

2023 NCYFL AGE AND WEIGHT REFERENCE

WEIGHT		Eligible If Born on or After	Ineligible If Born before
80	K1	11/15/2015	11/15/2015
90	2G	11/15/2014	11/15/2014
105	3G	11/15/2013	11/15/2013
120	4G	11/15/2012	11/15/2012
135	5G	11/15/2011	11/15/2011
Unlimited	6G	11/15/2010	11/15/2010

Player Age

1. August 1st of each year shall be the “Cut-Off” date to determine maximum age eligibility for each Grade Level participating in the NCYFL, as follows:
 - a. Grade K1 - cannot turn Age 8 prior to August 1
 - b. 2nd Grade - cannot turn Age 9 prior to August 1
 - c. 3rd Grade - cannot turn Age 10 prior to August 1
 - d. 4th Grade - cannot turn Age 11 prior to August 1
 - e. 5th Grade - cannot turn Age 12 prior to August 1
 - f. 6th Grade - cannot turn Age 13 prior to August 1

2. Any player born between August 1st and November 15th shall be considered an Unlimited Weight Player as defined herein and subject to the restrictions of Unlimited Weight Players.
 - a. Grade K1 - turns 8 between August 1 and November 15 is an Unlimited Weight Player
 - b. 2nd Grade - turns 9 between August 1 and November 15 is an Unlimited Weight Player
 - c. 3rd Grade - turns 10 between August 1 and November 15 is an Unlimited Weight Player
 - d. 4th Grade - turns 11 between August 1 and November 15 is an Unlimited Weight Player
 - e. 5th Grade - turns 12 between August 1 and November 15 is an Unlimited Weight Player
 - f. 6th Grade - turns 13 between August 1 and November 15 is an Unlimited Weight Player