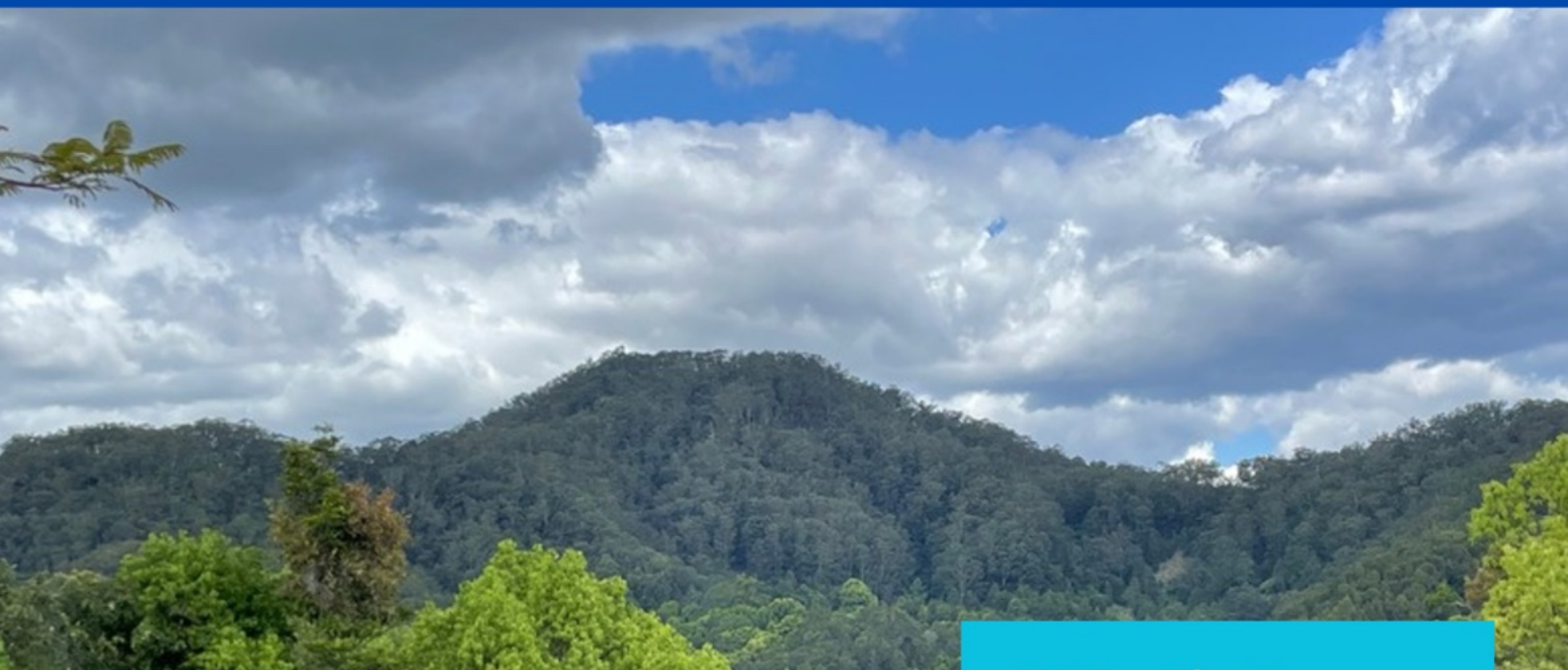


Newsletter



Spring 2025

Spring has sprung! The air is full of the smell of flowers especially from our citrus trial orchard. A year earlier than expected we've had our first tropical apple tree fruit and the Mango trees are full of flowers. This spring we've had the closest encounters with the most mystical animals so far. We had a wedge tail eagle fly 5m above our head, I knew they were big but the encounter was magnificent. We've also been blessed with our first echidna visit and the goannas are becoming quite cosy on top of the Greenhouse and during an Awakening with Ease healing session the grandest goanna came right up to the screen door to be apart of the magic.



Regeneration

We've had the driest 2 month period since we've been here so finally we've been able to make progress with the syntropic food forest terrace work. Dream Gardens has also gone through some major redesign work with more terraces and removal of the old burn piles. It felt so good to clear out rubbish and old energies left from other people. So it's feeling like a fresh new beginning here at Kaivalya.



What's been happening?

We've become our own guests- most mornings we are enjoying leading each other through our different styles of yoga. We are really looking forward to having our next father daughter camp out at the new Dream Garden Terraces. The terraces are a great addition. For two and half years I've watched the land and seen the cycles of weather, the breeding cycles of our native animals and found the best time to do the foundational earth works that we've been wanting to get done. We've also been rewarding ourselves with regular Friday Fundays at the beaches between here and Byron. It was Magnificent to catch up with Bernie!

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Life's Play

After 6 years of facilitating weekly men's circle's (in some years 2-3 times a week) I've experienced a major liberating shift—a rise into internal sovereign experience. Through seeing, accepting and loving my brothers over the years I've come to know myself so much more. Protocols and purpose seeking, external accountability setting have faded into a deeper connection with self and inner guidance that's taken me into almost 4 years sobriety and to deep heart centred connections. We're not healing to handle trauma, pain, anxiety, depression... we're healing to handle joy and accept self love and happiness. I've realised it's not work, it's Life's Play we just have to stop getting in our own way. So, this chapter of weekly men's sessions is now complete. What's emerging is lighter, freer, more creative. I'm still here — available for those who want to co-create in Dream Garden, to make real changes, and to RISE into their next chapter.



Women's Hiking & Yoga Experiences

In September, Nature Ritual hosted its first hiking and yoga retreat for LHF members - and Mother Nature certainly made her presence known. We experienced four seasons in one weekend, from sunshine to a wild thunder and lightning show. Among bursts of wildflowers, the women gathered to celebrate the Spring Equinox. At one point, as they paused in awe of the flowers, a passing family asked what they were looking at. "The flowers, they're everywhere" Lotus replied. They looked around puzzled - "What flowers?" They all laughed, reminded how much beauty can be missed when you rush through a hike. Lotus has since begun hosting mini-retreats in the Gold Coast Hinterland, blending yoga and hiking into one nourishing experience. Hiking training programs will return in February 2026 - contact Lotus for details.

Dreaming in Dream Gardens

Spring has sprung and it feels like Dream Garden's is renewed, open and ready for the next chapter. I honestly believe what is happening with humanity right now is divine art. As digital technologies accelerate, they mirror our own evolution, urging us to move from a coded, synthetic spectrum into the continuous, living field of reality. Dream Gardens invites you into embodied service— to re-enter the intelligence of Life itself. Reach out if this is what you are looking for.



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Date	Event
16 November	Women's Hiking and Yoga Mini Retreat
30 November	MST V5 Challenge 5 starts for enrolled Men
2 December	Mens Circle NSW Free Full Moon Open Night-booking req.
13 January	Mens Circle NSW Free Full Moon Open Night-booking req.
February 2026	Hike to Thrive 90day Transformational Journey (Waitlist is Open)

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For more information about any of the events please email LovingHomePF1@gmail.com or call Logan on 0456 443 954

Want to Volunteer or Collaborate?

We love connecting, networking and collaborating with people with like minded visions. If you'd like to support regeneration of land and people or you want to work together please book a meeting. For those friends of Kaivalya who see the potential & are interested in an agricultural lease to work with the land or simply want to enjoy some of our yummy organic food please get in touch.



Keep your eyes and ears open for your Friends of Kaivalya special offer

Need support or know someone who would benefit - take up or share the offer of a free strategy call for the Loving HOME Foundation Services

<https://lovinghome.foundation>