

## Easy Way to the Café

Backus is located in the heart of International Falls between 5th and 3rd Streets.

Please use the 5th Street entrance on the south side of the building.

Doors #1 & 2

Handicap accessibility is on the west or east sides of the building as well.

Doors #3 & 4



Support the Community Café

to reduce hunger  
and build a  
stronger  
community.

CHEF

## Community Café

is brought to you by Falls Hunger Coalition  
and Backus Community Center

Falls Hunger Coalition  
1000 5th Street  
International Falls,  
Minnesota 56649  
(218) 283-8020  
[www.fallshunger.org](http://www.fallshunger.org)



Falls Hunger Coalition

Client Service Hours:

Tuesday 10 am—4 pm

Thursday & Friday

10 am—2 pm

No appointment necessary

"Neighbors helping neighbors."

Business Hours:

Tuesday—Friday

8:30 am—3:30 pm



900 5th Street, International Falls MN 56649

(218) 285-7225 | [www.backusab.org](http://www.backusab.org)

Or find us on Facebook: Backus Community Center

Office hours: Monday—Friday 8 am—4 pm

*"Historic Backus Community Center,  
the heart of International Falls,  
where all generations celebrate arts, culture,  
recreation, wellness and life-long learning."*

Backus is fully accessible to persons with disabilities—  
please call our main office for specific accommodations.

## Community Café

Dedicated to reducing hunger and  
building a stronger community

### Free Meals

Doors open @ 5:00 pm

Serving 5:30–6:00 pm

Every Tuesday and

Thursday at

Backus Community

Center



**Backus Community  
Center**

**900 5th Street**

**International Falls**

**(218) 285-7225**

**[www.backusab.org](http://www.backusab.org)**



# About the Community Café

Meals served 5:30 to 6:00 pm



Community Café offers a free, hot and nutritious meals to those who are in need.

Building on our mission, the Café is an excellent place to socialize and network with people from all walks of life.

There are no restrictions or income guidelines to dine at the Community Café—everyone is welcome!

There is no charge for the meals, but donations are graciously accepted.

We look forward to serving teenagers, families, elderly, college students — anyone living with food insecurity — in Koochiching County.

The Café board, staff and supporters are dedicated to reducing hunger and building a stronger community by providing nutritious meals on a weekly basis.

Join us each Tuesday and Thursday at Backus Community Center to experience the miracle of the Community Café and the home-made meals served by community volunteers.

## Community Café Needs Your Support

There are many ways you can assist the Community Café.

### Tell a friend -

Tell a friend, neighbor or family member about Community Café.

### Volunteer -

You can help serve a meal at the Café. To find a date and time when you can volunteer, call Robin at (218) 285-7225 or email [backusoffice@backusab.org](mailto:backusoffice@backusab.org).



### Make a donation -

To purchase food for the Café, please send your tax-deductible donation to: Community Café  
Backus Community Center  
900 5th Street  
International Falls, MN  
56649.

### Make a Gift Donation -

Consider a monetary gift in any amount to honor a friend or family member, or to celebrate a birthday, graduation, anniversary, retirement or other occasion. Everyone will benefit from your thoughtfulness!

## A message from the Executive Director

The mission of the collaborative effort between the Falls Hunger Coalition and Backus is to reduce hunger and build a strong community. Serving a regular free community meal to those in need was a major goal of the "Backus Community Kitchen" project when we began raising funds to construct the facility in 2007.

Since June 2010, we have served over 52,553 free lunches to children as part of the Summer Food Service Program. Since inception of Community Café in December 2012, we have served over 34,000 meals.

Falls Hunger Coalition data indicates that there are still 600,000 missing meals in Koochiching County. FHC works hard to close the gap by providing food but the number of children living in poverty in our county continues to be almost 20%.

We pledge that with your support we will continue the aggressive fight against food insecurity in Koochiching County.

**Sincerely, Ward Merrill**

*Executive Director  
Backus Community Center*