

Welcome to CDSC Emergency Food Pantry!

(If you are in an urgent situation and need emergency food, call the New York City Hunger Hotline at 1-866-888-8777 to get information to help you access a soup kitchen or food pantry).

CDSC Emergency Food Pantry is passionately committed to improving lives through food assistance programs, nutrition education and food justice advocacy. The food pantry has been providing an integral service in the fight against hunger in New York City since 1998. We access various sources of food and pass it along to people in need. The pantry is funded by United Way of New York City, Food Bank For NYC, NYC Human Resources Administration, City Harvest and private donors.



The pantry serves over 16,000 adults, seniors and children annually. We provide food at no charge, and our intake process only collects the basic information required. [Guest Bill of Rights](#).



To register for the pantry, download the [Plentiful App](#) or text “FOOD” from any phone to 646-257-2520. Plentiful is a reservation system for food pantries, providing easy access to emergency food.

Facts about our Pantry:

- The pantry is open to anyone who self-declares a need for food assistance. We do our best to help all who need support, with priority for seniors and children.
- The pantry is open year round on Thursdays from 11 am – until 3 pm. Clients can come once per month to collect food or more frequently depending on individual special circumstances.
- Clients receive a 3- 5 day supply of nutritious foods (depending on supplies) once a month. The contents include all major food groups; grains, dairy (fresh milk, eggs and cheese), protein and fresh fruits and vegetables (organic and conventionally grown). We offer, vegetarian, vegan, halal and kosher food when available.



- Nutrition education is an integral part of the pantry to help clients make informed food choices to improve their health outcomes. We offer virtual and in-person nutrition workshops and cooking demonstrations. We have Veggie Educators on-site to help clients learn how to select, prepare and store fruits and vegetables.
- We provide much-needed infant diapers, baby food, clothing and supplies to help parents make ends meet.

The pantry is also a gateway to connect families, adults and seniors to a variety of crucial support services such as:

- Free Tax Preparation by IRS Certified VITA Volunteer Preparers. To make an appointment, <https://www.foodbanknyc.org/taxhelp/> or call 646-981-6111.
- Job placement and training referrals
- Financial literacy training and referral to money management. This services offers intensive training designed to equip low-to-moderate income parents with basic financial management skills with an emphasis on household budgeting and food security.
- New York State Health insurance information
- Clothing (including coats) for children and adults
- Referrals for housing assistance
- Child Care Resource and Referral services we help clients access child care services

Children's Holiday Party (An Annual Event)

For the past 12 years, CDSC has conducted a Holiday Toy Drive from September 15 through December 15. This is a huge service and need for many families that otherwise would not have a holiday season. All recipients of the drive are clients of our food pantry and families affected by homelessness. In the month of December, we hold a holiday party where the families are honored as special guests. At the event, children receive gifts, are treated to dinner, along with games, music, activities and a special visit from Santa. To date, we have served over 2800 children. If you would like to contribute toys or make a financial contrition contact us at info@cdscnyc.org for more information.

Silver Service Senior Nutrition Program

CDSC is a distribution location for the Food Bank for New York City's Silver Service Senior Nutrition Program. This program provides free monthly meal kits featuring a balanced variety of shelf-stable, nutritious food items to low-income seniors in New York City.

To participate in this program seniors must be 60 years or older with an income of 130% of poverty based upon household size. The program is offered the first week of each month. To learn more email info@cdsnyc.org and write "senior nutrition program" in the subject line.