



THE Brigg 10k Poppy Run & Military Challenge VIRTUAL EVENT, Information Pack 2021!

Hi everyone, this is the information pack for those choosing to join us virtually for 2021 . . .(if you're joining us for the event on the day then go check out the other info pack!)

Your 'virtual' support means we can support the Royal British Legion even more, and means you can join us if you can't make the day or just fancy doing your own thing :)

This pack aims to explain what happens, how everything works, and hopefully, you can then go off and run an amazing 10k in support of the Royal British Legion :)





What's the challenge ?

- a) Join us on October 31st (virtually), and complete your 10k (this option is great fun for those on social media, as we have lots of activity going on during event weekend!) This can be the 10k as a run, or as the military challenge, wearing boots and carrying a backpack weighing 36lbs (16.3 kgs) for men and 24lbs (10.9 kgs) for women.
- b) Complete the distance by midnight on November the 2nd. It doesn't have to be all in one go either; you can complete the distance over several sessions :-)

RESULTS

Send us your results here:

<https://etchrock.com/leaderboard/copy-of-brigg-poppy-10k-military-challenge-2021>
.... When you visit the this link you can either;

- a) Choose 'honesty result' ... perfect if you don't track your running. You will appear on the results on our website, but you won't be 'ranked' in the final results. (Nb: virtual results will appear separately from the main event)
- b) Choose 'evidence based result' ... This requires you to provide a link of your activity from the fitness device that you used (Strava, Garmin, Fitbit, Endomondo etc.) You can also upload a picture of your run if your technology is not having a good day!

More details on the process is here: <https://etchrock.zendesk.com/hc/en-us/articles/360011213578-Participant-Submitting-evidence-for-a-virtual-event->

RESULT tips

- If something has gone wrong, then use this form to get in touch so we can help; <https://curlysathletes.co.uk/results#49538bed-4d75-4f72-a1b0-13aec5668ccd>
- RUN THE DISTANCE, we don't mind you doing it in stages. If you do this then please submit as a honesty result. If you run further, be sure to send us the time for 10k of your run vs a marathon :)
- DON'T BE LATE, last day for results to be submitted is the 8th of November
- When entering your time it is hour first, then minute, then seconds so 45 minutes and 10 seconds would be 00:45:00



When will I receive my medal (and other items)?

Your medals will be sent out after the week after the main event day. If you've ordered a t-shirt, beanie or pin badge, this will also be sent out at the same time :)

Where can I see the results?

The leaderboard can be found here: <https://etchrock.com/leaderboard/copy-of-brigg-poppy-10k-military-challenge-2021>

Once the event has finished (after the 9th of November) then they will appear finalised here: <https://curlysathletes.co.uk/results>

Can I order an event T- shirt, pin badge or Beanie?

Absolutely! When you purchase your virtual place, you will be given the option to buy when you sign up, it will allow you to select your quantity and size. We regret that we cannot post these out before the main event day, and any orders will be sent out with your medal. Profits go to support the charity :-)
[Find our event shop here](#)

Join in the fun!

Please tag us in your social media, post on our Facebook page, or in the event page on Facebook. Share pictures!!! We would love to help you celebrate your achievement and say thank you :)

FAQ's?

What if I don't run?

We will still send out your medal and any kit you've paid for, or we're giving you :)

Queries / Questions?

Please email us at contact@curlysathletes.co.uk with any further questions

Race numbers?

To help reduce waste we won't be posting out race numbers for the event (it's not normally something we do for virtual events) but have no fear... we've provided you with some self print race numbers :) just visit the following link, print and fill in your name or make up a number ! <https://curlysathletes.co.uk/brigg-10k-poppy-race#075cbf75-bedc-494e-8eef-994bc5a4dd08>

