

Pos	Race No	Name	Time	Category	Cat Pos	Gender	Gen Pos	Club
1	290	Stuart Spencer	00:35:39	30 - 34		1 M	1	
2	360	Joe Worthington	00:40:06	40 - 44		1 M	2	Ackworth road runners
3	87	Simon Edwards Barber	00:40:53	30 - 34		2 M	3	Ackworth road runners
4	335	Clive Ward	00:42:43	35 - 39		1 M	4	OffThatCouchFitness
5	149	Jack Harrison	00:43:44	24 - 29		1 M	5	
6	166	David Hughes	00:43:49	40 - 44		2 M	6	Ackworth rr
7	64	POPPY COOKE	00:44:20	Junior 16-23		1 F	1	Ackworth road runners
8	260	Jordan Ripley	00:44:41	24 - 29		2 M	7	Ackworth road runners
9	146	Jude Hancock	00:44:41	Junior 16-23		1 M	8	Cleethorpes Athletics Club
10	326	Marc Vestey	00:44:47	35 - 39		2 M	9	
11	8	Chris Askin	00:45:16	30 - 34		3 M	10	Ackwoth road runners
12	97	Oliver Fearn	00:45:19	Junior 16-23		2 M	11	Kidderminster and Stourport
13	259	Gary Ridgeway	00:45:27	55 - 59		1 M	12	Team manvers
14	12	Rachel Bailey	00:45:54	Junior 16-23		2 F	2	Bolton Harriers
15	342	Charlie Weaver	00:45:55	Junior 16-23		3 M	13	Tattenhall Runners
16	38	Richard Burke	00:46:07	45 - 49		1 M	14	Ackworth road runners
17	251	Mick Pepper	00:47:04	55 - 59		2 M	15	Team manvers
18	332	John Walker	00:47:08	55 - 59		3 M	16	Fitmums and Friends
19	98	Robin Fearn	00:47:25	45 - 49		2 M	17	Kidderminster and Stourport
20	17	Steve Barraclough	00:47:34	55 - 59		4 M	18	Lonely goat
21	248	Chris Parkes	00:47:37	30 - 34		4 M	19	
22	328	Paul Wade	00:47:38	50 - 54		1 M	20	Tickhill
23	269	Andy Rowlinson	00:47:51	55 - 59		5 M	21	
24	160	Darren Horobin	00:48:02	45 - 49		3 M	22	Ackworth road runners
25	193	Adrian Leach	00:48:09	55 - 59		6 M	23	Ackworth road runners
26	165	Wayne Hubery	00:48:20	45 - 49		4 M	24	Team manvers
27	43	Lewis Chapman	00:48:24	24 - 29		3 M	25	
28	303	Ben Straw	00:48:27	24 - 29		4 M	26	
29	352	Peter Wilson	00:48:44	50 - 54		2 M	27 /	
30	318	Daniel Towers	00:49:00	45 - 49		5 M	28	
31	211	Philip Marsland	00:49:08	65 - 69		1 M	29	Gainsborough & Morton Striders
32	177	Steven Johnson	00:49:46	35 - 39		3 M	30	
33	123	Nick Goddard	00:50:01	50 - 54		3 M	31	
34	39	Colin Byard	00:50:06	55 - 59		7 M	32	
35	13	Richard Barnes	00:50:13	35 - 39		4 M	33	
36	291	Daniel Spencer	00:50:29	30 - 34		5 M	34	
37	52	Ady Clarke	00:50:37	50 - 54		4 M	35	
38	264	Helen Robinson	00:50:45	40 - 44		1 F	3	Lonely Goat RC
39	307	Jurie Swanepoel	00:50:57	60 - 64		1 M	36	Ackworth road runners
40	3	Dave Allison	00:51:29	40 - 44		3 M	37	Ackworth road runners
41	324	Lucy Vamplew	00:51:51	40 - 44		2 F	4	Ackworth
42	363	Samantha Watling	00:52:00	30 - 34		1 F	5	
43	296	Julie Stafford	00:52:02	55 - 59		1 F	6	Ackworth road runners
44	227	Helen Morgan	00:52:08	50 - 54		1 F	7	Ackworth road runners
45	194	Steven Lewis	00:52:13	45 - 49		6 M	38	Steel city striders
46	59	Bob Collard	00:52:15	45 - 49		7 M	39	Fitmums and Friends
47	115	Wayne Gammon	00:52:15	60 - 64		2 M	40	Broughton Runners
48	280	Ben Small	00:52:47	45 - 49		8 M	41	Danum Harriers
49	341	Peter Watson	00:53:31	40 - 44		4 M	42	Fitmums and Friends
50	294	Rebecca Sprowell	00:53:37	35 - 39		1 F	8	2M Coaching
51	61	Patrick Connolly	00:53:47	50 - 54		5 M	43	Emersons Green Running Club
52	206	Thomas Macklam	00:53:50	50 - 54		6 M	44	Ackworth road runners
53	142	Kev Hall	00:53:52	40 - 44		5 M	45	
54	37	Joanne Burke	00:53:58	45 - 49		1 F	9	Ackworth road runners
55	74	Paul Cusson	00:54:03	65 - 69		2 M	46	
56	302	Lee Stratford	00:54:04	45 - 49		9 M	47	Vegetarian cycling and athletic club
57	322	Catherine Turner	00:54:31	45 - 49		2 F	10	
58	118	Sandy George	00:54:41	55 - 59		2 F	11	Ackworth road runners
59	133	Les Green	00:54:45	60 - 64		3 M	48	
60	164	Teresa Hubery	00:54:49	40 - 44		3 F	12	Team manvers
61	46	Mark Chesman	00:54:57	55 - 59		8 M	49	Scunthorpe and District
62	258	Thomas Richardson	00:55:09	30 - 34		6 M	50	Bassetlaw Triathlon Club
63	276	Phil Seaton	00:55:12	30 - 34		7 M	51	

Pos	Race No	Name	Time	Category	Cat Pos	Gender	Gen Pos	Club
64	168	Mark Hull	00:55:16	50 - 54	7	M	52	Ackworth road runners
65	195	Graham Lincoln	00:55:43	40 - 44	6	M	53	
66	300	Martyn Stearn	00:55:44	70+	1	M	54	Ackworth road runners
67	101	Andrew Finch	00:55:46	40 - 44	7	M	55	Danum Harriers
68	124	Martin Goodhand	00:55:59	60 - 64	4	M	56	Winterton Running Club
69	187	Steve Kitchman	00:56:05	55 - 59	9	M	57	Doncaster Triathlon Club
70	62	Damian Cook	00:56:10	40 - 44	8	M	58	
71	145	Jon Hancock	00:56:22	50 - 54	8	M	59	None
72	42	Derek Cave	00:56:36	35 - 39	5	M	60	
73	255	Rich Purdy	00:56:39	45 - 49	10	M	61	Danum Harriers
74	122	Rachel Goddard	00:56:50	40 - 44	4	F	13	Tickhill Running and Athletics Club
75	214	Stewart McGough	00:56:55	55 - 59	10	M	62	
76	173	Vicky Jessop	00:56:55	40 - 44	5	F	14	Tickhill Running club
77	91	Louise Ellis	00:56:55	45 - 49	3	F	15	
78	129	Matthew Gray	00:56:58	45 - 49	11	M	63	
79	351	Carolyn Wilson	00:57:02	55 - 59	3	F	16	Holy Fit!
80	34	Chris Brown	00:57:37	35 - 39	6	M	64	Off the couch fitness
81	106	James Fletcher	00:57:44	65 - 69	3	M	65	100 Marathon Club
82	323	Helen Furton	00:58:08	40 - 44	6	F	17	Tickhill Running and Athletics Club
83	96	Kay Fearn	00:58:12	45 - 49	4	F	18	Kidderminster and Stourport
84	311	Jo Taylor	00:58:13	40 - 44	7	F	19	The Yorkshire puddings
85	285	Kevin Smith	00:58:14	50 - 54	9	M	66	
86	336	Anna Warner	00:58:27	30 - 34	2	F	20	Grimsby tri
87	239	Louise OMarr	00:58:35	40 - 44	8	F	21	Ackworth road runners
88	353	Gabrielle Winn	00:58:36	Junior 16-23	3	F	22	
89	104	James Fleming	00:58:40	35 - 39	7	M	67	
90	346	Jayne Whittaker	00:58:47	40 - 44	9	F	23	
91	263	Julie Roberts	00:58:48	50 - 54	2	F	24	Ackworth Road Runers
92	354	Tracy Winn	00:59:02	40 - 44	10	F	25	
93	51	Denise Clark	00:59:04	55 - 59	4	F	26	Ackworth road runners
94	63	Gail Wrangles	00:59:11	55 - 59	5	F	27	Ackworth road runners
95	304	CHER SUTTON	00:59:15	45 - 49	5	F	28	
96	250	Debbie Pepper	00:59:21	55 - 59	6	F	29	Team manvers
97	143	Andrew Hallam	00:59:24	50 - 54	10	M	68	
98	267	Sarah Jayne Rose	00:59:40	45 - 49	6	F	30	Ackworth road runners
99	184	Gail Kirk	00:59:48	45 - 49	7	F	31	
100	337	Liane Warren	00:59:57	50 - 54	3	F	32	Ackworth road runners
101	358	Mandy Woodthorpe	00:59:57	50 - 54	4	F	33	
102	30	Andrew Bowmer	01:00:07	50 - 54	11	M	69	Maltby Running Club
103	196	Joanne Lincoln	01:00:08	35 - 39	2	F	34	
104	320	Ian Treanor	01:00:10	45 - 49	12	M	70	Ackworth road runners
105	66	David Cooper	01:00:16	60 - 64	5	M	71	Ackworth road runners
106	232	Simon Needham	01:00:37	45 - 49	13	M	72	None
107	7	Mark Artley	01:00:54	50 - 54	12	M	73	
108	136	Deanne Gregory	01:01:05	35 - 39	3	F	35	
109	54	Rory Clarke	01:01:17	60 - 64	6	M	74	Humber triathletes
110	343	Bobbie West	01:01:21	40 - 44	9	M	75	
111	77	Theresa De Beer	01:01:37	40 - 44	11	F	36	Ackworth road runners
112	295	Stuart Stacey	01:01:46	40 - 44	10	M	76	
113	109	Nicola Fox	01:01:58	40 - 44	12	F	37	
113	281	Leah Smith	01:01:58	40 - 44	12	F	37	
115	188	Michael Knowles	01:02:01	60 - 64	7	M	77	Ackworth road runners
116	319	Maire Tracey	01:02:06	50 - 54	5	F	39	
117	340	Matt Watson	01:02:26	45 - 49	14	M	78	
118	4	Nadine Allott	01:02:27	45 - 49	8	F	40	
119	125	Charlotte Grace	01:02:27	24 - 29	1	F	41	Ackworth road runners
120	330	Robert Walkden	01:02:36	30 - 34	8	M	79	
121	228	Jo Morris	01:02:47	50 - 54	6	F	42	
122	229	Nig Morris	01:02:49	50 - 54	13	M	80	
123	192	Sarah Layden	01:02:53	35 - 39	4	F	43	Mountain goats
124	293	Tom Spotswood	01:03:00	30 - 34	9	M	81	
125	292	Amy Spotswood	01:03:05	30 - 34	3	F	44	TRAC
126	310	Christopher Taylor	01:03:20	70+	2	M	82	Ackworth Road Runners

Pos	Race No	Name	Time	Category	Cat Pos	Gender	Gen Pos	Club
127	28	Richard Bowley	01:03:31	45 - 49	15	M	83	
128	126	Lisa Grandcourt	01:03:31	45 - 49	9	F	45	
129	144	David Hamshaw	01:03:44	50 - 54	14	M	84	Team manvers
130	284	Clare Smith	01:03:53	50 - 54	7	F	46	Team manvers
131	11	ELAINE BAILEY	01:03:56	60 - 64	1	F	47	Radcliffe
132	278	Paula Simpson	01:04:09	55 - 59	7	F	48	Notts women runner
133	216	Yvette McKinney	01:04:12	55 - 59	8	F	49	Ackworth road runners
134	215	Charles McKinney	01:04:12	45 - 49	16	M	85	Ackworth road runners
135	20	Louise Bellas	01:05:06	45 - 49	10	F	50	Ackworth road runners
136	47	Charlotte Chisell	01:05:07	45 - 49	11	F	51	Strideout
137	135	Rebecca Greenwood	01:05:14	35 - 39	5	F	52	Ackworth road runners
138	298	Jessica Starkie	01:05:17	24 - 29	2	F	53	
139	105	Keely Fleming	01:05:24	35 - 39	6	F	54	
140	200	Sarah Longfield	01:05:40	40 - 44	14	F	55	Ackworth road runners
141	138	Stewart Haigh	01:05:44	70+	3	M	86	Ackworth road runners
142	179	Gary Jones	01:05:45	45 - 49	17	M	87	
143	82	Katy Dowdall	01:05:50	30 - 34	4	F	56	
144	140	Jeanine Hall	01:05:51	55 - 59	9	F	57	
145	203	Jenni MacDuff	01:05:57	45 - 49	12	F	58	N/A
146	151	Ian Hayes	01:06:08	65 - 69	4	M	88	
147	95	Victoria Evans	01:06:26	45 - 49	13	F	59	
148	266	Alison Rodgers	01:06:32	55 - 59	10	F	60	Lion fitness
149	333	Katherine Walsh	01:06:32	45 - 49	14	F	61	
150	204	Tracy MacInnes	01:06:35	45 - 49	15	F	62	Lion Squad
151	183	Simon Kimmins	01:06:56	60 - 64	8	M	89	Wingerworth Wobblers
152	58	Victoria Coe	01:07:02	40 - 44	15	F	63	
153	253	Danielle Pinder	01:07:04	24 - 29	3	F	64	
154	94	Melanie English	01:07:07	40 - 44	16	F	65	Steel city striders
155	153	Shelley Hemsley	01:07:12	40 - 44	17	F	66	Team Hemsley
156	139	Lynn Hall	01:07:21	50 - 54	8	F	67	Team NHS
157	35	Tim Buckle	01:07:21	50 - 54	15	M	90	Team NHS
158	334	Jennie Ward	01:07:35	50 - 54	9	F	68	
159	68	Steven Corbidge	01:07:42	50 - 54	16	M	91	
160	44	Joe Charlesworth	01:07:45	70+	4	M	92	
161	273	Mark Schofield	01:07:46	50 - 54	17	M	93	
162	279	Dawn Sketchley	01:07:47	55 - 59	11	F	69	Ackworth road runners
163	355	Samantha Woffindin	01:07:47	45 - 49	16	F	70	
164	16	Janet Barr	01:07:51	50 - 54	10	F	71	Ackworth Riad Runners
165	88	Elizabeth Elders	01:07:51	35 - 39	7	F	72	
166	189	Susan Knowles	01:07:58	60 - 64	2	F	73	Ackworth road runners
167	191	Emma Lawn	01:08:04	35 - 39	8	F	74	
168	67	Sara Copp	01:08:05	45 - 49	17	F	75	Steel city striders
169	327	Maggie Vickers	01:08:06	30 - 34	5	F	76	
170	222	Niki Mills	01:08:08	40 - 44	18	F	77	Jingle Balls
171	185	Ros Kitchen	01:08:29	65 - 69	1	F	78	Ackworth road runners
172	238	Helen Ollerenshaw	01:08:46	45 - 49	18	F	79	
173	186	Laura Kitchen	01:08:48	35 - 39	9	F	80	
174	102	Lynn Findlay	01:08:52	55 - 59	12	F	81	7541954091
175	21	Wendy Berry	01:08:52	60 - 64	3	F	82	
176	361	Diane Zbadynski	01:09:12	55 - 59	13	F	83	
177	5	Claire Angus	01:09:29	50 - 54	11	F	84	Doncaster Athletics Club
178	205	Debbie Macklam	01:09:32	50 - 54	12	F	85	Ackworth road runners
179	53	Angela Clarke	01:09:32	45 - 49	19	F	86	Doncaster AC
180	359	Debbie Worthington	01:09:33	40 - 44	19	F	87	Ackworth road runners
181	178	Paul Johnston	01:10:08	55 - 59	11	M	94	N/A
182	241	Lisa Owens	01:10:37	45 - 49	20	F	88	Rawmarsh Runners
183	356	Susan Woodcock	01:10:37	45 - 49	21	F	89	Rawmarsh Runners
184	172	Heather Jerrard	01:10:39	45 - 49	22	F	90	Rawmarsh Runners
185	339	Roger Waterhouse	01:10:46	65 - 69	5	M	95	Ackworth road runners
186	10	Emma Bailey	01:10:57	30 - 34	6	F	91	
187	287	David Snowden	01:11:01	50 - 54	18	M	96	
188	288	Femi Sobo-Allen	01:11:11	50 - 54	13	F	92	Holmfirth Harriers Athletics Club
189	75	Abbie Dagg	01:11:12	45 - 49	23	F	93	The Yorkshire puddings

Pos	Race No	Name	Time	Category	Cat Pos	Gender	Gen Pos	Club
190	114	Lynn Gammon	01:11:37	60 - 64	4	F	94	Broughton Runners
191	69	Kimberley Corcoran	01:11:41	30 - 34	7	F	95	
192	221	Karey Miles	01:11:43	45 - 49	24	F	96	
193	33	Kimberley Brown	01:11:44	35 - 39	10	F	97	
194	155	Elaine Herriott	01:11:49	50 - 54	14	F	98	Danger squad
195	55	Elizabeth Clarke	01:12:09	55 - 59	14	F	99	
196	80	Matt Dillon	01:12:24	24 - 29	5	M	97	
197	83	Rhian Durrant-Williams	01:13:08	35 - 39	11	F	100	
198	22	Louise Bethell	01:13:10	50 - 54	15	F	101	
199	121	Tracey Gledhill	01:13:13	40 - 44	20	F	102	
200	306	Julie Swanepoel	01:13:15	60 - 64	5	F	103	Ackworth road runners
201	226	Sarah Moralee	01:13:57	45 - 49	25	F	104	
202	317	Clare Towers	01:14:01	40 - 44	21	F	105	
203	25	Jude Bissell	01:14:29	50 - 54	16	F	106	Steel city striders
204	78	Laura Dean	01:14:50	45 - 49	26	F	107	Fitmums and Friends
205	72	Ananda Crossland	01:14:51	45 - 49	27	F	108	Strideout
206	301	Elizabeth Steeves	01:14:52	60 - 64	6	F	109	Wetherby
207	93	Dale Endicott-Howson	01:14:53	35 - 39	8	M	98	
208	321	Richard Tucker	01:15:02	55 - 59	12	M	99	
209	71	Alison Cromack	01:15:21	45 - 49	28	F	110	
210	112	John Francos	01:15:25	55 - 59	13	M	100	
211	272	Jane Saunders	01:15:27	50 - 54	17	F	111	
212	150	Linda Harty	01:15:29	65 - 69	2	F	112	
213	268	Kelly Rouane	01:16:35	40 - 44	22	F	113	Team manvers
214	127	Tracy Grange	01:16:36	35 - 39	12	F	114	Team manvers
215	202	Louise Love	01:16:36	40 - 44	23	F	115	Team manvers
216	234	Kathryn O'Keeffe	01:17:05	55 - 59	15	F	116	
217	262	Alison Robbins	01:17:08	45 - 49	29	F	117	Sleaford Striders AC
218	29	Kerry Bowman	01:17:09	40 - 44	24	F	118	
219	197	Stephen Linden-Wyatt	01:17:09	35 - 39	9	M	101	Sleaford Striders
220	157	Sarah Hollender	01:17:15	45 - 49	30	F	119	Lonely goat running club
221	116	Andy Gaunt	01:17:23	40 - 44	11	M	102	Squaddies
222	117	Natalie Gaunt	01:17:24	35 - 39	13	F	120	Squaddies
223	170	Kelly Jarvis	01:17:27	40 - 44	25	F	121	
224	86	Katy Edwards	01:17:33	50 - 54	18	F	122	Hyde Village Striders
225	256	Alan Raspin	01:17:33	45 - 49	18	M	103	Hyde Village Striders
226	154	Suzanne Hemsley	01:17:53	70+	1	F	123	Team Hemsley
227	249	Gillian Pearson	01:18:05	65 - 69	3	F	124	Steel city striders
228	31	Sarah Boylan	01:18:32	30 - 34	8	F	125	Ackworth road runners
229	282	Helen Smith	01:18:41	40 - 44	26	F	126	Steel City Striders RC
230	1	Richard Adams	01:18:41	35 - 39	10	M	104	Steel city striders
231	225	Hayley Moore	01:18:42	30 - 34	9	F	127	Steel city striders
232	161	Sarah Howson	01:18:44	45 - 49	31	F	128	Steel city striders
233	283	Rosie Smith	01:18:46	35 - 39	14	F	129	Steel city striders
234	99	Dave Fernandez	01:18:55	50 - 54	19	M	105	
235	41	Christine Cary	01:19:13	45 - 49	32	F	130	
235	242	Helen Padget-smith	01:19:13	40 - 44	27	F	130	
237	26	Danielle Blackwood	01:19:14	35 - 39	15	F	132	Fitmums and Friends
238	207	Nick Marsden	01:19:41	50 - 54	20	M	106	Fordy Runs
239	265	David Robinson	01:19:43	35 - 39	11	M	107	Robbos reindeers
240	344	Katharine Wheatcroft	01:19:46	45 - 49	33	F	133	Robbos reindeers
241	331	Sally Walker	01:19:48	45 - 49	34	F	134	Robbos reindeers
242	247	Joanna Park in	01:19:48	40 - 44	28	F	135	Robbos reindeers
243	60	Sarah Collier	01:19:50	50 - 54	19	F	136	Humber Tri
244	147	Helaine Hardy	01:19:53	50 - 54	20	F	137	N/A
245	180	Laura Jones	01:19:53	40 - 44	29	F	138	
246	169	Kathi Jacklin	01:19:58	50 - 54	21	F	139	
247	24	Emma Bird	01:20:00	50 - 54	22	F	140	Ackworth road runners
248	85	Christine Edwards	01:20:03	55 - 59	16	F	141	Scunthorpe and District
249	541	Sally Snowden	01:20:14	45 - 49	35	F	142	
250	218	Jenny Measures	01:20:17	30 - 34	10	F	143	
251	316	Emma Toulson	01:20:29	35 - 39	16	F	144	
252	103	Helen Fish	01:20:31	40 - 44	30	F	145	

Pos	Race No	Name	Time	Category	Cat Pos	Gender	Gen Pos	Club
253	19	Anna Batty	01:20:34	45 - 49	36	F	146	
254	236	Ian Old	01:20:40	60 - 64	9	M	108	
255	141	Christine Hall	01:20:43	65 - 69	4	F	147	Ackworth road runners
256	210	Helen Marshall	01:21:23	55 - 59	17	F	148	Kingstone Runners
257	14	Nicola Barnett	01:21:51	50 - 54	23	F	149	
258	56	Sarah Clayton	01:22:02	35 - 39	17	F	150	
259	299	Jill Staves	01:22:11	60 - 64	7	F	151	Doncaster AC
260	261	Diane Risley	01:22:11	55 - 59	18	F	152	Doncaster A C
261	176	Melanie Johnson	01:22:18	50 - 54	24	F	153	
262	50	Yvonne Clark	01:22:21	40 - 44	31	F	154	
263	128	Liz Gray	01:22:22	40 - 44	32	F	155	Humber triathletes
264	289	Ellie Sparrow	01:22:25	24 - 29	4	F	156	Humber triathletes
265	111	Rachael Francis	01:22:26	35 - 39	18	F	157	
266	230	Mark Moverley	01:22:45	60 - 64	10	M	109	Fitmums and Friends
267	90	Rebecca Eldon	01:22:48	35 - 39	19	F	158	
268	163	Zoe Hoy	01:22:50	45 - 49	37	F	159	Kippax Harriers
269	162	Graham Hoy	01:22:51	40 - 44	12	M	110	Kippax Harriers
270	100	Emma Fernandez	01:22:57	45 - 49	38	F	160	
271	134	Ivory Green-Lott	01:25:30	45 - 49	39	F	161	
272	357	Thomas Woodhead	01:25:31	50 - 54	21	M	111	
273	245	Alison Palmer	01:27:03	40 - 44	33	F	162	
274	246	Lindsay Palmer	01:27:04	45 - 49	19	M	112	
275	274	Ann Scott	01:27:43	55 - 59	19	F	163	
276	348	Shelley Williams	01:27:43	35 - 39	20	F	164	
277	159	Watie Hookway	01:27:44	35 - 39	21	F	165	
278	6	Julie Armstrong	01:28:23	50 - 54	25	F	166	Steel city striders
279	108	Amanda Fordham	01:28:47	40 - 44	34	F	167	Humber triathletes
280	40	Ali Carter	01:29:04	40 - 44	35	F	168	
281	244	Marie Palframan	01:29:06	40 - 44	36	F	169	Humber triathletes
282	171	Nicola Jefferies	01:30:02	45 - 49	40	F	170	
283	79	Katy Dennis	01:30:17	45 - 49	41	F	171	
284	18	Rachel Barton	01:30:31	35 - 39	22	F	172	Notts Women Runners
285	201	Clare Longstaff	01:30:31	40 - 44	37	F	173	Wine O Clock Wanderer
286	286	Cheryl Snowden	01:30:31	45 - 49	42	F	174	Lonely Goats RC
287	338	Stephanie Warrilow	01:30:51	45 - 49	43	F	175	
288	257	Helen Rhodes	01:32:48	45 - 49	44	F	176	Scunthorpe and District running club
289	27	Jayne Booth	01:32:51	45 - 49	45	F	177	Scunthorpe and District running club
290	45	Bev Chesman	01:32:51	50 - 54	26	F	178	Scunthorpe and District running club
291	120	Paul Gillings	01:40:35	35 - 39	12	M	113	
292	167	Elizabeth Hull	01:49:51	50 - 54	27	F	179	Ackworth road runners
293	36	Vicky Burch	01:52:54	50 - 54	28	F	180	Ackworth road runners
294	347	Nicola Wilkinson	01:53:51	40 - 44	38	F	181	Robbos reindeers