

Overall position	First name	Last name	Finish time	Gender	Age category	Your 400m swim time	Swim Leg Time	T1 Leg Time	Cycle Leg Time	T2 Leg Time	Run Leg Time	
	1	Ross	Mcgregor	01:03:16	Open	Overall Top 3	00:04:55	00:05:31	00:00:47	00:38:51	00:00:36	00:17:29
	2	Phillip	Roberts	01:05:29	Open	Overall Top 3	00:05:45	00:06:04	00:00:59	00:37:19	00:00:48	00:20:17
	3	Tom	Marshall	01:05:34	Open	Overall Top 3	00:06:00	00:06:37	00:00:51	00:39:51	00:00:45	00:17:29
	4	Iain	Shaw	01:08:16	Open	40-44	00:06:20	00:06:38	00:01:19	00:38:48	00:01:38	00:19:51
	5	Alex	Damms	01:08:20	Open	30-34	00:05:30	00:06:30	00:01:19	00:40:13	00:00:50	00:19:27
	6	Matthew	Silk	01:08:43	Open	45-49	00:06:45	00:07:51	00:01:09	00:37:43	00:01:21	00:20:36
	7	Joseph	Vickers	01:09:43	Open	20-24	00:05:45	00:06:06	00:01:23	00:41:30	00:00:57	00:19:44
	8	Ryan	Spall	01:10:06	Open	30-34	00:06:40	00:07:51	00:01:28	00:38:57	00:01:47	00:20:01
	9	Ben	Southgate	01:10:08	Open	20-24	00:05:45	00:06:34	00:01:20	00:38:24	00:00:46	00:23:01
	10	David	Edwards	01:11:14	Open	40-44	00:07:30	00:06:58	00:01:13	00:42:59	00:00:51	00:19:11
	11	Mark	Lee	01:11:19	Open	50-54	00:06:55	00:08:19	00:01:18	00:39:51	00:01:22	00:20:27
	12	Simon	Leek	01:12:00	Open	40-44	00:06:45	00:06:51	00:01:27	00:40:52	00:01:40	00:21:08
	13	Dan	Mason	01:12:33	Open	50-54	00:06:45	00:07:27	00:01:02	00:40:54	00:01:22	00:21:45
	14	Katie	Murphy	01:13:13	Female	Overall Top 3	00:05:45	00:05:59	00:01:31	00:43:25	00:01:01	00:21:14
	15	Ian	Usher	01:13:29	Open	40-44	00:06:30	00:08:41	00:01:13	00:43:01	00:01:38	00:18:54
	16	Thomas	Marshall	01:13:45	Open	30-34	00:07:45	00:08:09	00:01:13	00:44:53	00:01:47	00:17:41
	17	Chris	Store	01:14:05	Open	40-44	00:06:50	00:07:11	00:01:12	00:41:40	00:01:40	00:22:20
	18	Andrew	Parker	01:14:06	Open	55-59	00:06:05	00:06:56	00:01:08	00:42:01	00:01:02	00:22:58
	19	Ben	Chapman	01:14:09	Open	30-34	00:06:20	00:06:05	00:01:20	00:44:17	00:01:01	00:21:24
	20	Luke	Ormsby	01:14:42	Open	25-29	00:06:20	00:06:50	00:01:27	00:44:56	00:00:54	00:20:33
	21	Ryan	Mace	01:14:44	Open	50-54	00:06:40	00:07:03	00:01:36	00:41:36	00:01:09	00:23:18
	22	Brad	Starkey	01:14:58	Open	25-29	00:08:00	00:08:34	00:02:34	00:44:39	00:01:15	00:17:53
	23	Darren	Staples	01:15:00	Open	45-49	00:06:00	00:06:17	00:01:00	00:45:54	00:00:50	00:20:58
	24	Brad	Elliott	01:15:02	Open	25-29	00:07:00	00:08:03	00:01:50	00:43:23	00:01:23	00:20:21
	25	Joe	Hayden	01:15:34	Open	25-29	00:10:00	00:08:28	00:02:05	00:46:44	00:01:39	00:16:36
	26	Sam	Bailey	01:15:57	Open	25-29	00:13:10	00:09:35	00:01:43	00:45:00	00:00:58	00:18:40
	27	Richard	Gayton	01:16:22	Open	35-39	00:07:30	00:07:01	00:01:29	00:47:36	00:01:05	00:19:10
	28	John	Francis	01:16:38	Open	40-44	00:08:00	00:08:45	00:02:36	00:41:55	00:01:38	00:21:43
	29	Terence	Hopper	01:17:03	Open	40-44	00:07:10	00:08:29	00:01:22	00:42:59	00:01:40	00:22:31
	30	Lewis	Mckeever- Chapman	01:17:24	Open	30-34	00:07:00	00:07:15	00:02:05	00:45:12	00:02:01	00:20:49
	31	Matthew	Waters	01:17:27	Open	25-29	00:07:00	00:07:41	00:01:29	00:44:10	00:01:24	00:22:41
	32	Stephen	Chambers	01:17:36	Open	55-59	00:06:20	00:07:15	00:01:38	00:44:17	00:01:11	00:23:12
	33	Den	Lynch	01:17:51	Open	55-59	00:07:15	00:07:49	00:01:24	00:44:52	00:01:27	00:22:16
	34	Graham	Taylor	01:17:51	Open	35-39	00:07:42	00:07:50	00:02:00	00:43:56	00:01:23	00:22:40
	35	Anthony	Cude	01:17:55	Open	50-54	00:07:30	00:07:23	00:01:20	00:46:20	00:00:40	00:22:10
	36	Daniel	Evans	01:18:06	Open	30-34	00:04:50	00:05:14	00:01:18	00:49:44	00:00:54	00:20:53
	37	Steve	Smith	01:18:34	Open	55-59	00:08:30	00:08:59	00:01:46	00:45:19	00:01:16	00:21:13
	38	Michael	Connelly	01:18:35	Open	35-39	00:09:00	00:10:13	00:02:03	00:42:03	00:01:59	00:22:15
	39	Alasdair	Grierson	01:18:40	Open	20-24	00:06:30	00:06:56	00:01:20	00:49:32	00:01:33	00:19:17
	40	Alexander	Telfer	01:18:47	Open	60-64	00:07:00	00:07:27	00:01:22	00:43:33	00:02:00	00:24:23
	41	Jason	Perry	01:19:33	Open	45-49	00:07:00	00:07:54	00:01:28	00:45:09	00:01:21	00:23:38
	42	Freere	Buckland	01:19:39	Female	Overall Top 3	00:07:00	00:07:09	00:01:08	00:45:36	00:01:32	00:24:11
	43	Troy	Chalkley	01:19:54	Open	55-59	00:09:00	00:08:58	00:01:23	00:44:27	00:00:53	00:24:11
	44	Alex	Best	01:19:57	Open	45-49	00:08:00	00:12:40	00:01:54	00:41:40	00:01:21	00:22:20
	45	Gary	Martin	01:20:01	Open	50-54	00:07:30	00:08:03	00:01:52	00:45:23	00:00:57	00:23:43
	46	Ian	Pike	01:20:29	Open	55-59	00:08:30	00:09:48	00:02:11	00:43:15	00:01:10	00:24:03
	47	Claire	Jackson	01:20:35	Female	Overall Top 3	00:06:20	00:06:54	00:01:26	00:44:30	00:00:57	00:26:46
	48	Mat	Eyre	01:20:46	Open	50-54	00:09:00	00:09:56	00:02:01	00:44:49	00:01:34	00:22:24
	49	Rob	Milsom	01:20:47	Open	35-39	00:10:15	00:07:36	00:03:16	00:45:14	00:01:02	00:23:38
	50	Rob	King	01:20:49	Open	40-44	00:08:10	00:09:07	00:01:33	00:45:08	00:01:38	00:23:20
	51	Matthew	Johnson	01:20:51	Open	35-39	00:06:50	00:06:41	00:02:13	00:49:10	00:01:23	00:21:22
	52	Ricki	Clarke	01:21:11	Open	40-44	00:10:00	00:09:46	00:01:51	00:46:32	00:01:39	00:21:22
	53	Bruce	Wilson	01:21:15	Open	40-44	00:07:30	00:09:06	00:02:10	00:44:14	00:01:38	00:24:05
	54	John	Worthy	01:21:31	Open	40-44	00:07:00	00:06:54	00:02:31	00:49:40	00:01:40	00:20:44
	55	Kieron	Pole	01:21:48	Open	25-29	00:09:00	00:08:34	00:02:34	00:46:00	00:01:09	00:23:30
	56	Harry	Roberts	01:22:08	Open	35-39	00:08:30	00:08:23	00:01:20	00:50:56	00:01:40	00:19:48
	57	Josh	Tinker	01:22:15	Open	30-34	00:06:30	00:06:50	00:01:26	00:49:41	00:01:05	00:23:11
	58	Ben	Hamilton	01:22:17	Open	25-29	00:13:10	00:09:56	00:01:31	00:49:17	00:00:48	00:20:43
	59	Daniel	Hayden	01:22:27	Open	20-24	00:09:00	00:08:38	00:02:30	00:50:40	00:01:08	00:19:29
	60	Nick	Goodwin	01:22:30	Open	35-39	00:07:20	00:06:27	00:03:01	00:48:10	00:01:23	00:23:26
	61	Jessika	Pearson	01:22:38	Female	20-24	00:08:00	00:08:06	00:01:46	00:49:47	00:01:11	00:21:47
	62	John	Dainty	01:22:48	Open	50-54	00:06:50	00:07:19	00:01:39	00:46:07	00:01:22	00:26:18
	63	Nathan	Wells	01:23:04	Open	25-29	00:06:20	00:05:37	00:02:16	00:47:35	00:01:27	00:26:07
	64	Kate	Simons	01:23:11	Female	45-49	00:07:50	00:09:06	00:00:58	00:46:43	00:01:11	00:25:11
	65	Phil	Steele	01:23:11	Open	35-39	00:08:25	00:11:14	00:02:52	00:46:24	00:01:22	00:21:17
	66	Jacob	Lawson	01:23:12	Open	25-29	00:08:30	00:08:29	00:01:51	00:50:21	00:01:07	00:21:21
	67	Oilly	Thomas	01:23:35	Open	25-29	00:09:00	00:07:17	00:02:19	00:52:04	00:01:54	00:19:58
	68	Andrew	Clark	01:23:39	Open	55-59	00:07:30	00:08:01	00:01:06	00:45:52	00:01:03	00:27:34
	69	Jill	Speight	01:23:41	Female	60-64	00:08:53	00:09:03	00:01:23	00:44:31	00:01:11	00:27:31
	70	Charlie	Thomas	01:23:45	Open	35-39	00:08:30	00:08:38	00:02:29	00:47:12	00:01:32	00:23:52
	71	Lucy	Cook	01:23:51	Female	35-39	00:07:30	00:08:00	00:01:39	00:48:25	00:01:01	00:24:44
	72	Arron	Gaunt	01:24:04	Open	35-39	00:08:30	00:10:06	00:02:04	00:48:12	00:01:26	00:22:14
	73	Nicholas	Dash	01:24:13	Open	40-44	00:08:00	00:07:34	00:02:07	00:47:38	00:01:38	00:25:14
	74	Wayne	Turner	01:24:18	Open	55-59	00:08:30	00:09:05	00:02:12	00:47:58	00:01:14	00:23:47
	75	Tiago	Lawrie	01:24:34	Open	25-29	00:06:00	00:06:04	00:01:35	00:54:35	00:00:45	00:21:33
	76	Abi	Tinker	01:24:35	Female	30-34	00:06:30	00:06:41	00:01:18	00:48:49	00:00:59	00:26:46
	77	Molly	Southgate	01:24:36	Female	20-24	00:07:15	00:08:43	00:01:35	00:50:22	00:01:16	00:22:37
	78	Stuart	Bartholomew	01:24:45	Open	45-49	00:08:00	00:09:21	00:02:39	00:48:32	00:01:57	00:22:14
	79	Jennifer	Russell	01:24:50	Female	45-49	00:07:00	00:07:48	00:01:19	00:48:33	00:01:32	00:25:36
	80	Andy	Bullimore	01:24:53	Open	60-64	00:07:30	00:08:28	00:01:05	00:48:00	00:01:10	00:26:08
	81	Alistair	Cropper	01:25:08	Open	65-69	00:07:59	00:08:44	00:01:48	00:47:07	00:01:54	00:25:33
	82	Matthew	Gregory	01:25:18	Open	40-44	00:15:00	00:09:37	00:01:27	00:46:36	00:01:55	00:25:41
	83	Jane	Woods	01:25:22	Female	45-49	00:08:00	00:08:05	00:01:55	00:49:20	00:01:11	00:24:48
	84	Lucy	Housman	01:25:25	Female	20-24	00:06:30	00:06:53	00:01:27	00:53:56	00:00:44	00:22:23
	85	Molly	Pacey	01:25:28	Female	30-34	00:08:00	00:08:31	00:03:11	00:46:00	00:01:11	00:26:33
	86	Mark	Stephenson	01:25:29	Open	40-44	00:08:00	00:09:13	00:02:21	00:47:57	00:01:38	00:24:19
	87	David John	Foster	01:25:30	Open	55-59	00:06:30	00:07:12	00:01:17	00:48:08	00:01:15	00:27:35
	88	Darren	Dawson	01:25:38	Open	50-54	00:13:00	00:13:59	00:02:31	00:52:16	00:01:37	00:15:13
	89	Sharon	Clee	01:25:40	Female	45-49	00:07:20	00:08:15	00:01:42	00:51:22	00:00:00	00:24:19
	90	Lewis	Hyde	01:25:40	Open	25-29	00:08:00	00:07:57	00:02:21	00:49:07	00:01:22	00:24:51
	91	Josh	Clarke									

Overall position	First name	Last name	Finish time	Gender	Age category	Your 400m swim time	Swim Leg Time	T1 Leg Time	Cycle Leg Time	T2 Leg Time	Run Leg Time
113	Madeleine	Rush	01:27:08	Female	20-24	00:08:30	00:10:09	00:02:34	00:52:00	00:01:33	00:20:50
114	Colin	Thompson	01:27:10	Open	60-64	00:08:00	00:09:04	00:01:04	00:48:44	00:02:00	00:26:15
115	Luke	Pitchfork	01:27:28	Open	30-34	00:09:00	00:09:10	00:02:15	00:49:15	00:02:00	00:24:46
116	Andy	Phillips	01:27:34	Open	45-49	00:08:40	00:10:04	00:02:18	00:48:13	00:01:30	00:25:26
117	Deb	Daly	01:27:38	Female	55-59	00:07:30	00:07:59	00:01:54	00:50:13	00:01:22	00:26:09
118	Michael	Hanson	01:27:41	Open	55-59	00:08:30	00:09:14	00:02:05	00:46:55	00:01:27	00:27:59
119	Katrina	Alder	01:27:46	Female	35-39	00:05:45	00:05:50	00:01:55	00:52:06	00:00:53	00:27:01
120	Becky	Longworth	01:27:46	Female	45-49	00:07:20	00:08:19	00:01:52	00:49:07	00:01:32	00:26:53
121	Craig	Scott	01:27:49	Open	60-64	00:10:00	00:11:28	00:02:36	00:49:45	00:01:27	00:22:32
122	Ian	Mcbride	01:27:55	Open	45-49	00:08:00	00:10:21	00:03:44	00:47:21	00:01:21	00:25:04
123	Jack	Thomton	01:27:56	Open	25-29	00:07:30	00:09:14	00:01:52	00:53:55	00:01:24	00:21:29
124	Mark	Raimondo	01:27:58	Open	45-49	00:09:00	00:08:43	00:01:49	00:50:43	00:00:57	00:25:44
125	Mark	Pincott	01:28:03	Open	60-64	00:06:30	00:06:45	00:02:18	00:50:01	00:01:07	00:27:50
126	Pamela	Dutton	01:28:08	Female	65-69	00:07:15	00:08:24	00:01:28	00:50:57	00:01:41	00:25:36
127	Andy	Blackburn	01:28:11	Open	55-59	00:08:00	00:09:04	00:01:33	00:47:20	00:01:27	00:28:44
128	James	Holland	01:28:14	Open	40-44	00:11:00	00:10:27	00:03:39	00:48:38	00:01:52	00:23:36
129	Greg	Mussell	01:28:28	Open	30-34	00:07:45	00:08:17	00:02:15	00:44:32	00:02:01	00:31:20
130	Eddie	Woollock	01:28:29	Open	50-54	00:08:40	00:09:40	00:02:22	00:44:25	00:02:33	00:29:26
131	Arthur	Jackson	01:28:32	Open	20-24	00:07:30	00:07:23	00:01:11	00:51:26	00:01:31	00:26:59
132	Zoe	Strong	01:28:33	Female	40-44	00:07:28	00:08:00	00:01:34	00:53:18	00:01:33	00:24:05
133	Nick	Mowbray	01:28:33	Open	50-54	00:10:00	00:10:09	00:02:42	00:48:16	00:01:19	00:26:05
134	Anthony	Brewster	01:28:38	Open	50-54	00:09:00	00:07:34	00:02:22	00:50:55	00:01:43	00:26:01
135	Anna	Warner	01:28:47	Female	35-39	00:07:45	00:08:14	00:02:16	00:50:43	00:01:56	00:25:36
136	Eiry	Jones	01:28:50	Female	25-29	00:05:40	00:06:16	00:02:39	00:54:19	00:00:47	00:24:47
137	Harry	Spink	01:28:50	Open	17-19	00:10:00	00:09:26	00:01:51	00:52:54	00:02:10	00:22:28
138	Nancy	Tillett	01:28:53	Female	30-34	00:08:00	00:09:32	00:01:59	00:51:50	00:01:16	00:24:14
139	Harry	Vickers	01:28:53	Open	25-29	00:11:30	00:08:35	00:01:52	00:55:17	00:01:40	00:21:28
140	David	Blanchard	01:29:06	Open	50-54	00:08:00	00:08:15	00:02:36	00:48:30	00:01:23	00:28:19
141	Ben	Price	01:29:11	Open	17-19	00:06:00	00:06:38	00:01:55	00:49:10	00:01:15	00:30:11
142	Luke	McLachlan	01:29:13	Open	35-39	00:10:15	00:08:11	00:03:06	00:49:45	00:01:21	00:26:48
143	Phil	Jordan	01:29:13	Open	45-49	00:09:00	00:10:44	00:01:45	00:50:50	00:02:00	00:23:51
144	Georgina	Clark	01:29:14	Female	50-54	00:09:20	00:09:50	00:01:23	00:50:43	00:01:01	00:26:16
145	Katie	Brenthall	01:29:17	Female	25-29	00:07:10	00:09:10	00:03:11	00:52:53	00:01:44	00:22:18
146	Emily	Page	01:29:22	Female	20-24	00:07:30	00:07:27	00:01:30	00:53:45	00:01:21	00:25:17
147	Gemma	Scott	01:29:33	Female	40-44	00:07:45	00:10:17	00:02:07	00:51:52	00:01:33	00:23:42
148	Mandy	Holah	01:29:42	Female	55-59	00:09:20	00:09:33	00:01:44	00:48:52	00:01:15	00:28:17
149	Paul	Taylor	01:29:44	Open	40-44	00:08:00	00:08:52	00:02:37	00:48:48	00:01:38	00:27:48
150	John	Edwards	01:29:50	Open	55-59	00:07:50	00:09:11	00:01:41	00:51:02	00:01:27	00:26:26
151	Olivia	Wallace	01:29:51	Female	25-29	00:05:20	00:06:25	00:01:51	00:51:13	00:01:09	00:29:11
152	Chris	Toll	01:29:51	Open	60-64	00:08:10	00:09:01	00:01:54	00:50:42	00:02:00	00:26:11
153	Matthew	Patterson	01:29:52	Open	55-59	00:10:00	00:09:47	00:01:45	00:51:26	00:01:39	00:25:12
154	Phillip	Jackson	01:29:56	Open	65-69	00:09:30	00:10:11	00:01:26	00:50:24	00:01:24	00:26:29
155	Paul	Rymer	01:29:59	Open	55-59	00:12:00	00:11:20	00:02:06	00:48:09	00:02:07	00:26:16
156	Matthew	McKee	01:30:10	Open	50-54	00:10:00	00:10:20	00:01:43	00:51:41	00:01:18	00:25:06
157	Andrew	Armer	01:30:11	Open	50-54	00:12:00	00:08:48	00:02:24	00:51:36	00:01:36	00:25:45
158	Rowena	Burgess	01:30:18	Female	40-44	00:08:40	00:09:40	00:01:57	00:52:32	00:01:18	00:24:49
159	Pete	Cox	01:30:20	Open	65-69	00:08:30	00:09:49	00:02:10	00:52:00	00:01:54	00:24:26
160	Anthony	Spiers	01:30:22	Open	55-59	00:11:00	00:10:33	00:02:00	00:49:30	00:01:40	00:26:38
161	Paul	Aubrey	01:30:24	Open	55-59	00:07:59	00:09:34	00:01:31	00:48:18	00:01:27	00:29:31
162	Gary	Thomson	01:30:25	Open	35-39	00:08:30	00:08:26	00:03:46	00:52:51	00:00:53	00:24:28
163	Nicki	Shore	01:30:26	Female	55-59	00:09:40	00:09:43	00:02:11	00:48:08	00:01:32	00:28:51
164	Mike	Raven	01:30:26	Open	35-39	00:09:00	00:11:35	00:02:18	00:52:07	00:01:26	00:22:58
165	Greg	Gilbey	01:30:26	Open	55-59	00:09:40	00:09:58	00:01:59	00:48:02	00:01:33	00:28:53
166	Leon	Ambler	01:30:29	Open	25-29	00:15:00	00:09:03	00:02:03	00:52:10	00:01:20	00:25:50
167	Joanne	Waters	01:30:36	Female	50-54	00:10:20	00:08:54	00:02:28	00:52:27	00:00:34	00:26:11
168	Nick	Golding	01:30:38	Open	45-49	00:08:30	00:08:53	00:02:21	00:51:44	00:01:20	00:26:18
169	Ian	Sullivan	01:30:41	Open	35-39	00:09:00	00:08:21	00:01:55	00:51:47	00:01:59	00:26:36
170	Dedan	Evans	01:30:52	Open	25-29	00:07:25	00:07:04	00:02:17	00:51:48	00:01:24	00:28:16
171	Simon	Tofrik	01:31:03	Open	40-44	00:08:45	00:08:43	00:01:44	00:51:16	00:01:02	00:28:15
172	Carl	Smithson	01:31:06	Open	35-39	00:15:00	00:11:22	00:02:39	00:52:00	00:00:39	00:24:24
173	Russell	Bright	01:31:06	Open	55-59	00:08:30	00:08:49	00:01:59	00:49:58	00:01:34	00:28:44
174	Nick	Dutton	01:31:07	Open	55-59	00:10:10	00:10:29	00:03:09	00:56:58	00:01:31	00:18:59
175	Michael	Cottingham	01:31:08	Open	55-59	00:09:00	00:09:54	00:02:09	00:53:09	00:01:21	00:24:33
176	Christopher	Troop	01:31:41	Open	65-69	00:08:30	00:09:10	00:01:36	00:47:49	00:01:27	00:31:36
177	Ellie	Flinton	01:31:54	Female	30-34	00:09:30	00:09:48	00:02:35	00:51:22	00:01:31	00:26:37
178	William	Hill	01:31:56	Open	55-59	00:08:15	00:08:45	00:01:41	00:53:12	00:01:27	00:26:48
179	Emma	Smith	01:32:08	Female	30-34	00:07:30	00:08:19	00:03:27	00:51:34	00:01:38	00:27:08
180	Robert	Edlin	01:32:09	Open	30-34	00:08:00	00:08:54	00:02:12	00:54:56	00:02:01	00:24:04
181	Glen	Cookson	01:32:10	Open	40-44	00:10:30	00:10:06	00:02:18	00:52:13	00:01:20	00:26:10
182	Matthew	Sargeant	01:32:13	Open	35-39	00:09:30	00:09:24	00:02:26	00:49:01	00:01:34	00:29:46
183	Isaac	Spiers	01:32:15	Open	17-19	00:08:45	00:08:13	00:01:40	00:58:17	00:01:34	00:22:29
184	Jaume	Escoriza	01:32:20	Open	50-54	00:09:02	00:08:46	00:02:18	00:50:46	00:00:48	00:29:40
185	Larissa	Vickers	01:32:22	Female	20-24	00:09:00	00:08:46	00:02:12	00:52:46	00:01:43	00:26:53
186	Nathan	Speight	01:32:22	Open	30-34	00:08:00	00:09:59	00:02:57	00:49:02	00:02:01	00:28:20
187	Sam	Harvey-Owen	01:32:27	Open	35-39	00:10:00	00:09:11	00:02:44	00:53:55	00:01:39	00:24:56
188	Sarah	West	01:32:27	Female	50-54	00:08:30	00:08:43	00:01:36	00:53:31	00:01:08	00:27:26
189	Kai	Marshall	01:32:27	Open	20-24	00:10:00	00:09:18	00:02:27	00:54:58	00:00:48	00:24:53
190	Sue	Thomas	01:32:31	Female	50-54	00:15:00	00:13:05	00:02:53	00:57:28	00:00:58	00:18:05
191	Kevin	Hyde	01:32:32	Open	60-64	00:10:40	00:11:25	00:02:57	00:51:24	00:01:33	00:25:10
192	Rebecca	Ennals	01:32:33	Female	30-34	00:09:00	00:09:22	00:02:27	00:55:11	00:00:49	00:24:42
193	Amy	Chambers	01:32:33	Female	45-49	00:07:20	00:08:08	00:02:08	00:49:41	00:01:32	00:31:01
194	Catherine	Turner	01:32:35	Female	50-54	00:07:20	00:07:26	00:01:30	00:56:43	00:01:39	00:25:15
195	Claire	Draper	01:32:37	Female	40-44	00:07:30	00:08:38	00:01:54	00:53:47	00:01:33	00:26:43
196	Sara	Richards	01:32:43	Female	55-59	00:09:00	00:11:12	00:01:49	00:50:05	00:01:30	00:28:04
197	Rebecca	Bacon	01:32:47	Female	40-44	00:13:00	00:09:32	00:01:58	00:58:06	00:00:50	00:22:19
198	Katie	Goy	01:32:52	Female	40-44	00:06:50	00:07:31	00:01:48	00:53:42	00:01:26	00:28:22
199	Dean	Poppy	01:32:53	Open	55-59	00:09:00	00:09:02	00:01:38	00:48:00	00:00:59	00:33:12
200	Lauren	Pike	01:32:53	Female	30-34	00:12:00	00:11:47	00:01:26	00:51:19	00:01:40	00:26:40
201	Piers	Thorley	01:32:58	Open	25-29	00:07:30	00:07:47	00:02:48	00:52:08	00:01:58	00:28:15
202	Kealy	Robinson	01:32:59	Female	25-29	00:08:30	00:11:20	00:01:56	00:51:39	00:01:14	00:26:48
203	Harry	Hinkley	01:33:08	Open	30-34	00:07:45	00:08:45	00:03:26	00:53:11	00:01:31	00:26:14
204	Jonathan	Piper	01:33:09	Open	45-49	00:08:00	00:08:21	00:02:18	00:52:47	00:01:21	00:28:19
205	Christopher	Fitz									

Overall position	First name	Last name	Finish time	Gender	Age category	Your 400m swim time	Swim Leg Time	T1 Leg Time	Cycle Leg Time	T2 Leg Time	Run Leg Time
226	Mel	Wheeler	01:35:04	Female	55-59	00:09:30	00:10:17	00:01:21	00:53:50	00:00:58	00:28:37
227	William	Gadd	01:35:13	Open	25-29	00:09:30	00:08:32	00:01:44	00:55:39	00:01:00	00:28:16
228	Megan	Hillas-Smith	01:35:15	Female	20-24	00:09:00	00:07:08	00:03:22	00:54:17	00:00:40	00:29:46
229	Alexandre	Rey	01:35:21	Open	30-34	00:11:00	00:08:56	00:02:39	00:56:00	00:02:37	00:25:07
230	Marlyn	Fox	01:35:21	Open	35-39	00:14:00	00:10:02	00:02:53	00:57:42	00:01:22	00:23:21
231	Clinton	Sherratt	01:35:26	Open	50-54	00:12:30	00:10:35	00:02:24	00:55:27	00:00:34	00:26:24
232	Harry	Cowles	01:35:33	Open	35-39	00:12:00	00:11:18	00:02:17	00:50:04	00:01:30	00:30:23
233	James	Griffin	01:35:38	Open	50-54	00:09:00	00:09:09	00:02:23	00:58:46	00:00:55	00:24:23
234	Katie	Johnson	01:35:41	Female	25-29	00:09:30	00:09:54	00:02:59	00:55:26	00:01:09	00:26:10
235	Sonja	Shakespeare	01:35:44	Female	45-49	00:08:50	00:09:37	00:02:09	00:52:50	00:01:02	00:30:03
236	Nicki	Fenton	01:35:45	Female	55-59	00:07:45	00:08:03	00:01:29	00:57:39	00:00:45	00:27:48
237	Aimee	Man	01:35:45	Female	25-29	00:10:00	00:10:07	00:04:21	00:55:12	00:02:10	00:23:54
238	Emma	Mitchell	01:35:49	Female	35-39	00:07:00	00:08:34	00:01:59	00:56:20	00:01:52	00:27:03
239	Elizabeth	Robinson	01:35:52	Female	35-39	00:10:00	00:09:34	00:02:41	00:53:29	00:01:54	00:28:11
240	Daniel	Goy	01:35:56	Open	40-44	00:07:20	00:08:03	00:02:14	00:54:45	00:01:40	00:29:12
241	Chloe	Warrener	01:35:59	Female	25-29	00:06:45	00:07:25	00:01:45	00:54:36	00:00:45	00:31:25
242	Mike	Edenbrow	01:36:07	Open	50-54	00:10:00	00:11:00	00:03:02	00:53:03	00:01:33	00:27:27
243	Malcolm	Harris	01:36:09	Open	70+	00:10:00	00:13:03	00:01:48	00:52:51	00:01:09	00:27:17
244	Mark	Jackson	01:36:10	Female	50-54	00:08:00	00:10:48	00:03:29	00:57:39	00:01:39	00:22:34
245	Claire	Hewitt	01:36:19	Female	50-54	00:08:30	00:08:25	00:02:12	00:54:58	00:01:33	00:29:08
246	Sylvia	Parkinson	01:36:21	Female	40-44	00:11:00	00:11:59	00:02:17	00:58:10	00:01:56	00:21:58
247	Andrew	Birchall	01:36:28	Open	40-44	00:08:00	00:08:20	00:01:50	00:52:21	00:01:38	00:32:17
248	John	Atkinson	01:36:30	Open	40-44	00:07:45	00:08:38	00:02:43	00:55:06	00:01:11	00:28:50
249	Helen	Pavey	01:36:32	Female	55-59	00:10:00	00:11:17	00:01:37	00:57:46	00:01:38	00:24:13
250	Jordan	Hedgecock	01:36:45	Open	25-29	00:10:30	00:09:43	00:02:21	00:56:35	00:01:55	00:26:08
251	Martin	Perry	01:36:51	Open	40-44	00:10:00	00:10:14	00:02:22	00:53:01	00:01:31	00:29:42
252	James	Cole	01:36:54	Open	40-44	00:08:00	00:11:12	00:03:22	00:53:53	00:01:38	00:26:48
253	Ben	Turner	01:36:57	Open	17-19	00:10:00	00:09:55	00:02:41	00:54:32	00:01:02	00:28:46
254	Liz	Taylor	01:37:04	Female	55-59	00:15:00	00:10:48	00:03:21	00:55:04	00:00:46	00:27:04
255	Richard	Hawksley	01:37:15	Open	50-54	00:08:15	00:09:08	00:02:06	00:58:12	00:01:22	00:26:24
256	Adam	Patrick	01:37:22	Open	40-44	00:08:00	00:11:10	00:02:20	00:53:01	00:01:38	00:29:11
257	Clare	Millard	01:37:25	Female	45-49	00:08:55	00:09:23	00:02:06	00:57:34	00:01:14	00:27:06
258	Jasmine	Kent	01:37:28	Female	30-34	00:07:45	00:07:52	00:02:48	00:54:17	00:01:21	00:31:07
259	Lily	Wilson	01:37:32	Female	25-29	00:09:00	00:09:27	00:03:20	00:55:45	00:03:27	00:25:31
260	Richard	Patrick	01:37:36	Open	60-64	00:09:30	00:09:59	00:02:40	00:49:36	00:02:27	00:32:53
261	Kat	Richardson	01:37:41	Female	45-49	00:40:00	00:10:02	00:02:38	00:55:15	00:01:10	00:28:35
262	Dawn	Cawston-Sellars	01:37:53	Female	45-49	00:08:15	00:08:35	00:02:43	00:57:03	00:01:33	00:27:57
263	Mrs	C Koslow	01:37:53	Female	50-54	00:08:00	00:08:31	00:02:16	00:54:27	00:01:39	00:30:58
264	Jonny	Goy	01:37:54	Open	35-39	00:10:00	00:09:41	00:02:16	00:58:56	00:00:46	00:26:13
265	Jenny	Fraser	01:38:00	Female	35-39	00:07:20	00:07:15	00:03:01	00:59:00	00:01:33	00:27:09
266	Phoebe	Willey	01:38:07	Female	20-24	00:09:00	00:08:40	00:02:00	01:00:11	00:01:23	00:25:52
267	Russell	Clark	01:38:13	Open	50-54	00:12:00	00:13:14	00:03:33	00:53:14	00:01:18	00:26:53
268	Dawn	Davies	01:38:26	Female	60-64	00:07:30	00:09:18	00:01:55	00:56:56	00:01:47	00:28:27
269	Jeni	Lowe	01:38:26	Female	40-44	00:09:00	00:09:43	00:03:02	00:54:45	00:01:11	00:29:44
270	Angela	King	01:38:33	Female	55-59	00:10:30	00:10:42	00:02:57	00:54:02	00:01:36	00:29:14
271	Ellie	Winter	01:38:34	Female	25-29	00:09:00	00:08:40	00:02:26	00:56:05	00:01:40	00:29:40
272	Charlie	Crow	01:38:35	Open	25-29	00:30:00	00:12:57	00:05:31	00:53:55	00:02:20	00:23:50
273	Michael	Opray	01:38:35	Open	35-39	00:30:00	00:17:06	00:02:45	00:53:09	00:01:48	00:23:45
274	Peter	Mitterreiner	01:38:37	Open	55-59	00:08:15	00:09:34	00:02:16	00:53:08	00:01:27	00:32:09
275	Evie	Bee	01:38:40	Female	25-29	00:09:00	00:09:26	00:01:51	00:58:20	00:00:51	00:28:09
276	Louise	Southgate	01:38:57	Female	60-64	00:13:00	00:11:46	00:03:29	00:54:55	00:01:21	00:27:24
277	Mark	Oakley	01:39:00	Open	60-64	00:10:10	00:11:17	00:02:27	01:03:32	00:00:57	00:20:44
278	Mark	Ruhier	01:39:05	Open	55-59	00:09:00	00:10:09	00:02:11	00:55:15	00:01:27	00:30:01
279	Chris	Wilson	01:39:16	Open	40-44	00:12:00	00:12:37	00:03:27	00:51:54	00:01:34	00:29:41
280	Kelly	Lee	01:39:16	Female	30-34	00:10:00	00:12:58	00:03:28	00:54:01	00:01:50	00:26:57
281	Noel	Henderson	01:39:16	Open	65-69	00:11:30	00:11:34	00:03:40	00:57:04	00:00:50	00:26:07
282	Joseph	Vaughan	01:39:17	Open	25-29	00:12:00	00:14:34	00:02:59	00:54:34	00:02:02	00:25:07
283	Grace	Smith	01:39:18	Female	17-19	00:07:00	00:08:09	00:02:03	00:58:42	00:01:02	00:29:20
284	Mike	Baldwin	01:39:26	Open	55-59	00:11:00	00:11:58	00:03:30	00:53:58	00:02:10	00:27:47
285	Amie	Harrison	01:39:33	Female	35-39	00:07:30	00:07:32	00:02:09	00:57:00	00:01:30	00:31:20
286	Helen	Sharpe	01:39:34	Female	30-34	00:10:30	00:09:42	00:02:39	01:09:28	00:01:08	00:16:34
287	Victoria	Prowse	01:39:36	Female	30-34	00:07:10	00:07:18	00:03:49	00:55:52	00:01:16	00:31:19
288	Jay	Morgan	01:39:53	Open	35-39	00:15:00	00:12:20	00:02:01	00:57:05	00:01:40	00:26:45
289	Douglas	Eke	01:39:56	Open	60-64	00:09:00	00:09:33	00:02:53	00:55:39	00:01:08	00:30:42
290	Emma	Nolon	01:39:58	Female	40-44	00:08:00	00:08:06	00:02:07	01:02:30	00:01:33	00:25:39
291	Joanna	Bird	01:40:04	Female	45-49	00:09:30	00:10:51	00:02:27	00:59:42	00:00:45	00:26:17
292	Fiona	Sanger	01:40:05	Female	60-64	00:08:12	00:08:59	00:03:05	00:57:53	00:01:47	00:28:20
293	Anthony	Scott	01:40:08	Open	55-59	00:13:00	00:13:13	00:02:04	00:56:55	00:00:49	00:27:06
294	Jay	Quantock	01:40:15	Female	35-39	00:10:00	00:10:19	00:02:06	01:03:50	00:00:43	00:23:15
295	Stephen	Chartes	01:40:40	Open	55-59	00:12:15	00:11:53	00:03:24	00:57:54	00:01:06	00:26:20
296	Courtney	Fowler	01:40:44	Female	30-34	00:07:00	00:08:07	00:02:26	00:57:43	00:01:29	00:30:56
297	Katherine	Cowles	01:40:47	Female	35-39	00:08:45	00:08:55	00:02:24	00:59:00	00:01:34	00:28:52
298	Jane	Kingsley	01:40:47	Female	60-64	00:10:30	00:11:47	00:02:41	00:57:40	00:00:51	00:27:47
299	Luke	Arthur	01:40:50	Open	20-24	00:10:00	00:08:14	00:03:48	00:59:11	00:00:51	00:28:44
300	Lee	Turner	01:40:55	Open	50-54	00:11:30	00:11:57	00:03:32	00:53:48	00:01:53	00:29:43
301	Olivia	Clough	01:40:58	Female	20-24	00:07:20	00:07:49	00:03:51	00:58:29	00:01:16	00:29:32
302	Liam	Houlden	01:40:59	Open	17-19	00:20:00	00:11:26	00:02:23	00:56:40	00:00:44	00:29:44
303	Pete	Cable	01:41:02	Open	60-64	00:08:00	00:08:17	00:02:36	00:54:09	00:02:00	00:33:58
304	Karen	Cleminson	01:41:10	Female	55-59	00:08:20	00:09:30	00:02:53	00:56:00	00:00:31	00:32:15
305	Chris	Waters	01:41:19	Open	55-59	00:12:00	00:12:34	00:03:19	00:53:40	00:02:01	00:29:43
306	Jack	Wiseman	01:41:28	Open	30-34	00:09:00	00:09:22	00:03:36	00:57:55	00:02:15	00:28:19
307	Amber	Spiers	01:41:39	Female	50-54	00:08:00	00:07:41	00:01:52	00:56:41	00:01:39	00:33:44
308	Cameron	Rhodes	01:41:39	Open	25-29	00:09:00	00:10:26	00:03:16	00:59:51	00:00:51	00:27:13
309	Simon	Moss	01:41:47	Open	60-64	00:09:00	00:11:43	00:02:19	00:56:12	00:02:07	00:29:24
310	Jess	Gayton	01:41:48	Female	30-34	00:07:30	00:08:57	00:02:41	01:06:02	00:01:16	00:22:50
311	Stacey	Atkins	01:41:49	Female	45-49	00:08:30	00:10:11	00:02:22	00:55:18	00:01:33	00:32:23
312	Rosalind	Jackson	01:42:09	Female	65-69	00:10:00	00:11:36	00:01:50	00:55:26	00:01:39	00:31:36
313	Ruth	Dervey	01:42:11	Female	50-54	00:12:00	00:12:51	00:02:22	00:56:16	00:01:52	00:28:48
314	Rich	Straszynski	01:42:11	Female	60-64	00:09:20	00:08:42	00:02:31	00:55:56	00:01:45	00:33:16
315	Lauren	Piercy	01:42:26	Female	35-39	00:11:00	00:09:42	00:02:38	00:59:38	00:01:48	00:28:37
316	Will	Bebbington	01:42:31	Open	25-29	00:12:00	00:09:52	00:03:39	00:58:10	00:01:39	00:29:10
317	Sarah	Lake	01:42:35	Female	45-49	00:11:59	00:09:24	00:02:41	00:58:59	00:01:09	00:30:20
318	Mel	Brumpton									

Overall position	First name	Last name	Finish time	Gender	Age category	Your 400m swim time	Swim Leg Time	T1 Leg Time	Cycle Leg Time	T2 Leg Time	Run Leg Time
339	Tegan	Phillips	01:44:31	Female	17-19	00:05:40	00:06:29	00:01:34	01:02:57	00:01:01	00:32:27
340	Dan	Lewin	01:44:31	Open	40-44	00:35:00	00:10:14	00:02:30	00:58:24	00:01:09	00:32:12
341	Michael	Feely	01:44:39	Open	65-69	00:07:30	00:07:39	00:01:54	00:59:06	00:01:54	00:34:05
342	Sarah-Jane	Sorrell	01:44:44	Female	45-49	00:12:00	00:14:37	00:02:31	00:56:15	00:00:59	00:30:20
343	Peter	Wells	01:44:44	Open	55-59	00:13:00	00:13:18	00:03:34	00:57:01	00:02:02	00:28:48
344	Lucy	Curtis	01:44:45	Female	25-29	00:10:30	00:10:46	00:04:29	00:58:19	00:03:05	00:28:05
345	Julia	Rayson	01:44:54	Female	50-54	00:09:10	00:08:39	00:02:58	01:01:01	00:01:21	00:30:54
346	Tori	Smaller	01:44:55	Female	25-29	00:07:30	00:08:32	00:02:17	01:00:47	00:01:44	00:31:33
347	Freddie	Forsyth	01:44:57	Open	55-59	00:12:00	00:11:36	00:03:25	01:00:53	00:00:53	00:28:08
348	Richard	Stone	01:45:10	Open	55-59	00:20:00	00:10:12	00:03:04	00:53:12	00:01:58	00:36:43
349	Graeme	Reynolds	01:45:12	Open	65-69	00:15:00	00:12:15	00:04:23	00:57:22	00:02:06	00:29:04
350	Sarah	Harper	01:45:16	Female	30-34	00:11:00	00:10:54	00:03:02	01:03:10	00:01:30	00:26:37
351	Catherine	Barker	01:45:18	Female	45-49	00:09:00	00:10:08	00:02:35	01:02:33	00:01:04	00:28:57
352	James	Makinson-Sanders	01:45:23	Open	50-54	00:12:30	00:10:55	00:03:05	00:55:29	00:01:40	00:34:11
353	William	Dee	01:45:28	Open	45-49	00:10:00	00:10:52	00:03:52	00:59:14	00:01:39	00:29:51
354	Jenny	Wynn	01:45:31	Female	50-54	00:08:00	00:09:44	00:02:44	00:58:25	00:01:39	00:32:56
355	Sybil	Reid	01:45:35	Female	30-34	00:40:00	00:10:09	00:01:47	01:02:43	00:00:46	00:30:08
356	Jade	Salter	01:45:37	Female	25-29	00:11:30	00:09:41	00:02:33	01:00:35	00:01:51	00:30:55
357	Jill	Coleman	01:45:37	Female	60-64	00:12:00	00:15:54	00:04:09	00:56:19	00:02:37	00:26:36
358	Glen	Wong	01:45:40	Female	45-49	00:20:00	00:15:04	00:05:36	00:54:19	00:02:07	00:28:31
359	Andy	Floyd	01:45:52	Open	50-54	00:15:00	00:11:00	00:03:23	01:00:11	00:01:54	00:29:21
360	Heidi	Clark	01:45:55	Female	40-44	00:12:00	00:11:50	00:03:02	01:10:20	00:01:02	00:19:39
361	Chris	Houlden	01:45:58	Open	45-49	00:20:00	00:13:50	00:03:05	00:56:30	00:00:48	00:31:43
362	Jenny	Watson	01:46:00	Female	25-29	00:05:45	00:07:14	00:02:59	01:01:06	00:01:05	00:33:35
363	Christine	Wells	01:46:01	Female	55-59	00:08:00	00:08:34	00:02:33	01:00:08	00:00:29	00:34:16
364	Phil	Roberts	01:46:11	Open	60-64	00:10:20	00:14:07	00:02:42	00:55:52	00:01:22	00:32:05
365	Vin	Newton	01:46:18	Open	65-69	00:10:00	00:10:37	00:02:32	00:55:28	00:02:05	00:35:34
366	Ciara	Keegan	01:46:24	Female	30-34	00:12:00	00:11:47	00:04:58	00:54:30	00:01:09	00:33:58
367	Claire	Morris	01:46:31	Female	30-34	00:10:00	00:10:31	00:03:56	01:00:29	00:01:20	00:30:14
368	Lindsey	Holmes	01:46:33	Female	45-49	00:12:30	00:11:54	00:04:01	01:01:20	00:01:25	00:27:51
369	Sarah	Lawrence	01:46:33	Female	45-49	00:08:00	00:07:43	00:02:36	01:01:05	00:01:33	00:33:34
370	Kate	Thatcher-Bell	01:46:37	Female	35-39	00:11:00	00:11:22	00:03:41	00:58:42	00:03:01	00:29:50
371	Michaela	Hill	01:46:43	Female	55-59	00:11:00	00:11:34	00:03:36	00:57:43	00:02:00	00:31:47
372	Lee	Clark	01:46:50	Open	45-49	00:08:30	00:14:14	00:03:29	00:54:59	00:01:21	00:32:45
373	Jake	Stephens	01:46:52	Open	30-34	00:08:00	00:08:17	00:02:28	01:01:22	00:02:01	00:32:41
374	Helen	Renard	01:47:05	Female	55-59	00:15:00	00:13:46	00:03:18	00:57:31	00:01:32	00:30:56
375	Jodie	Lockwood	01:47:06	Female	45-49	00:08:00	00:08:27	00:02:27	01:01:53	00:01:33	00:32:44
376	Alison	Turner	01:47:16	Female	50-54	00:11:00	00:11:31	00:03:33	01:01:43	00:02:12	00:28:15
377	Anthea	Moisey	01:47:31	Female	50-54	00:10:20	00:13:16	00:02:45	00:51:15	00:02:23	00:37:50
378	Nicole	Henderson	01:47:32	Female	60-64	00:10:00	00:10:43	00:03:09	01:03:14	00:00:53	00:29:30
379	Kirsty	Ball	01:47:36	Female	40-44	00:08:00	00:08:53	00:02:45	01:01:44	00:01:33	00:32:39
380	Jo	Poppy	01:47:40	Open	50-54	00:10:06	00:10:38	00:02:06	01:06:03	00:01:02	00:27:49
381	Effie	Warwick-John	01:47:41	Female	30-34	00:13:00	00:11:03	00:02:56	01:03:46	00:00:50	00:29:04
382	Ruby	Smythe	01:47:41	Female	30-34	00:12:00	00:10:58	00:02:12	00:58:04	00:00:44	00:35:42
383	Matt	Mcristal	01:47:43	Open	45-49	00:15:00	00:16:30	00:03:24	01:04:52	00:00:57	00:21:59
384	Esme	Keogh	01:47:44	Female	20-24	00:07:15	00:08:47	00:02:23	01:08:54	00:01:36	00:26:02
385	Scott	Mottram	01:48:04	Open	35-39	00:10:00	00:10:32	00:04:00	01:00:50	00:01:39	00:31:02
386	Vijayendra	Waykar	01:48:13	Open	45-49	00:30:00	00:14:31	00:03:41	00:58:54	00:00:46	00:30:20
387	Ian	Webb	01:48:14	Female	50-54	00:10:00	00:10:33	00:03:35	01:02:30	00:02:13	00:29:21
388	Stu	Bowyer	01:48:24	Open	55-59	00:12:00	00:09:26	00:04:16	01:00:32	00:02:23	00:31:44
389	Zoe	Coates	01:48:27	Female	50-54	00:15:00	00:12:55	00:03:22	00:59:05	00:00:55	00:32:08
390	Anne-Sophie	Dubois-Gache	01:48:32	Female	40-44	00:08:52	00:08:45	00:03:51	01:05:57	00:02:59	00:26:58
391	Lydia	Turner	01:48:34	Female	25-29	00:10:00	00:11:05	00:02:36	01:05:38	00:00:50	00:28:24
392	Sarah	Walton	01:48:45	Female	55-59	00:10:00	00:11:23	00:03:02	00:59:53	00:01:02	00:33:23
393	Jo-Ann	Chappell	01:48:56	Female	40-44	00:12:00	00:10:51	00:04:40	01:01:31	00:01:21	00:30:31
394	Stewart	Mcluckie	01:49:20	Open	60-64	00:12:00	00:12:36	00:04:01	01:03:06	00:01:40	00:27:55
395	Jayne	Whewy	01:49:37	Female	55-59	00:09:30	00:10:08	00:02:39	01:08:52	00:01:20	00:26:36
396	Wendy	Roper-Knight	01:49:40	Female	50-54	00:10:00	00:10:43	00:01:58	01:01:09	00:01:25	00:34:24
397	Julie	King	01:49:40	Female	65-69	00:08:00	00:08:16	00:02:18	01:02:54	00:01:41	00:34:29
398	Sam	Stephenson	01:49:50	Female	35-39	00:11:00	00:11:19	00:03:05	00:58:15	00:01:41	00:35:29
399	Peter	Southgate	01:50:10	Open	65-69	00:10:30	00:10:58	00:03:23	00:59:05	00:02:13	00:34:29
400	Ian	Hughes	01:50:23	Open	40-44	00:18:00	00:11:56	00:03:57	00:59:19	00:02:26	00:32:43
401	Olivia	Wilkinson	01:50:24	Female	20-24	00:12:32	00:13:28	00:03:02	01:07:33	00:01:27	00:24:53
402	Sarah	Kmieciak-Thorpe	01:50:27	Female	40-44	00:16:00	00:11:29	00:04:44	01:00:49	00:02:19	00:31:03
403	Cheryl	Tinker	01:50:28	Female	60-64	00:09:50	00:10:21	00:02:32	01:00:12	00:02:07	00:35:15
404	Alix	Lewis	01:50:46	Female	35-39	00:30:00	00:09:57	00:02:27	01:03:35	00:00:47	00:33:58
405	Sue	House	01:50:47	Female	65-69	00:11:30	00:12:52	00:02:53	00:59:21	00:01:50	00:33:49
406	Joanne	Charlton	01:50:49	Female	60-64	00:19:00	00:13:13	00:03:21	00:59:23	00:01:18	00:33:32
407	Kate	Lancaster	01:50:51	Female	45-49	00:10:30	00:11:30	00:02:30	01:01:40	00:01:46	00:33:23
408	Rosemarie	Mcardle	01:50:59	Female	50-54	00:12:00	00:11:09	00:03:12	01:05:15	00:01:09	00:30:12
409	Sharon	Wilkinson	01:51:32	Female	60-64	00:09:30	00:10:16	00:02:29	01:00:40	00:01:51	00:30:14
410	Sara	Cook	01:51:35	Female	60-64	00:20:00	00:12:37	00:03:24	01:04:32	00:01:06	00:29:53
411	Birgit	Lyon	01:51:44	Female	55-59	00:09:15	00:10:37	00:02:55	01:03:32	00:00:47	00:33:51
412	James	Harris	01:52:17	Open	30-34	00:08:15	00:09:24	00:04:38	01:07:02	00:02:01	00:29:09
413	Georgina	Harris	01:52:17	Female	30-34	00:08:15	00:09:42	00:02:53	01:09:17	00:01:16	00:29:07
414	Isobel	Johnson	01:52:31	Female	25-29	00:12:00	00:10:58	00:03:18	01:06:21	00:01:29	00:30:22
415	Kat	Northall	01:52:41	Female	45-49	00:10:00	00:10:04	00:03:10	01:06:13	00:00:50	00:32:23
416	Kate	Hyland	01:53:15	Female	45-49	00:12:00	00:10:52	00:03:55	00:59:25	00:02:58	00:36:03
417	Abigail	Herrmann	01:53:17	Female	40-44	00:10:00	00:10:17	00:03:08	01:04:40	00:01:05	00:34:04
418	Melanie	Nicholson	01:53:19	Female	45-49	00:12:30	00:13:45	00:03:35	01:02:04	00:02:10	00:31:42
419	Hayden	Laughton	01:53:21	Open	25-29	00:20:00	00:11:49	00:04:15	00:59:44	00:01:46	00:35:45
420	Harriet	Moxham	01:53:31	Female	35-39	00:09:00	00:12:04	00:02:40	01:06:22	00:02:16	00:30:08
421	Helen	Evans	01:53:33	Female	60-64	00:10:15	00:11:09	00:03:31	01:00:53	00:02:27	00:35:30
422	David	Bowmar	01:53:37	Open	60-64	00:12:00	00:12:11	00:06:15	00:58:41	00:03:50	00:32:37
423	John	Fletcher	01:53:56	Open	65-69	00:20:00	00:08:54	00:05:00	01:01:06	00:02:37	00:36:17
424	Emily	Wong	01:54:01	Female	40-44	00:12:00	00:08:54	00:03:38	01:09:56	00:01:05	00:30:27
425	Keeley	Copley	01:54:28	Female	40-44	00:15:00	00:14:04	00:02:57	01:01:04	00:01:04	00:35:17
426	Alice	Gibbs	01:54:53	Female	20-24	00:09:45	00:09:28	00:04:02	01:16:07	00:01:20	00:23:53
427	Annie	Hardy	01:55:12	Female	50-54	00:10:05	00:12:05	00:03:07	01:00:09	00:02:47	00:37:02
428	Carla	Brownlow	01:55:13	Female	30-34	00:08:00	00:09:06	00:04:12	01:04:50	00:01:32	00:35:31
429	Charlotte	Penn	01:55:22	Female	35-39	00:08:00	00:08:43	00:03:02	01:09:03	00:01:06	00:33:27
430	Steven	Kennedy	01:55:39	Open	70+	00:13:00	00:14:40	00:02:34	00:57:53	00	

Overall position	First name	Last name	Finish time	Gender	Age category	Your 400m swim time	Swim Leg Time	T1 Leg Time	Cycle Leg Time	T2 Leg Time	Run Leg Time
451	Jennifer	Best	02:01:18	Female	40-44	00:10:30	00:11:10	00:03:35	01:07:51	00:01:32	00:37:08
452	Jane	Sharpe	02:01:28	Female	45-49	00:11:00	00:12:20	00:05:59	01:11:42	00:02:28	00:28:57
453	Peter	Woods	02:01:37	Open	45-49	00:09:30	00:09:46	00:02:48	01:16:14	00:00:59	00:31:49
454	Aggi	Doughty	02:01:37	Female	45-49	00:11:00	00:10:55	00:05:55	01:07:09	00:01:31	00:36:05
455	Vicki	Sumner	02:01:39	Female	50-54	00:15:00	00:12:58	00:05:29	01:04:21	00:02:49	00:36:00
456	Bernadette	Taylor	02:03:18	Female	40-44	00:10:00	00:10:03	00:04:14	01:08:08	00:02:02	00:38:49
457	Caroline	Wilkinson	02:03:36	Female	55-59	00:11:30	00:11:31	00:04:46	01:08:00	00:01:57	00:37:19
458	Alyssa	Staley	02:03:43	Female	30-34	00:10:00	00:09:41	00:02:45	01:14:08	00:01:20	00:35:47
459	Halcyon	Flint	02:03:48	Female	25-29	00:08:40	00:09:52	00:03:08	01:16:33	00:01:44	00:32:29
460	Kate	Butler	02:04:07	Female	45-49	00:08:30	00:09:19	00:02:33	01:19:25	00:01:32	00:31:14
461	Julie	Allison	02:05:18	Female	45-49	00:14:00	00:12:38	00:03:28	01:09:01	00:01:44	00:38:24
462	Yas	Carter	02:05:30	Female	25-29	00:08:00	00:10:37	00:02:12	01:11:32	00:01:44	00:39:23
463	Kate	Youdale	02:05:37	Female	40-44	00:12:00	00:11:35	00:04:45	01:10:14	00:02:25	00:36:37
464	Emily	Cliffe	02:06:12	Female	25-29	00:09:30	00:11:46	00:03:38	01:08:32	00:02:27	00:39:47
465	Jo	O'beime	02:07:12	Female	60-64	00:13:00	00:10:14	00:03:03	01:06:45	00:01:23	00:45:45
466	Lindsay	Marshall	02:07:23	Female	50-54	00:11:00	00:14:39	00:03:14	01:05:52	00:01:20	00:42:16
467	Hannah	Quayle	02:08:06	Female	35-39	00:20:00	00:13:41	00:03:26	01:17:26	00:01:06	00:32:25
468	Julie	Emerson	02:08:34	Female	60-64	00:16:00	00:15:32	00:04:30	01:13:00	00:01:10	00:34:20
469	Dave	Herriott	02:09:24	Open	60-64	00:11:00	00:11:49	00:04:26	01:03:57	00:02:08	00:47:03
470	Caroline	Chartres	02:09:50	Female	55-59	00:12:00	00:12:47	00:02:15	01:22:06	00:02:10	00:30:31
471	Karen	Hindle	02:11:01	Female	50-54	00:11:20	00:15:15	00:02:40	01:23:20	00:00:58	00:28:48
472	Tom	Latham	02:11:32	Open	40-44	00:11:00	00:11:51	00:05:17	01:14:44	00:03:06	00:36:32
473	Naomi	Marsden	02:12:23	Female	50-54	00:12:00	00:12:32	00:04:30	01:10:19	00:01:45	00:43:16
474	Patrick	Mahon	02:12:42	Open	60-64	00:11:00	00:12:50	00:02:25	01:10:16	00:03:20	00:43:49
475	Robert	Johnson	02:14:06	Open	60-64	00:11:11	00:12:48	00:04:19	01:08:10	00:05:08	00:43:39
476	Ann	Gibbs	02:15:24	Female	55-59	00:10:45	00:11:41	00:04:27	01:18:43	00:03:05	00:37:27
477	Laura	Costa	02:16:08	Female	40-44	00:13:50	00:12:57	00:04:07	01:18:47	00:01:10	00:39:06
478	Lillia	Jane	02:18:11	Female	20-24	00:08:00	00:08:49	00:03:13	01:20:29	00:01:16	00:44:22
479	Alice	Quibell	02:18:30	Female	35-39	00:14:00	00:13:34	00:03:20	01:21:45	00:01:03	00:38:46
480	Katie	Annable	02:19:05	Female	25-29	00:15:00	00:18:39	00:03:01	01:29:04	00:01:02	00:27:16
481	Mandy	Cameron	02:20:06	Female	50-54	00:15:00	00:11:55	00:03:30	01:24:10	00:02:24	00:38:05
482	Dawn	Hunt	02:20:18	Female	50-54	00:20:00	00:16:55	00:04:41	01:22:46	00:02:16	00:33:39
483	Michelle	Hird	02:21:15	Female	55-59	00:16:00	00:16:05	00:04:33	01:18:58	00:01:40	00:39:58
484	Vanessa	Fothergill	02:21:44	Female	50-54	00:13:30	00:11:38	00:02:27	01:12:28	00:01:40	00:53:30
485	Jules	Hall	02:22:55	Female	45-49	00:40:00	00:12:48	00:03:41	01:21:58	00:02:05	00:42:21
486	Sarah	Mitchell	02:23:02	Female	50-54	00:10:00	00:13:02	00:04:04	01:14:25	00:02:18	00:49:11
487	Fiona	Mosley	02:23:02	Female	65-69	00:16:00	00:16:28	00:04:35	01:21:45	00:01:37	00:38:36
488	Tanya	Comford	02:32:45	Female	60-64	00:14:00	00:13:26	00:05:08	01:28:02	00:02:37	00:43:29
489	Sharon	Laughton	02:33:27	Female	55-59	00:20:00	00:13:29	00:04:38	01:18:05	00:03:16	00:53:56
490	Peter	Reynolds	02:35:08	Open	65-69	00:14:00	00:18:37	00:05:53	01:14:30	00:02:23	00:53:43