Pos	Race No Name	Time	Category	Cat Pos Gender	Gen Pos Team
1	1014 Helen Hogg	00:24:39	45 - 49	1 Female	1 The Dog and Running Company
2	1138 Glyn Sparks	00:24:43	45 - 49	1 Male	1 Off the couch fitness
3	1006 Daniel Challenger	00:25:10	45 - 49	2 Male	2 Goole Viking Striders
4	1002 Paul Brewer	00:25:38	40 - 44	1 Male	3 Goole Viking Striders
5	1025 Sarah Parker	00:28:50	45 - 49	2 Female	2 Dog & Running Company
6	1020 Robert Mann	00:29:02	45 - 49	3 Male	4
7	1026 Garry Perkins	00:29:07	65 - 69	1 Male	5 WOLDS VETS
8	1024 Sharon Ombler	00:29:49	60 - 64	1 Female	3 Scunthorpe and district
9	1013 Antonia Hayes	00:30:14	Senior Female	1 Female	4
10	1030 Carole Rickells	00:30:23	60 - 64	2 Female	5 Broughton Runners
11	1011 Kayleigh Gray	00:30:52	35 - 39	1 Female	6
12	1001 Catherine Blythe	00:32:53	40 - 44	1 Female	7 Goole Viking Striders
13	1028 Roger Quarmby	00:35:02	45 - 49	4 Male	6
14	1010 Liz Drury	00:35:22	45 - 49	3 Female	8 Dog and Running Co
15	1009 Sarah Darker	00:36:31	35 - 39	2 Female	9 The Dog and Running Company
16	1017 Kelly Johnson	00:38:20	40 - 44	2 Female	10
17	1012 Kim Hall	00:38:20	45 - 49	4 Female	11
18	1004 Heather Buckby	00:38:22	Senior Female	2 Female	12 Alfie's Athletes
19	1033 Maureen Ward	00:39:35	65 - 69	1 Female	13
20	1018 Uschi Maddison	00:39:53	55 - 59	1 Female	14 Goole Viking Striders
21	1005 Sharon Bullivent	00:42:30	50 - 54	1 Female	15
22	1031 Caroline Roden-davies	00:42:56	70 - 74	1 Female	16
23	1015 Sarah Hoyle	00:44:20	45 - 49	5 Female	17
24	1034 Nicole Williams	00:46:35	60 - 64	3 Female	18
25	1016 Louise Jackson	00:46:38	50 - 54	2 Female	19
26	1032 Sheryl Stenning	00:50:38	55 - 59	2 Female	20 The Dog and Running Company
27	1027 MAUREEN PERKINS	00:52:12	60 - 64	4 Female	21
28	1021 Jane Maxfield	01:02:51	45 - 49	6 Female	22 Team Alfie