



Community Café Menu October 2019

Meals served from 5:30 to 6:00 pm | Menu deemed reliable but not guaranteed

Backus Community Center is fully accessible to persons with disabilities. Please call our main office for specific accommodations.



(218) 285-7225 | 900 5th Street | Int'l Falls
www.backusab.org | Facebook: Backus AB

Sun	Mon	Tuesday	Wed	Thursday	Fri	Sat
		1 Volunteers: First Lutheran Church Hamburger Gravy over Mashed Potatoes Vegetable Fruit Dinner Roll	2	3 Volunteers: First Lutheran Church Cook's Choice	4	5
6	7	8 Volunteers: St. Thomas Catholic Church Spaghetti with Meat Sauce Vegetable Fruit Bread Stick	9	10 Volunteers: St. Thomas Catholic Church Meatballs and Gravy Mashed Potatoes Vegetable Fruit Dinner Roll	11	12
13	14	15 Volunteers: Zion Lutheran Church Pepperoni Pizza French Fries Vegetable Fruit (WL)	16	17 Volunteers: Zion Lutheran Church Chicken Kiev with Hollandaise Sauce Wild Rice Fruit Dinner Roll (WL)	18	19
20	21	22 Volunteers: Evangelical Covenant Church Meatloaf Mashed Potatoes with Gravy Vegetable Fruit Dinner Roll	23	24 Volunteers: Holy Trinity Church Chicken Ranch Wrap Fresh Fixings Fruit	25	26
27	28	29 Volunteers: Rotary Club Scalloped Potatoes with Ham Vegetable Fruit Dinner Roll	30	31 Volunteers: Cook's Choice		