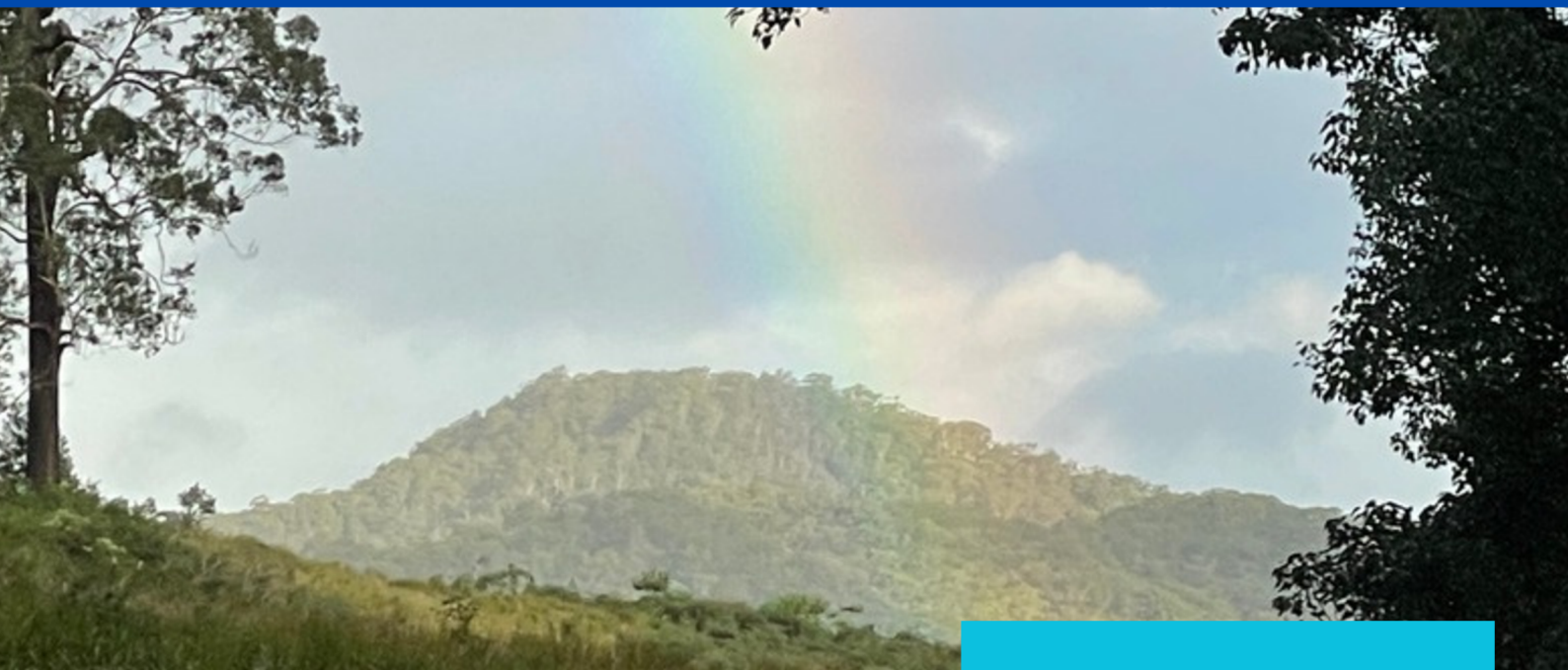


Newsletter



Autumn 2026

With rain there often comes rainbows!

NNSW and SE Queensland has had so much rain!

The tanks are all full, the creeks are flowing beautifully and Dream Gardens has been blessed with rainbows.

It was good timing to finish a little bit of earth works, sow the grass seed and then let nature do its thing.

Unfortunately the dry weather at the start of Autumn followed by an unnatural amount of rain caused some damage to the fruits. The pomegranates had split and were unsellable but we all love pomegranates here - cheers to enjoying "natures candy".



Regeneration

Singapore daisy with its pretty flower, was such a popular permaculture plant decades ago but it's actually a false stabiliser and can cause erosion. So we were wanting to eradicate it but we don't use chemical sprays. We've found that it can't be used in compost tea as it will still be able to grow. So we've realised the black plastic summer slip n slide comes in very handy for covering an entire berm and in a few weeks it will die off and our native grasses can have a chance.



What's been happening?

March still felt like summer. We had such a good time enjoying the local beaches and creeks. By Easter though we could feel the change in weather. The rains had started, the winter seedlings were planted and there was the opportunity to do a 4-day silent retreat with Paramahansa Prajnanananda. We had such a divine time.

It was a beautiful opportunity to go into deep stillness and reflect. Lotus has since seemed to fully flourish in her Nature Ritual endeavours. For me I've been called into a co-gender dream weaving circle which has been profound. Now we gather wood and watch the pumpkins grow ready for pumpkin soup by the fire.

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Borne Fruit

Polarity, Duality and Oneness have been the theme here for Autumn—the transitional period that links the heat of summer and the cool of winter, yet it's the year of seasons that truly works the land. Lotus has been so focused on Nature Ritual it feels like she's empowering her inner masculine and thus allowing me rest in my own virtues both masculine and feminine. Through weaving in a co-gender circle I've reached a space of balanced creation where the sword is both drawn and sheathed.

The ten two worded letters. "If it is to be it is up to me" are so archaic and misleading. Yes there is a time to metaphorically speaking, draw the sword, take action there is also the essential practice of sharpening the sword and sheathing the sword.

Nolan's Road community has been great. My neighbour Nick, the legend, and I are organically supporting each other with farm house maintenance and exploring the land and dreams.



Women's Hiking & Yoga Experiences

The common theme for Nature Ritual's Autumn events was water - we experienced creeks, waterfalls and rain! Guided women's hiking, yoga and mindfulness day events continue throughout Northern NSW and South East Queensland along with four nature immersion retreats this year. The first two retreats are already sold out.

If you're keen to join a retreat later in the year, join the waitlist to get early bird access for October's Wildflower Retreat in Girraween National Park and December's 'Step into Summer' Rainforest Retreat in the Gold Coast Hinterland.

To join the waitlist for a retreat contact Lotus.

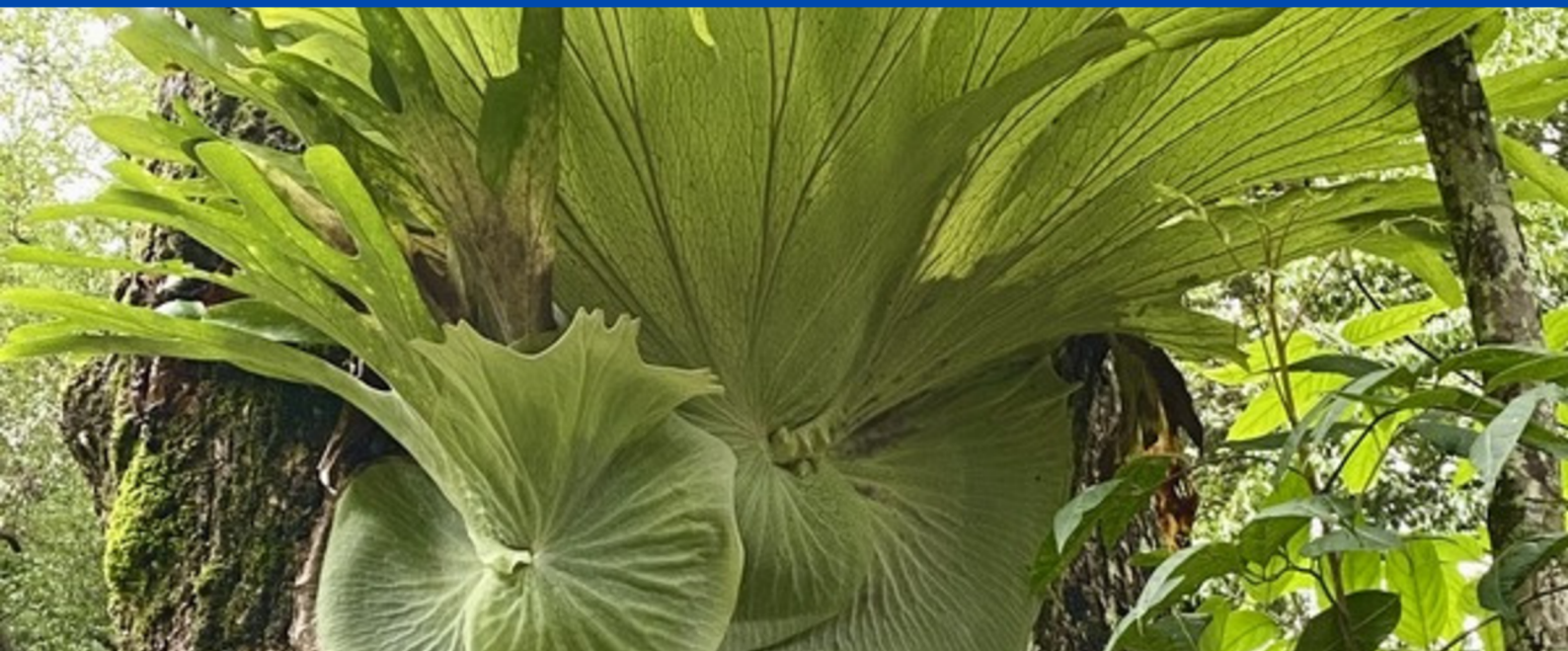
Dreaming in Dream Gardens

"If your job involves a screen, keyboard and mouse... AI can do it". So what is our real job? ... To work with love! At the last connection circle I was blessed with a soul grid of permaculture elders, dome building domies homies and a tribe of heart centred awesome human's. It's quite clear the real work of our job is to do the work with love.

One of the elders at the conscious connection circle was adamant that her ability to grow food was purely from love. Love brings attunement, awareness and connection in a way that allows intuitive and logical ways to entwine and create fantastic food.. that's been proven here!



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Date	Event
29-31 May 2026	Women's 3 Day Hike Retreat, GC Hinterland (Full)
20 June	Power of the Falls - Women's Hike, Mindfulness & Tea
24 June	Women's Rainforest Slow Walk: Mid-week Mindfulness (GC Hinterland)
4 July	Guided Hike & Mindfulness (GC Hinterland)
12 July	Conscious Connection Circle - Day Retreat
26 July	Women's Hiking & Yoga Mini-Retreat (GC Hinterland)
7-9 Aug	Mountain Magic Hiking & Yoga Retreat
18-20 Sept	Conscious Connection Circles 2 night camp out

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For more information about any of the events please email
LovingHomePF1@gmail.com or call
Logan on 0456 443 954 or Lotus on 0491 103872

Want to Volunteer or Collaborate?

We love connecting, networking and collaborating with people with like minded visions. If you'd like to support regeneration of land and people or you want to work together please book a meeting. For those friends of Kaivalya who see the potential & are interested in an agricultural lease to work with the land or simply want to enjoy some of our yummy organic food please get in touch.



Keep your eyes and ears open for your Friends of Kaivalya special offer

Need support or know someone who would benefit - take up or share the offer of a free strategy call for the Loving HOME Foundation Services
<https://lovinghome.foundation>