be heroes just for one day. We can be us just for one day	David Bowie	Music			
114	Prevention is better than cure.	Desiderius Erasmus	religion/spirituality/philosoph	health		
115	Hope is being able to see that there is light despite all of the darkness.	Desmond Tutu	religion/spirituality/philosoph	hope	inspiration/encouragement	
116	to be comets	Donovan Livingston		inspiration/encouragement		
117	A mother is not a person to lean on, but a person who makes leaning unnecessary	Dorothy C. Fisher		mother		
118	There's no place like home	Dorothy Gale	Movie Quotes	home		
119	Just keep swimming!	Dory, Finding Nemo	cartoon characters	perseverance		
120	"Why fit in when you were born to stand out?"	Dr. Seuss	Kids	Be you		
121	"Don't cry because it's over, smile because it happened."	Dr. Seuss	kids	inspiration/encouragement		
122	"Do what you want because those who mind don't matter and those who matter don't mind."	Dr. Seuss	kids	Be you		
123	"Read. Travel. Read. Ask. Read. Learn. Read. Connect. Read"	Dr. Seuss	kids	Education		
124	"Every day, from here to there, funny things are everywhere."	Dr. Seuss	kids	happiness		
125	"I know it is wet and the sun is not sunny, but we can have lots of good fun that is funny."	Dr. Seuss	kids	Happiness		
126	"You're off to Great Places! Today is your day! Your mountain is waiting, So... get on your way!"	Dr. Seuss	kids	inspiration/encouragement		
127	I like nonsense; it wakes up the brain cells.	Dr. Seuss	kids	inspiration/encouragement		
128	You know you're in love when you can't fall asleep because reality is finally better than your dreams	Dr. Seuss	kids	love		
129	You have brains in your head, you have feet in your shoes, you can steer yourself any direction you choose	Dr. Seuss		inspiration/encouragement		
130	Why fit in when you were born to stand out?	Dr. Seuss				
131	Oh, the places you'll go!	Dr. Seuss				
132	Think and wonder, wonder and think	Dr. Seuss				
133	Today you are You, that is truer than true. There is no one alive who is Youer than You."	Dr. Seuss	kids	be you		
134	"You can find MAGIC wherever you look. Sit back and relax, all you need is a book."	Dr. Seuss	kids	education		
135	"Think and wonder, wonder and think."	Dr. Seuss	kids	education		
136	The more that you read, the more things you will know. The more that you learn, the more places you'll go."	Dr. Seuss	kids	education		
137	"You're never too old, too wacky, too wild, to pick up a book and read to a child."	Dr. Seuss	kids	education		

138	From there to here, from here to there, funny things are everywhere!"	Dr. Seuss	kids	Happiness		
139	"You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose."	Dr. Seuss	kids	inspiration/encouragement		
140	I am weird, you are weird. Everyone in this world is weird. One day two people come together in mutual weirdness and fall in love."	Dr. Seuss	kids	love		
141	"Unless someone like you cares a whole awful lot, Nothing is going to get better. It's not."	Dr. Seuss – The Lorax	cartoon character	change		
142	who wasn't important	Dr. Who	Sci-Fi	inspiration/encouragement		
143	I like you because you join in on my weirdness	Dr. Who	Sci-Fi			
144	The universe is big. It's vast and complicated and ridiculous. And sometimes, very rarely, impossible things just happen and we call them miracles.	Dr. Who	Sci-Fi			
145	Happiness can be found in the darkest of times if one only remembers to turn on the light	Dumbledore	Sci-Fi	Happiness		
146	The most wasted of all days is one without laughter	e.e. cummings	Literature	laughter		
147	I carry your heart with me (I carry it in my heart)	e.e. cummings	literature	love		
148	If the only prayer you ever say in your entire life is thank you, it will be enough.	Eckhart Tolle	religion/spirituality/philosoph	Gratitude		
149	There are two ways of spreading light: to be the candle or the mirror that reflects it.	Edith Wharton	literature	inspiration/encouragement		
150	We gain strength, and courage, and confidence by each experience in which we really stop to look fear in the face... we must do that which we think we cannot.	Eleanor Roosevelt	History	courage		
151	Since you get more joy out of giving joy to others, you should put a good deal of thought into the happiness that you are able to give.	Eleanor Roosevelt	History	Giving/generosity		
152	Happiness is not a goal; it is a by-product.	Eleanor Roosevelt	History	Happiness		
153	The future belongs to those who believe in the beauty of their dreams.	Eleanor Roosevelt	History	inspiration/encouragement		
154	With the new day comes new strength and new thoughts.	Eleanor Roosevelt	History	inspiration/encouragement		
155	You must do the things you think you cannot do.	Eleanor Roosevelt	History	inspiration/encouragement		
156	It is better to light a candle than curse the darkness.	Eleanor Roosevelt	History	inspiration/encouragement		
157	The opposite of love is not hate, it's indifference.	Elie Wiesel	religion/spirituality/philosoph	Love		
	I shall not grow conservative with age	Elizabeth Cady Stanton	history			
158	Here are the values that I stand for: honesty, equality, kindness, compassion, treating people the way you want to be treated and helping those in need. To me, those are traditional values.	Ellen DeGeneres	celebrity	kindness		
159	Be kind to one another	Ellen DeGeneres	celebrity	Kindness		
160	Every cat owner knows nobody owns a cat	Ellen Perry Berkeley		pets		
161	How wonderful life is while you're in the world	Elton John	Music	Love		
162	Hope is the thing with feathers that perches in the soul - and sings the tunes without the words - and never stops at all.	Emily Dickinson	Literature	hope		

163	The world breaks everyone, then some become strong in the broken places	Ernest Hemingway	literature	inspiration/encouragement		
164	"Even miracles take a little time."	Fairy Godmother, Cinderella	cartoon character	inspiration/encouragement		
165	For it is in giving that we receive.	Francis of Assisi	religion/spirituality/philosophy	Giving/generosity		
166	Where there is charity and wisdom, there is neither fear nor ignorance.	Francis of Assisi	religion/spirituality/philosophy	Giving/generosity		
167	possible	Frank Zappa	music	inspiration/encouragement		
168	When you reach the end of your rope, tie a knot in it and hang on.	Franklin D. Roosevelt	history	inspiration/encouragement		
169	Human kindness has never weakened the stamina or softened the fiber of a free people. A nation does not have to be cruel to be tough.	Franklin D. Roosevelt	history	kindness		
170	The best way to find yourself is to lose yourself in the service of others	Gandhi	religion/spirituality/philosophy			
171	To me, the sole hope for human salvation lies in teaching	George Bernard Shaw		teaching		
172	It is never too late to be what you might have been	George Eliot	literature	be you		
173	How beautiful a day can be when kindness touches it	George Elliston	literature	kindness		
174	There is only one happiness in this life, to love and be loved.	George Sand	literature	love		
175	A ship in port is safe, but that's not what ships are built for.	Grace Hopper	Science	inspiration/encouragement		
176	It is often easier to ask for forgiveness than to ask for permission.	Grace Hopper	Science	inspiration/encouragement		
177	Now and then it's good to pause in our pursuit of happiness and just be happy. -	Guillaume Apollinaire	religion/spirituality/philosophy	happiness		
178	Remember that the happiest people are not those getting more, but those giving more.	H. Jackson Brown, Jr.	religion/spirituality/philosophy	Giving/generosity		
179	Sometimes the heart sees what is invisible to the eye.	H. Jackson Brown, Jr.	religion/spirituality/philosophy	Love		
180	Love is when the other person's happiness is more important than your own.	H. Jackson Brown, Jr.	religion/spirituality/philosophy	Love		
181	Love is the triumph of imagination over intelligence.	H. L. Mencken	literature	Love		
182	My motto was always to keep swinging. Whether I was in a slump or feeling badly or having trouble off the field, the only thing to do was keep swinging.	Hank Aaron	sports figure	inspiration/encouragement		
183	Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence.	Helen Keller	Disability	inspiration/encouragement		
184	Keep your face to the sunshine and you cannot see a shadow.	Helen Keller	Disability	inspiration/encouragement		
185	Life is a succession of lessons which must be lived to be understood.	Helen Keller	Disability	inspiration/encouragement		
186	Never bend your head. Always hold it high. Look the world straight in the eye.	Helen Keller	Disability	inspiration/encouragement		
187	I am only one, but still I am one. I cannot do everything, but still I can do something; and because I cannot do everything, I will not refuse to do something that I can do.	Helen Keller	Disability	inspiration/encouragement		

188	Alone we can do so little; together we can do so much.	Helen Keller	Disability	inspiration/encouragement		
189	"Optimism is the faith that leads to achievement."	Helen Keller	Disability	inspiration/encouragement		
190	Life is either a daring adventure or nothing at all.	Helen Keller	Disability	inspiration/encouragement		
191	The best and most beautiful things in the world cannot be seen or even touched - they must be felt with the heart.	Helen Keller	Disability	love		
192	A teacher affects eternity; he can never tell where his influence stops.	Henry Adams	literature	education		
193	If a man does not keep pace with his companions, perhaps it is because he hears a different drummer. Let him step to the music which he hears, however measured or far away.	Henry David Thoreau	literature	Be you		
194	There is no remedy for love but to love more.	Henry David Thoreau	Literature	Love		
195	There is no remedy for love but to love more.	Henry David Thoreau	literature	Love		
196	My best friend is one who brings out the best in me.	Henry Ford		friendship		
197	Three things in human life are important. The first is to be kind. The second is to be kind. And the third is to be kind.	Henry James	religion/spirituality/philosoph	Kindness		
198	If I know what love is, it is because of you	Herman Hesse	literature	love		
199	Of all possessions, a friend is the most precious	Herodotus	History	friendship		
200	"Good people drink good beer."	Hunter S. Thompson	Literature	Beer		
201	Not all those who wander are lost	J.R.R. Tolkien	literature	travel		
202	is given to us.	J.R.R. Tolkien	literature	inspiration/encouragement		
203	Dedication, Determination and Desire is what it takes	Jackie Joyner Kersee	sports figure	inspiration/encouragement		
204	What greater gift than the love of a cat	James Herriot		pets		
205	Always to try to be a little kinder than is necessary	James M. Barrie	literature	kindness		
206	Those who bring sunshine into the lives of others cannot keep it from themselves.	James M. Barrie	Literature	kindness		
207	Shower the people you love with love	James Taylor	Music	Love		
208	My heart is, and always will be, yours	Jane Austen	literature	Love		
209	What you do makes a difference, and you have to decide what kind of difference you want to make.	Jane Goodall	science	inspiration/encouragement		
210	I have a love of baseball and a love of music.	Jason Aldean	music	Baseball		
211	What a long strange trip it's been	Jerry Garcia	Music	inspiration/encouragement		
212	My father gave me the greatest gift anyone could give another person. He believed in me.	Jim Valvano	sports figure	father		
213	A goal should scare you a little and excite you A LOT	Joe Vitale	religion/spirituality/philosoph	inspiration/encouragement		
214	Remember, it's the finish, not the start that counts.	John C. Maxwell	religion/spirituality/philosoph	inspiration/encouragement		
215	As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them.	John F. Kennedy	history	gratitude/appreciation		
216	We are tied to the ocean. And when we go back to the sea, whether it is to sail or to watch - we are going back from whence we came.	John F. Kennedy	history	inspiration/encouragement	sea	
217	All of me loves all of you	John Legend	Music	Love		
218	You may say I'm a dreamer, but I'm not the only one	John Lennon	Music	inspiration/encouragement		

219	It matters not who you love, where you love, why you love, when you love, it matters only that you LOVE	John Lennon	music	Love		
220	The power of imagination makes us infinite	John Muir	history	inspiration/encouragement		
221	The sun shines in us, not on us.	John Muir	History	inspiration/encouragement		
222	Success is never final, failure is never fatal. It's courage that counts.	John Wooden	sports figure	courage		
223	The best competition I have is against myself to become better	John Wooden	sports figure	inspiration/encouragement		
224	Ability may get you to the top, but it takes character to keep you there	John Wooden	sports figure	inspiration/encouragement		
225	The best thing a father can do for his children is love their mother	John Wooden	sports figure	father		
226	Three grand essentials to happiness in this life are something to do, something to love, and something to hope for. - Joseph Addison	Joseph Addison	history	happiness		
227	A dog is the only thing on earth that loves you more than you love yourself	Josh Billings	humor/satire/comedy	dog	pets	
228	Teachers can change lives with just the right mix of chalk and challenges.	Joyce Meyer	religion/spirituality/philosophy	education		
229	I believe the greatest gift you can give your family and the world is a healthy you.	Joyce Meyer	religion/spirituality/philosophy	health		
230	"I was 32 when I started cooking; up until then, I just ate."	Julia Child	food	food/cooking	beer/wine	
231	"I enjoy cooking with wine, sometimes I even put it in the food..."	Julia Child	food	food/cooking	beer/wine	
232	"Find something you're passionate about and keep tremendously interested in it."	Julia Child	food	food/cooking	inspiration/encouragement	
233	"People who love to eat are always the best people."	Julia Child	food	food/cooking		
234	"There are only four great arts: music, painting, sculpture, and ornamental pastry."	Julia Child	food	food/cooking		
235	"The only real stumbling block is fear of failure. In cooking you've got to have a what-the-hell attitude."	Julia Child	food	food/cooking	inspiration/encouragement	
236	"A party without cake is really just a meeting."	Julia Child	food	food/cooking		
237	"With enough butter, anything is good."	Julia Child	food	food/cooking		
238	"The measure of achievement is not winning awards. It's doing something that you appreciate, something you believe is worthwhile."	Julia Child	food	food/cooking	inspiration/encouragement	
239	"The main thing is to have a gutsy approach and use your head."	Julia Child	food	food/cooking		
240	"Every woman should have a blowtorch."	Julia Child	food	food/cooking		
241	"Life itself is the proper binge."	Julia Child	food	food/cooking		
242	"The only time to eat diet food is while you're waiting for the steak to cook."	Julia Child	food	food/cooking		
243	"As you get older, you shouldn't waste time drinking bad wine."	Julia Child	food	food/cooking	beer/wine	
244	"Cooking well doesn't mean cooking fancy."	Julia Child	food	food/cooking		
245	"It is hard to imagine a civilization without onions."	Julia Child	food	food/cooking		
246	Everything in moderation, including moderation.	Julia Child	food	food/cooking		

247	Above all, have a good time	Julia Child	wisewomen	food	happiness	
248	People who love to eat are always the best people.	Julia Child	wise women	food drink		
249	A party without cake is really just a meeting	Julia Child	wise women	food drink		
250	"All careers go up and down like friendships, like marriages, like anything else, and you can't bat a thousand all the time."	Julie Andrews	celebrity	inspiration/encouragement		
251	You can't win unless you learn how to lose.	Kareem Abdul-Jabbar	sports figure	Sports	inspiration/encouragement	
252	If you obey all the rules, you miss all the fun.	Katherine Hepburn	celebrity	inspiration/encouragement		
253	Creativity is now as important in education as literacy	Ken Robinson	Education	education		
254	Give people high fives just for getting out of bed. Being a person is hard sometimes.	Kid President	celebrity	inspiration/encouragement		
255	One man practicing sportsmanship is far better than a hundred teaching it.	Knute Rockne	sports figure	football	inspiration/encouragement	
256	Build up your weaknesses until they become your strong points.	Knute Rockne	sports figure	football	inspiration/encouragement	
257	When someone's happiness is your happiness, that is love	Lana Del Rey	Music	Love		
258	Kindness in words creates confidence. Kindness in thinking creates profoundness. Kindness in giving creates love.	Lao Tzu	religion/spirituality/philosoph	Kindness	love	
259	Being deeply loved gives you strength. Loving deeply gives you courage	Lao Tzu				
260	When you get the choice to sit it out or dance, I hope you dance	Lee Ann Womack	Music	inspiration/encouragement	music	
261	The groundwork of all happiness is health.	Leigh Hunt	literature	happiness	health	
262	We all need each other.	Leo Buscaglia	psychologist/sociologist	Love		
263	You are my today and all of my tomorrows	Leo Christopher	literature	Love		
264	Baseball is like church. Many attend few understand.	Leo Durocher	sports figure	Baseball		
265	No amount of time can erase the memory of a good cat	Leo Dworkin		pets		
266	The game of life is a lot like football. You have to tackle your problems, block your fears, and score your points when you get the opportunity.	Lewis Grizzard	sports figure	football		
267	When my father didn't have my hand, he had my back	Linda Poindexter		father		
268	Even the smallest person can change the course of the future	Lord of the Rings	literature	inspiration/encouragement		
269	There is no room in baseball for discrimination. It is our national pastime and a game for all.	Lou Gehrig	sports figure	baseball	civil rights	
270	And I think to myself, what a wonderful world	Louis Armstrong	Music	inspiration/encouragement	music	
271	I am not afraid of storms for I'm learning how to sail my ship.	Louisa May Alcott	literature	inspiration/encouragement		
272	Far away in the sunshine are my highest aspirations. I may not reach them, but I can look up and see their beauty, believe in them, and try to follow where they lead.	Louisa May Alcott	literature	inspiration/encouragement		

273	I'd rather regret the things I've done than regret the things I haven't done.	Lucille Ball	celebrity	inspiration/encouragement		
274	Flowers always make people better, happier, and more helpful; they are sunshine, food and medicine for the soul.	Luther Burbank	science	happiness		
275	appreciate the light	Madeline L'Engle	literature	inspiration/encouragement		
276	All kids need is a little help, a little hope and somebody who believes in them.	Magic Johnson	sports figure	hope		
277	Where there is love there is life.	Mahatma Gandhi	religion/spirituality/philosophy	Love		
278	When the whole world is silent, even one voice becomes powerful.	Malala Yousafzai	activist	inspiration/encouragement		
279	Let us remember: One book, one pen, one child, and one teacher can change the world.	Malala Yousafzai	civil rights	education		
280	When you arise in the morning, think of what a precious privilege it is to be alive - to breathe, to think, to enjoy, to live.	Marcus Aurelius	religion/spirituality/philosophy	inspiration/encouragement		
281	Children must be taught how to think, not what to think	Margaret Mead	psychologist/sociologist	education		
282	Always remember that you are absolutely unique. Just like everyone else.	Margaret Mead	psychologist/sociologist	inspiration/encouragement		
283	Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has.	Margaret Mead	psychologist/sociologist	inspiration/encouragement		
284	Get living. Don't wait until your back is up against the wall to dance, to gather, to be kind, to say what needs to be said, or to ask someone to hold your hand.	Maria Shriver	celebrity	inspiration/encouragement		
285	Nothing liberates our greatness like the desire to help, the desire to serve	Marianne williamson	religion/spirituality/philosophy	inspiration/encouragement	service	
286	Nothing in life is to be feared, only understood	Marie Curie	science	inspiration/encouragement		
287	Courage is like — it's a habitus, a habit, a virtue: you get it by courageous acts. It's like you learn to swim by swimming. You learn courage by couraging.	Marie M. Daly	Science	courage		
288	Kindness is the language which the deaf can hear and the blind can see.	Mark Twain	literature	Kindness		
289	Travel is fatal to prejudice, bigotry, and narrow-mindedness,	Mark Twain	literature	travel		
290	"Everybody can be great...because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and verb agree to serve. You only need a heart full of grace. A soul generated by love."	Martin Luther King Jr.	Civil Rights	Service	Love	
291	If you can't fly, then run. If you can't run, then walk. If you can't walk, then crawl, but by all means, keep moving.	Martin Luther King Jr.	history	inspiration/encouragement		
292	Life's most persistent and urgent question is, 'What are you doing for others?'	Martin Luther King, Jr.	Civil Rights	Giving	Service	
293	The time is always right to do what is right.	Martin Luther King, Jr.	Civil Rights	inspiration/encouragement		
294	Almost always, the creative dedicated minority has made the world better.	Martin Luther King, Jr.	Civil Rights	inspiration/encouragement	Service	

295	I have decided to stick with love. Hate is too great a burden to bear.	Martin Luther King, Jr.	Civil Rights	Love		
296	"Courage doesn't always roar. Sometimes courage is the little voice at the end of the day that says I'll try again tomorrow."	Mary Anne Radmacher	literature	courage		
297	Each of us has a fire in our hearts for something. It's our goal in life to find it and keep it lit.	Mary Lou Retton	sports figure	inspiration/encouragement		
298	I believe in kindness, also in mischief.	Mary Oliver	literature	Kindness		
299	A flower cannot blossom without sunshine, and man cannot live without love.	Max Miller		inspiration/encouragement		
300	A flower cannot blossom without sunshine, and man cannot live without love.	Max Muller	literature	love		
301	It is impossible to struggle for civil rights, equal rights for blacks, without including whites. Because equal rights, fair play, justice, are all like the air: we all have it, or none of us has it. That is the truth of it.	Maya Angelou	literature	Civil Rights		
302	A bird doesn't sing because it has an answer, it sings because it has a song.	Maya Angelou	literature	inspiration/encouragement		
303	If you don't like something, change it. If you can't change it, change your attitude. Don't complain.	Maya Angelou	literature	inspiration/encouragement	change	
304	My great hope is to laugh as much as I cry; to get my work done and try to love somebody and have the courage to accept the love in return.	Maya Angelou	literature	inspiration/encouragement	hope	
305	In diversity there is beauty and strength	Maya Angelou	literature	inspiration/encouragement		
306	Nothing can dim the light that shines from within.	Maya Angelou	literature	inspiration/encouragement		
307	Love recognizes no barriers. It jumps hurdles, leaps fences, penetrates walls to arrive at its destination full of hope.	Maya Angelou	literature	Love		
308	If you have only one smile in you give it to the people you love.	Maya Angelou	literature	Love		
309	If you find it in your heart to care for somebody else, you will have succeeded.	Maya Angelou	literature	Success	inspiration/encouragement	
310	Perhaps travel cannot prevent bigotry, but by demonstrating that all peoples cry, laugh, eat, worry, and die, it can introduce the idea that if we try and understand each other, we may even become friends.	Maya Angelou	literature	travel		
311	Try to be a rainbow in someone's cloud	Maya Angelou	wise women	inspiration/encouragement		
312	Among its other benefits giving liberates the soul of the giver	Maya Angelou	wise women	Giving		
313	never dies. It brings us together again and again.	Maya Angelou	wise women			
314	if you're always trying to be normal, you will never know how amazing you can be	Maya Angelou	wise women	inspiration/encouragement		
315	I am a member of a team, and I rely on the team, I defer to it and sacrifice for it, because the team, not the individual, is the ultimate champion.	Mia Hamm	sports figure	Sports		
316	Failure happens all the time. It happens every day in practice. What makes you better is how you react to it.	Mia Hamm	sports figure	Sports		

317	I am not a great cook, I am not a great artist, but I love art, and I love food, so I am the perfect traveller.	Michael Palin	celebrity	travel		
318	Yesterday is gone. Tomorrow has not yet come. We only have today. Let us begin.	Mother Teresa	religion/spirituality/philosophy	inspiration/encouragement		
319	Start each day with a grateful heart.	Mother Teresa	religion/spirituality/philosophy	inspiration/encouragement		
320	If you want to change the world, go home and love your family	Mother Teresa	religion/spirituality/philosophy	inspiration/encouragement		
321	Let us always meet each other with smile, for the smile is the beginning of love.	Mother Teresa	religion/spirituality/philosophy	love		
322	Every time you smile at someone, it is an action of love, a gift to that person, a beautiful thing	Mother Teresa	religion/spirituality/philosophy	love		
323	We can do no great things, only small things with great love	Mother Teresa	religion/spirituality/philosophy	love		
324	"The only thing evil can't stand is forgiveness."	Mr. Rogers	celebrity	forgiveness		
325	"I believe that appreciation is a holy thing, that when we look for what's best in the person we happen to be with at the moment, we're doing what God does. So, in loving and appreciating our neighbor, we're participating in something truly sacred."	Mr. Rogers	celebrity	gratitude/appreciation		
326	What really matters is helping others win too, even if it means slowing down and changing our course now and then."	Mr. Rogers	celebrity	helping		
327	"Real strength has to do with helping others."	Mr. Rogers	celebrity	Helping		
328	The more you learn, the better feeling you have about yourself and the world we live in."	Mr. Rogers	celebrity	inspiration/encouragement		
329	There's a part of all of us that longs to know that even what's weakest about us can ultimately count for something good."	Mr. Rogers	celebrity	inspiration/encouragement		
330	"It's my belief that the capacity to accept help is inseparable from the capacity to give help when our turn comes to be strong."	Mr. Rogers	celebrity	inspiration/encouragement		
331	"... Let's make the most of this beautiful day ..."	Mr. Rogers	celebrity	Kindness	Music	
332	"Would you be mine? Could you be mine? Won't you be my neighbor?"	Mr. Rogers	celebrity	kindness	Music	
333	Love is at the root of everything, all learning, all relationships, either love or the lack of it.	Mr. Rogers	celebrity	love		
334	The greatest thing that we can do is let somebody know that they're loved and capable of loving. Mr Rogers	Mr. Rogers	celebrity	love		
335	"Love isn't a state of perfect caring. It is an active noun like 'struggle.' To love someone is to strive to accept that person exactly the way he or she is, right here and now." Mr. Rogers	Mr. Rogers	celebrity	love		
336	What really matters is helping others win, too, even if it means slowing down and changing our course now and then	Mr. Rogers	celebrity	love		
337	"The people you love the best are the people you learn the most from."	Mr. Rogers	celebrity	love		

338	"Knowing that we can be loved exactly as we are gives us all the best opportunity for growing into the healthiest of people."	Mr. Rogers	celebrity	love		
339	"Peace means far more than the opposite of war."	Mr. Rogers	celebrity	Peace		
340	Real strength has to do with helping others	Mr. Rogers				
341	Live long and prosper	Mr. Spock	Sci-Fi			
342	I set out on a journey of love, seeking truth, peace and understanding. I am still learning	Muhammad Ali	sports figure	Sports		
343	Cherish your vision and your dreams as they are the children of your soul. -	Napoleon Hill	religion/spirituality/philosophy	inspiration/encouragement		
344	There is no greater education than one that is self-driven.	Neil deGrasse Tyson	science	Education		
345	I know of no time in human history where ignorance was better than knowledge.	Neil deGrasse Tyson	science	Education		
346	The Universe is under no obligation to make sense to you.	Neil DeGrasse Tyson	science	inspiration/encouragement		
347	We are part of this universe; we are in this universe, but perhaps more important than both of those facts, is that the universe is in us.	Neil deGrasse Tyson	science	Science		
348	As we let our own light shine, we unconsciously give other people the permission to do the same	Nelson Mandela		inspiration/encouragement		
349	Love is like the wind, you can't see it but you can feel it.	Nicholas Sparks	literature	Love		
350	"Some people are worth melting for."	Olaf, Frozen	cartoon character	love		
351	Where there is no struggle, there is no strength.	Oprah Winfrey	celebrity	inspiration/encouragement		
352	You CAN have it all. You just can't have it all at once.	Oprah Winfrey	celebrity	inspiration/encouragement		
353	You get in life what you have the courage to ask for.	Oprah Winfrey	celebrity			
354	What is success? It is being able to go to bed each night with your soul at peace	Paul Coelho	literature	inspiration/encouragement		
355	The World is changed by your example, not by your opinion	Paul Coelho	religion/spirituality/philosophy	inspiration/encouragement		
356	Whisper words of wisdom, Let it Be	Paul McCartney	Music	inspiration/encouragement	condolence	
357	The easiest way to avoid wrong notes is to never open your mouth and sing. What a mistake that would be	Pete Seeger	Music	inspiration/encouragement		
358	He was a wise man who invented beer.	Plato	religion/spirituality/philosophy	Beer		
359	Every heart sings a song, incomplete, until another heart whispers back	Plato	religion/spirituality/philosophy	Love		
360	At the touch of love, everyone becomes a poet	Plato	religion/spirituality/philosophy	Love		
361	Let us celebrate the occasion with wine and sweet words	Plautus				
362	Hope is the pillar that holds up the world. Hope is the dream of a waking man.	Pliny the Elder	religion/spirituality/philosophy	hope		

363	Carry out a random act of kindness, with no expectation of reward, safe in the knowledge that one day someone might do the same for you.	Princess Diana	celebrity	Kindness		
364	A mother understands what a child does not say	Proverb		mother		
365	A sweet friendship refreshes the soul.	Proverbs		friendship		
366	She is clothed with strength and dignity; She can laugh at the days to come.	Proverbs 31:25	religion/spirituality/philosophy	inspiration/encouragement	Bible	
367	Give my people plenty of beer, good beer, and cheap beer, and you will have no revolution among them."	Queen Victoria	history	Beer		
368	I want everyone to meet you, you're my favorite person of all time	Rainbow Rowell	literature	love		
369	Live in the sunshine, swim the sea, drink the wild air.	Ralph Waldo Emerson	literature	inspiration/encouragement		
370	Be silly, be honest, be kind –	Ralph Waldo Emerson	literature	kindness		
371	The only way to have a friend is to be one.	Ralph Waldo Emerson		friendship		
372	"You must not let anyone define your limits because of where you come from. Your only limit is your soul."	Ratatouille	cartoon character	inspiration/encouragement	Disney	
373	You can be healed and still healing. You can be open and still hurting. You can be brave and still frightened.	Rebecca Ray	literature	inspiration/encouragement		
374	If someone offers you an amazing opportunity and you're not sure you can do it, say yes- then learn how to do it later	Richard Branson	business	inspiration/encouragement		
375	The trick is to be grateful when your mood is high and graceful when it is low.	Richard Carlson	religion/spirituality/philosophy	gratitude/appreciation		
376	Don't sweat the small stuff... and it's ALL small stuff.	Richard Carlson	religion/spirituality/philosophy	inspiration/encouragement		
377	Strength doesn't come from what you can do. It comes from overcoming the things you once thought you couldn't	Rikki Rogers	literature	inspiration/encouragement		
378	Those who don't believe in MAGIC will never find it	Roald Dahl	literature	inspiration/encouragement		
379	To find someone who will love you for no reason, and to shower that person with reasons, that is the ultimate happiness.	Robert Brault	literature	love		
380	Motherhood; all loves begins and ends there	Robert Browning		mother		
381	"Speed and efficiency do not always increase the quality of life."	Robert Fulghum	religion/spirituality/philosophy	inspiration/encouragement		
382	"Everything I need to know... I learned in kindergarten."	Robert Fulghum	religion/spirituality/philosophy	inspiration/encouragement		
383	And it is still true, no matter how old you are -- when you go out into the world, it is best to hold hands and stick together."	Robert Fulghum	religion/spirituality/philosophy	inspiration/encouragement		

384	You can give without loving, but you can never love without giving.	Robert Louis Stevenson	literature	Love	giving/generosity
385	We are all travelers in the wilderness of this world, and the best we can find in our travels is an honest friend.	Robert Louis Stevenson	literature	travel	
386	People ask me what I do in winter when there's no baseball. I'll tell you what I do. I stare out the window and wait for spring.	Rogers Hornsby	sports figure	Baseball	
387	God could not be everywhere, therefore he made mothers	Rudyard Kipling		mother	
388	"One of the secrets to staying young is to always do things you don't know how to do, to keep learning."	Ruth Reichl	food	education	
389	Individually, we are one drop. Together, we are an ocean.	Ryunosuke Satoro	religion/spirituality/philosophy	inspiration/encouragement	
390	The World is a book, and those who do not travel read only a page.	Saint Augustine	religion/spirituality/philosophy	travel	
391	Remember there's no such thing as a small act of kindness. Every act creates a ripple with no logical end.	Scott Adams	celebrity	Kindness	
392	If you wished to be loved, love.	Seneca	religion/spirituality/philosophy	Love	
393	One of the most beautiful qualities of true friendship is to understand and be understood	Seneca	religion/spirituality/philosophy	friendship	
394	Change is never fine. They say it is, but it isn't.	Sheldon Cooper	Sci-Fi		
395	Done is better than perfect.	Sheryl Sandberg	celebrity	inspiration/encouragement	
396	"I think all it really takes for different people to get along is a common rooting interest and a few beers."	Silver Linings Playbook	Movie quote	Beer	sports
397	Like a bridge over troubled water, I will lay me down	Simon and Garfunkel	Music	friendship	
398	Wonder is the beginning of wisdom	Socrates	religion/spirituality/philosophy	inspiration/encouragement	
399	One word frees us of all the weight and pain of life: That word is LOVE	Sophocles	religion/spirituality/philosophy	love	
400	For the two of us, home isn't a place. It is a person. And we are finally home.	Stephanie Perkins	literature	Home	
401	Intelligence is the ability to adapt to change.	Stephen Hawking	Science	Education	
402	something you can do and succeed at.	Stephen Hawking	science	inspiration/encouragement	
403	Life would be tragic if it weren't funny.	Stephen Hawking	science	inspiration/encouragement	
404	However difficult life may seem, there is always something you can do and succeed at.	Stephen Hawking	Science	inspiration/encouragement	
405	Life would be tragic if it weren't funny.	Stephen Hawking	Science	inspiration/encouragement	

406	Work gives you meaning and purpose and life is empty without it.	Stephen Hawking	Science	inspiration/encouragement		
407	Science is not only a disciple of reason but, also, one of romance and passion.	Stephen Hawking	science	Science		
408	Look up at the stars and not down at your feet. Be curious.	Stephen Hawking	Science	Science		
409	Friends are medicine for a wounded heart and vitamins for a hopeful soul	Steve Maraboli		friendship		
410	I love you more today than yesterday, but not as much as tomorrow	Stevie Wonder	Music	Love		
411	Men, their rights, and nothing more; women, their rights, and nothing less.	Susan B. Anthony	Civil Rights	Civil rights		
412	Cautious, careful people, always casting about to preserve their reputations... can never effect a reform.	Susan B. Anthony	Civil Rights	inspiration/encouragement		
413	Everyone shines, given the right lighting.	Susan Cain	literature	inspiration/encouragement		
414	Everytime I slip into the ocean its like going home	Sylvia Earle	literature	inspiration/encouragement		
415	It may be rainin' but there's a rainbow above you, you better let somebody love you, before it's too late	The Eagles	Music	Love		
416	unbreakable	The Wizard of Oz	Movie/TV quote	Love		
417	Believe you can and you're halfway there.	Theodore Roosevelt	history	inspiration/encouragement		
418	There is no way to happiness- happiness is the way	Thich Nhat Hanh	religion/spirituality/philosophy	happiness		
419	If you love someone, the greatest gift you can give them is your presence.	Thich Nhat Hanh	religion/spirituality/philosophy	love		
420	If we did all the things we are capable of, we would literally astound ourselves.	Thomas A. Edison	Science	inspiration/encouragement		
421	Genius is one percent inspiration and ninety-nine percent perspiration.	Thomas Edison	Science	inspiration/encouragement		
422	"Beer, if drunk in moderation, softens the temper, cheers the spirit and promotes health."	Thomas Jefferson	history	Beer		
423	The very things that hold you down are going to lift you up.	Timothy Mouse, Dumbo	cartoon character	inspiration/encouragement	Disney	
424	It was a million tiny little things that, when you added them all up, they meant we were supposed to be together	Tom Hanks, Sleepless in Seattle	Movie/TV quote	love		
425	If you can clearly see the way to a goal, then it ain't much of a goal	Tom Peters	business	inspiration/encouragement		

426	Baseball is like driving, it's the one who gets home safely that counts.	Tommy Lasorda	sports figure	baseball		
427	Remember these two things, play hard and have fun	Tony Gwynne	sports figure	Sports		
428	With great power comes great responsibility	Uncle Ben - Spiderman	Sci-Fi			
429	When we are no longer able to change a situation - we are challenged to change ourselves.	Viktor E. Frankl	religion/spirituality/philosophy	inspiration/encouragement	change	
430	Perfection is not attainable, but if we chase perfection we can catch excellence.	Vince Lombardi	sports figure	inspiration/encouragement	football	
431	The measure of who we are is what we do with what we have.	Vince Lombardi	sports figure	inspiration/encouragement	football	
432	It takes a team work, a company work, a society work, a	Vince Lombardi	sports figure	inspiration/encouragement	football	
433	The only place success comes before work is in the dictionary.	Vince Lombardi	sports figure	inspiration/encouragement	football	
434	The greatest accomplishment is not in never falling, but in rising again after you fall.	Vince Lombardi	sports figure	inspiration/encouragement	football	
435	People who work together will win, whether it be against complex football defenses, or the problems of modern society.	Vince Lombardi	sports figure	inspiration/encouragement	football	
436	I am seeking, I am striving, I am in it with all my heart	Vincent Van Gogh	art	inspiration/encouragement		
437	One cannot think well, love well, sleep well, if one has not dined well.	Virginia Woolf	literature	food drink		
438	I've decided to be happy because it is good for my health	Voltaire	literature	Happiness		
439	Education is not the filling of a pail, the the lighting of a fire	W.B. Yeats	literature	Education		
440	"Everybody's got to believe in something. I believe I'll have another beer."	W.C. Fields	celebrity	Beer		
441	If you can dream it, you can do it.	Walt Disney	celebrity	inspiration/encouragement		
442	Laughter is timeless, imagination has no age and dreams are forever.	Walt Disney	celebrity	inspiration/encouragement		
443	The way to get started is to quit thinking and begin doing	Walt Disney	celebrity			
444	it's kind of fun to do the impossible	Walt Disney				
445	Never above you. Never below you. Always beside you.	Walter Winchell	celebrity	inspiration/encouragement		
446	You miss 100% of the shots you don't take	Wayne Gretzky	sports figure	inspiration/encouragement	hockey	
447	Where there is great love, there are always miracles	Willa Cather	literature	love		
448	Feeling gratitude and not expressing it is like wrapping a present and not giving it.	William A. Ward		gratitude/appreciation		
449	Act as if what you do makes a difference. It does.	William James	religion/spirituality/philosophy	inspiration/encouragement		

450	The deepest principle in human nature is the craving to be appreciated.	William James	religion/spirituality/philosophy	gratitude/appreciation		
451	We know what we are, but know not what we may be.	William Shakespeare	literature	inspiration/encouragement		
452	It is not in the stars to hold our destiny but in ourselves.	William Shakespeare	literature	inspiration/encouragement		
453	This above all; to thine own self be true.	William Shakespeare	literature	inspiration/encouragement		
454	If music be the food of love, play on	William Shakespeare	literature	Love		
455	The triumph can't be had without the struggle	Wilma Rudolph	sports figure	inspiration/encouragement		
456	"You're braver than you believe, and stronger than you seem, and smarter than you think."	Winnie the Pooh	cartoon character	inspiration/encouragement		
457	Sometimes the smallest things take up the most room in your heart.	Winnie the Pooh	cartoon character	love		
458	You're braver than you believe, stronger than you seem and smarter than you think	Winnie the Pooh				
459	Success is not final. Failure is not fatal. It is the courage to continue that counts	Winston Churchill.	history	inspiration/encouragement		
460	And remember in a world of ordinary mortals, you are a Wonder Woman	Wonder Woman	Sci-Fi	inspiration/encouragement		
461	The heart wants what it wants. There's no logic to these things. You meet someone, you fall in love and that's that.	Woody Allen	celebrity	Love		
462	baseball is pretty good, too.	Yogi Berra	sports figure	Love	baseball	
463	She quietly expected great things to happen to her, and no doubt that's one of the reasons why they did.	Zelda Fitzgerald	wise women	inspiration/encouragement	literary	
464	Nevertheless, she persisted					
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