THE Brigg 10k Poppy Run & Military Challenge VIRTUAL EVENT, Information Pack!

Hi everyone

We're sorry the Brigg 10k has been cancelled for 2020… we were so looking forward to it :(

However thank you for choosing to join us virtually this year!

Your support means we can continue to financially support the Royal British Legion, and helps cover all of the kit we've purchased for the event. To say thank you (and because we don't want to profit out of the event) all those people who were entered into the physical event and are moving across to virtual, we're buying you a cake, plus an event specific quality beanie hat (design to follow). Perfect as the weather turns ! (if you previously just entered as virtual then you won't receive these items, but you will of course still receive your medal.)

This pack aims to explain what happens, how everything works, and hopefully, you can then go off and run an amazing 10k in support of the Royal British Legion :)

You can;

a) Join us on October 25th, and complete your 10k (virtually of course-this option is more fun for those on social media, as we have lots of activity going on during event weekend!) This can be the 10k as a run, or as the military challenge, wearing boots and carrying a backpack weighing 36lbs (16.3 kgs) for men and 24lbs (10.9 kgs) for women.

b) Complete the distance by midnight on November the 2nd. It doesn't have to be all in one go either; you can complete the distance over several sessions :-)

RESULTS

Send us your results here:

https://etchrock.com/leaderboard/brigg-poppy-10k-military-challenge…. When you visit the this link you can either;

a) Choose 'honesty result' … perfect if you don't track your running. You will appear on the results on our website, but you won't be eligible for prizes or 'ranked' in the final results.

b) Choose 'evidence based result'… This requires you to provide a link of your activity from the fitness device that you used (Strava, Garmin, Fitbit, Endomondo etc.) You can also upload a picture of your run if your technology is not having a good day!

More details on the process is here: https://etchrock.zendesk.com/hc/en-us/articles/360011213578-Participant-Submitting-evidence-for-a-virtual-event-

MILITARY CHALLENGE RESULTS!!!!

Please email barry@curlysathletes.co.uk if you have completed the event as the military challenge with a photo of your backpack and your result (ideally the evidence) :) … we're trusting you not to cheat with the weight !

RESULT tips

- If something has gone wrong, then use this form to get in touch so we can help; https://curlysathletes.co.uk/results#49538bed-4d75-4f72-a1b0-13aec5668ccd

- RUN THE DISTANCE, we don't mind you doing it in stages. If you do this then please submit as a honesty result. If you run further, be sure to send us the time for 10k of your run vs a marathon :)

- DON'T BE LATE, last day for results to be submitted is the 2nd of November

- When entering your time it is hour first, then minute, then seconds so 45 minutes and 10 seconds would be 00:45:00

When will I receive my medal (and other items)?

Ok, so for everyone who signed up initially to the virtual event, your medals will be sent out after the main event day on the 25th of October, so these should all be with you by the end of the week. If you've ordered a t-shirt or pin badge, this will also be sent out at the same time :)

For those who were due to run in the physical event, we're now working very hard on getting your gift kit produced (running beanie and cake bake). We should also have all these ready to send out the week after the event.

TELL US IF YOU'RE NOT MOVING TO VIRTUAL !!!!! (If you're staying with us you don't need to do anything)

So, if you were due to run in the physical event, then we need to know if you're wishing to transfer to a 2021 event, or require a refund by midnight Friday the 16th of October! You can do this yourself and we've sent out information on how... but if you're stuck please let us know.

What about prizes or trophies?

We're keeping the same prizes (or prize value) as the normal race. We may think a little more smartly, and try to get electronic prizes where possible (we annoy our local post office enough as it is ;))

YOU WILL ONLY BE ELIGIBLE IF YOU SUBMIT EVIDENCE BASED RESULTS (see above for how)

Prize categories; (roll down once 1,2,3 positions taken out)

First 1,2,3 male & female for the 10k

First Male & Female for military challenge (we will also like rucksack photo evidence!)

Where can I see the results?

The leaderboard can be found here (for all those who submit evidence): https://curlysathletes.co.uk/brigg-10k-poppy-race#a4bda80e-9a09-4b03-833e-7726b9103960

Our master results list (with everyone entered) can be found here (just scroll down- these are updated every 48 hours from the 25th of October to the 2nd of November.) After midnight on the 12th, we won't add anymore results we haven't received!) : https://curlysathletes.co.uk/brigg-10k-poppy-race#075cbf75-bedc-494e-8eef-994bc5a4dd08

Can I order an event T- shirt?

Absolutely! When you purchase your virtual place, you will be given the option to buy a T-shirt. If you click on the T shirt picture, it will allow you to select your quantity and size. We regret that we cannot post these out before race day, and any ordered will be sent out with your medal. All t-shirt profits go to support the charity :-) Find our event shop here

Join in the fun!

Please tag us in your social media, post on our Facebook page, or in the event page on Facebook. Share pictures (especially if you are completing the event as a military challenge)

FAQ's?

What if I don't run?

We will still send out your medal and any kit you've paid for, or we're giving you :)

Queries / Questions?

Please email us at contact@curlysathletes.co.uk with any further questions/ suggestions/ comments .

Have a brilliant (virtual) race!

Race numbers?

To help reduce waste we won't be posting out race numbers for the event (it's not normally something we do for virtual events) but have no fear… we've provided you with some self print race numbers :) just visit the following link, print and fill in your name or make up a number ! https://curlysathletes.co.uk/brigg-10k-poppy-race#075cbf75-bedc-494e-8eef-994bc5a4dd08