

Statement for Parent Prospectus

Oral hygiene is very important in achieving overall good oral health. This is also becoming a key aspect on which the EYFS is focusing on in 2021. It is beneficial for us all to have a clear understanding of how to support our children with oral health.

It is therefore important for us to support children with oral health, as their first experiences can have a great impact on the rest of their lives. By supporting them, we can teach them about their mouths, introduce them to good habits and normalise dental visits, helping to put them at ease and gain trust.

At Smart Play Hounslow, we provide all of our children with nutritional and healthy meals throughout the day which limits sugary snacks, and we ensure that the children have access to fresh drinking water all day. We also provide children with milk between mealtimes and encourage children to use open cups, as prolonged bottle use can cause bottle tooth decay. Around our settings you will find an oral health display which helps us promote good oral hygiene habits to the children within our care as well as our practitioners. We also use this information sheet to work together with parents in keeping our children's mouths healthy.

By working in partnership with parents we can successfully promote oral health.