

Stahl

LECTURE SERIES

GRILLO HEALTH INFORMATION CENTER

Integrating Mind, Body, and Soul into Medicine: Functional Medicine and Homeopathy Take the Stage

Ilene Naomi Rusk, Ph. D – Moderator



Convener and speaker: Neurobehavioral Consultant, Psychotherapist, Co-Director Healthy Brain Program, Brain & Behavior Clinic, Director of Health Education for Grillo.

- The Heart of Medicine
- Psychology & healing

Mary Braud, MD

Functional medicine physician



- What is functional medicine?
- What makes it medicine of the future?
- What are some Root Causes of disease?

Martin Bloch, MD

Homeopath and physician



- What is homeopathy?
- The benefits of looking at mind, body and soul in medicine

Jean Leonard, Ph. D

Psychologist and meditation trainer



- How meditation can help your health
- The science of mindfulness and self-compassion
- A simple practice you can take home

When: Wednesday, May 15, 2019
Time: 6:00 – 7:30pm

Where: [Columbine Unity Spiritual Center](#)
8900 Arapahoe Road in Boulder

This is a free community event. Donations are welcome.



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