

Race number	First name	Last name	Club/Team	Gender	Age	Your target 1 mile time!	Result	Adult wave
200	Luke	Stonehewer	Lincoln Wellington AC	Male	16	00:04:25	00:04:36	8
183	gary	Crompton	Scunthorpe and District	Male	34	00:04:40	00:04:39	8
198	Richard	Bugg		Male		00:04:50	00:04:40	8
182	Thomas	Christie	Scunthorpe & District AC	Male	17	00:04:50	00:04:51	8
190	Gavin	Mann	Scunthorpe & District AC	Male	41	00:04:50	00:04:52	8
196	Ryan	Morris		Male		00:05:00	00:04:53	8
197	Rob	Shoreson		Male	36	00:05:00	00:04:53	8
199	Richard	Spooner	Barnsley Harriers	Male	34	00:04:59	00:04:54	8
180	Peter	Badger	Doncaster AC	Male	43	00:04:55	00:04:56	8
185	Alex	Duckworth		Male	26	00:04:55	00:04:57	8
187	David	Hunter	Lincoln and District Runners	Male	37	00:05:00	00:04:58	8
173	Joseph	Wade	Dark Peak Fell Runners	Male	33	00:05:09	00:05:04	7
191	Jonny	McFaul	Goole Viking Striders	Male	29	00:05:00	00:05:06	8
193	Matthew	Preuss	Minnesota Distance Running Association	Male	34	00:04:55	00:05:07	8
164	Matthew	Isle	Scunthorpe & District A.C	Male	45	00:05:25	00:05:10	7
170	Lewis	Suddaby	N/a	Male	25	00:05:25	00:05:10	7
184	Oliver	Donkin	barton and district ac	Male	14	00:04:58	00:05:14	8
161	Aaron	Hill	Gainsborough & Morton Striders	Male	31	00:05:20	00:05:18	7
166	David	Mannion	Caistor Running Club	Male	39	00:05:20	00:05:20	7
172	Andrew	Teasdale	DAC	Male	24	00:05:30	00:05:23	7
186	Christopher	Duncan	Worksop Harriers & AC	Male	51	00:04:59	00:05:24	7
176	James	Williamson	Goole Viking Striders	Male	22	00:05:45	00:05:26	7
177	Jon	Wilson	City of Hull AC	Male	44	00:05:15	00:05:30	7
156	Steve	Barber	Askern	Male	40	00:05:15	00:05:31	7
157	Sam	Blackburn	Scunthorpe & District AC	Male	14	00:05:05	00:05:33	7
150	Jack	Smith		Male	16	00:06:30	00:05:34	6
175	kevin	williams		Male	37	00:05:45	00:05:36	7
171	Paul	taylor		Male	38	00:06:00	00:05:38	7
145	Adam	Parker	Barton & District AC	Male	30	00:06:00	00:05:39	6
121	Paddy	Larvin		Male	31	00:07:00	00:05:42	5
160	Darren	Hepworth	Scunthorpe & District AC	Male	47	00:05:50	00:05:42	7
165	Mike	Jackson	east hull harriers	Male	59	00:05:55	00:05:43	7
138	Adam	Elrakshy		Male	17	00:06:00	00:05:46	6
143	Jimmy	Mchugh		Male	41	00:06:30	00:05:47	6
142	Andrew	Marsh	Barton & District AC	Male	43	00:06:15	00:05:48	6
134	Robert	Bryce		Male	21	00:06:00	00:05:49	6
159	arron	crookes	Scunthorpe and District	Male	47	00:06:00	00:05:50	7
174	Jordan	Walker		Male	18	00:05:30	00:05:51	7
135	Mike	Catley	Lincsquad	Male	39	00:06:30	00:05:56	6
148	john	pritchett	East Hull Harriers	Male	50	00:06:10	00:05:56	6
108	simon	beedham	lincsquad	Male	23	00:07:00	00:05:57	5
152	Emma	Tune	Goole Viking Striders	Female	22	00:06:00	00:05:58	6
139	Dave	George	Barton and district ac	Male	35	00:06:00	00:05:58	6
113	nigel	dowse	Scunthorpe and district AC	Male	59	00:07:00	00:05:59	5
194	Jacob	Riby	Lincsquad	Male	13	00:04:58	00:06:02	8
132	Ash	Beasley	Barton & district AC	Male	32	00:06:15	00:06:03	6
128	Andrew	Tate	Beverley AC	Male	56	00:06:45	00:06:04	5
154	Liam	Wood		Male	44	00:06:30	00:06:06	6
136	Neil	Dowse	Scunthorpe & district	Male	55	00:06:30	00:06:08	6
147	Dave	Playforth	East Hull Harriers	Male	55	00:06:30	00:06:09	6
167	Karl	Rolstone	East Hull Harriers & AC	Male	38	00:05:59	00:06:09	7
168	Gemma	Scougal	Clowne Road Runners	Female	53	00:05:59	00:06:11	7
137	Olivia	Elrakshy	Scunthorpe and district ac	Female	15	00:06:00	00:06:14	6
149	Vic	SHIRLEY	Northern Masters	Male	75	00:06:10	00:06:16	6
153	Craig	Ward	Gainsborough & Morton Striders	Male	42	00:06:15	00:06:19	6
178	Shaz	Wood	Doncaster AC	Female	35	00:06:00	00:06:22	7
110	Andrew	Bowers		Male	39	00:07:00	00:06:24	5
133	Andrew	Bradwell		Male	46	00:06:30	00:06:24	6
122	Gordon	Palmer		Male	57	00:07:00	00:06:25	5
141	Daisy	Gladwin		Female	28	00:06:30	00:06:27	6
102	Kristian	Robson		Male	39	00:07:30	00:06:29	4
109	Hein	Bo	Scunthorpe & District AC	Male	33	00:07:00	00:06:30	5
115	Andrew	Greaves		Male	31	00:07:00	00:06:32	5
140	david	Gibbs	Lincsquad	Male	43	00:06:15	00:06:32	6
126	Gary	Spacey	Scunthorpe and District AC	Male	64	00:07:00	00:06:33	5
131	Heather	Whitaker	Goole Viking Striders	Female	31	00:06:50	00:06:33	5
92	Phil	Hills	Scunthorpe & district A.C	Male	42	00:07:45	00:06:39	4
112	Jayne	Dale	Beverley AC	Female	58	00:07:15	00:06:39	5
117	David	Hayden		Male	54	00:07:15	00:06:44	5
90	Zoe	Goude	None	Female	42	00:07:20	00:06:46	4
125	Neil	Rowbotham		Male	45	00:07:00	00:06:48	5
88	Wayne	Gammon		Male	57	00:08:00	00:06:49	4

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96	Rebecca	Linsdell		Female	40	00:07:20	00:06:56	4
99	Clifford	Middleton	Gainsborough and Morton Striders A.C.	Male	74	00:07:30	00:06:59	4
119	David	Howes	Barnsley Harriers	Male	36	00:06:59	00:07:00	5
89	Mal	Gilliatt	Doncaster BMX Racing	Male	50	00:07:30	00:07:01	4
78	Jonathan	Young		Male	50	00:09:00	00:07:02	3
100	Jane	Morley	Wolds vets RC	Female	66	00:07:25	00:07:05	4
93	Lucy	Hornsby	Scunthorpe & District AC	Female	33	00:08:30	00:07:06	4
118	Tony	Holder	Lincsquad	Male	43	00:07:00	00:07:08	5
101	Sarah	Richardson	Barton & District AC	Female	43	00:08:00	00:07:11	4
116	Clare	Hardwick	Gainsborough Morton Striders	Female	32	00:07:00	00:07:11	5
64	Jessica	Holder	Lincsquad	Female	14	00:09:00	00:07:12	3
94	Kristin	Hoset		Female	34	00:07:30	00:07:17	4
95	Liz	Lindstrom	Scunthorpe & District AC	Female	47	00:07:30	00:07:18	4
91	Claire	Hayden	Danum Harriers	Female	24	00:08:50	00:07:19	4
107	Michał	Świostek		Male	38	00:08:00	00:07:24	4
84	Donna	Croft	Barton and District AC	Female	35	00:08:00	00:07:26	4
60	paul	green	None	Male	52	00:10:00	00:07:37	3
85	Claire Louise	Doherty	Barton and district	Female	45	00:08:15	00:07:37	4
58	Wayne	Greaves		Male	48	00:09:00	00:07:42	3
49	Jack	Bradbury		Female	19	00:09:00	00:07:43	3
86	Dawn	Donald	Run Mummy Run	Female	39	00:08:30	00:07:43	4
82	Gemma	Catley		Female	39	00:07:50	00:07:46	4
103	Eleanor	Rogerson		Female	41	00:08:30	00:07:55	4
77	nicola	williams		Female	37	00:09:30	00:07:57	3
80	Hayley	Bowers		Female	45	00:08:30	00:08:05	4
66	Sheila	Kerr	Scunthorpe & District A.C.	Female	58	00:09:30	00:08:11	3
76	Darren	Waring		Male	50	00:09:00	00:08:16	3
50	Caitlin	Bradwell		Female	14	00:10:00	00:08:17	3
69	Sheila	Maddison	East Hull Harriers	Female	56	00:09:30	00:08:18	3
81	Debbie	Bradwell		Female	42	00:08:30	00:08:21	4
65	Peter	Kearsley		Male	59	00:09:00	00:08:24	3
97	Leah	Maddison	Caistor Running Club	Female	34	00:08:45	00:08:28	4
52	Carol	Cooke	East Hull Harriers	Female	58	00:09:40	00:08:31	3
57	Ruth	George	Barton and district ac	Female	35	00:09:30	00:08:31	3
73	Victoria	Thomson-Frow		Female	41	00:10:00	00:08:34	3
106	Mark	Stockdale	Scunthorpe & District	Male	48	00:08:00	00:08:37	4
83	Helen	Cox		Male	56	00:08:55	00:08:41	3
79	Ken	Barber	Askern drc	Male	64	00:08:00	00:08:45	4
63	Martina	Hodgson	Barton & District AC	Female	39	00:09:00	00:08:47	3
51	Janice	Clipson	Barton & District Athletics Club	Female	61	00:10:00	00:09:15	3
72	Anita	Swiostek		Female	17	00:10:00	00:09:28	3
43	Jenna	Allinson		Female	33	00:12:00	00:09:32	3
48	Tracey	Bradbury		Female	46	00:12:00	00:09:37	3
44	Jen	Barber	Askern drc	Female	62	00:10:00	00:09:40	3
55	Christine	Fowler		Female	61	00:15:00	00:09:46	3
59	Sarah	Green		Female	35	00:11:00	00:10:02	3
68	Tammy	Lowe		Female	49	00:10:00	00:10:04	3
61	Naomi	Grierson		Female	30	00:10:00	00:11:05	3
45	louise	beedham	lincsquad	Female	20	00:20:00	00:15:36	3
46	tracey	beedham		Female	49	00:20:00	00:15:36	3
47	rebecca	bowen	lincsquad	Female	38	00:10:00	DNS	3
53	natalie	cowell		Female	34	00:12:30	DNS	3
54	John	Ellis		Male	57	00:09:00	DNS	3
56	Sarah	Freear	Scunthorpe & District AC	Female	49	00:09:30	DNS	3
62	Samantha	Helmick		Female	29	00:10:00	DNS	3
67	Rebekkah	Lloyd-Williams		Female	22	00:10:00	DNS	3
70	Rebecca	Robinson		Female	37	00:13:00	DNS	3
71	David Roy	Scott	Barton & District	Male	75	00:11:00	DNS	3
74	Katie	Thornton		Female	30	00:09:00	DNS	3
75	Michael	Thornton		Male	33	00:09:00	DNS	3
87	nicholas	dunn		Male	56	00:07:45	DNS	4
98	Sarah	Mcinnis	Scunthorpe and district Ac	Female	42	00:07:45	DNS	4
104	Natasha	Salah		Female	13	00:08:00	DNS	4
105	Hannah	Salah		Female	41	00:08:00	DNS	4
111	Shaun	Boyle	Gainsborough & Morton Striders	Male	48	00:07:00	DNS	5
114	Christopher	Farmery		Male	28	00:07:10	DNS	5
120	George	Hunt		Male	22	00:07:00	DNS	5
123	Abigail	Pearson	Scunthorpe and district	Female	37	00:07:00	DNS	5
124	Darren	Reevell	Pocklington Runners	Male	50	00:06:59	DNS	5
127	David	Sweeting	Gainsborough & Morton striders	Male	38	00:06:40	DNS	5
129	john Ernest	Torn	Alf Tupper Appreciation!	Male	68	00:07:00	DNS	5
130	Gemma	Wadd		Female	36	00:07:15	DNS	5

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144	Alexander	Merrills	None	Male	22	00:06:00	DNS	6
146	Glenn	Peniston	Gainsborough and Morton Striders	Male	47	00:06:30	DNS	6
151	Sam	Smith		Male	29	00:06:30	DNS	6
155	Shaun	Atkinson	Easthull harriers	Male	38	00:06:00	DNS	7
158	Mick	Casey	Barnsley AC	Male	71	00:06:00	DNS	7
162	Mollie	Holehouse	Bridlington Road Runners	Female	24	00:05:50	DNS	7
163	Dean	Houlton	Grantham AC	Male	53	00:05:50	DNS	7
169	MARK	SPIKINGS	city of hull AC	Male	32	00:05:30	DNS	7
179	Nathan	Addlesee	Lincoln and District	Male	27	00:05:00	DNS	8
181	Robbie	Bell		Male	23	00:04:59	DNS	8
188	Matthew	Huteson	Gainsborough & Morton Striders	Male	27	00:05:00	DNS	8
189	Paul	Legard		Male	33	00:04:59	DNS	8
192	Rob	Payne	Caistor RC	Male	29	00:04:40	DNS	8
195	Antony	Robinson	West Norfolk AC	Male	33	00:04:55	DNS	8