

Newsletter



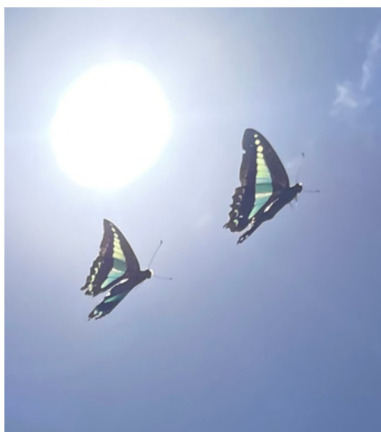
Summer 2025

Lush! It's been a lush tropical paradise here at Kaivalya. We've had some good yields from our 4th Permaculture trial. We've also had some powerful summer storms, with hammer winds that flattened and snapped trees. The photo above, taken by Lotus is from a new clearing on the Tweed Valley Way. We've got some new terraces in ready for beautiful souls joining us on their agricultural lease.



Regeneration

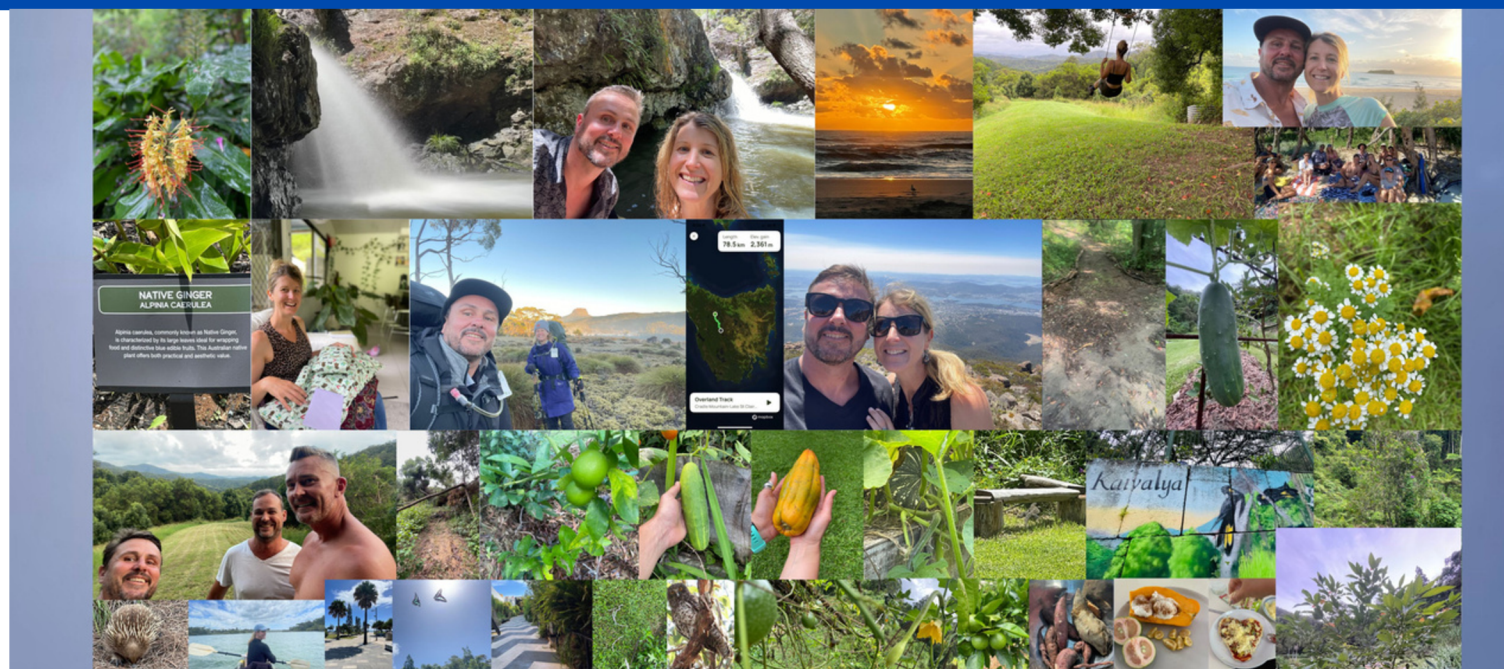
Apart from being committed to not use pesticides or artificial fertilisers we also practice working with what ever we are given. With the high number of trees fallen during the storms we've made a heap of mulch, a few random sit spot seats and garden edging. Mulching has been the key to orchard health.



What's been happening?

At one of the Nature of Man gatherings, I set an intention to build more strength, have more fun, more social times. This intention blended with Lotus's intention of celebrating her birthday & completing the 80km challenge of the Alpine Tasmanian Overland Track has helped us change gears and break on through. On the solstice we dove head first through a waterfall and that is what it feels like is happening here at Kaivalya.

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Mens Work

Walking the Talk.. It was so good to be able to go away with Lotus to, Tasmania, the land where Permaculture was born, to explore, to be challenged by the Overland Hike and to come back knowing the men in circle had my back. Thank you Leigh, Duane, Nicky and Gene for helping clean up the storm damage. Thanks to Jack, John & Luke for converting unwanted fire fuel to path edging. Thanks Matt for being such a great space holder.



Nature Ritual for Women

Women have been coming together monthly at Dream Gardens to explore Kaivalya with our Hike-Fit event, committing to improving fitness and hiking skills. The afternoon guides a deeper connection to the land here at Kaivalya with meditation and creative expression. Our next women's event is Sunday 16th of March.

A big congratulations to the 4 women who completed Hike-Ready: A Path to Fitness & Fun training this Summer! Hike-Ready v2 has now commenced with v3 scheduled for Winter 2025. Contact Lotus for details

Dreaming in Dream Gardens

Dream Gardens now has a new terrace, fruitful mushroom logs with oyster mushrooms & Turkey Tails. The work at the grow dome was put on hold as Mr Brushturkey completes his nesting & serenading. Thanks to Paul, Alby, Marco, Tim & Neil for helping out. Dream Gardens & Kaivalya Ridge were a perfect training ground to prepare for the overland track, taking on rocky creek beds, steep elevation, in all a bath of beauty. Thanks to the Nature of Man men who started the syntropic edging.

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Date	Event
23 Feb	Rising Sons Cerfied Diver scuba dive- Julians Rocks/ I.K. memorial working bee Burringbah Family.
26 Feb	MST V5 Challenge 1 starts for enrolled Men
18 March	Rising Sons NNSW Full Moon Open Night
16 March	Women's Fitness Hike & Brunch (Hike-Fit) + Nature Immersion
21-23 March	Nature of Man - 2 Night Equinox Camp Out
15 April	Rising Sons NNSW Full Moon Open Night
13 May	Rising Sons NNSW Full Moon Open Night
June	Hike-Ready: A Path to Fitness & Fun (EOI - contact Lotus)

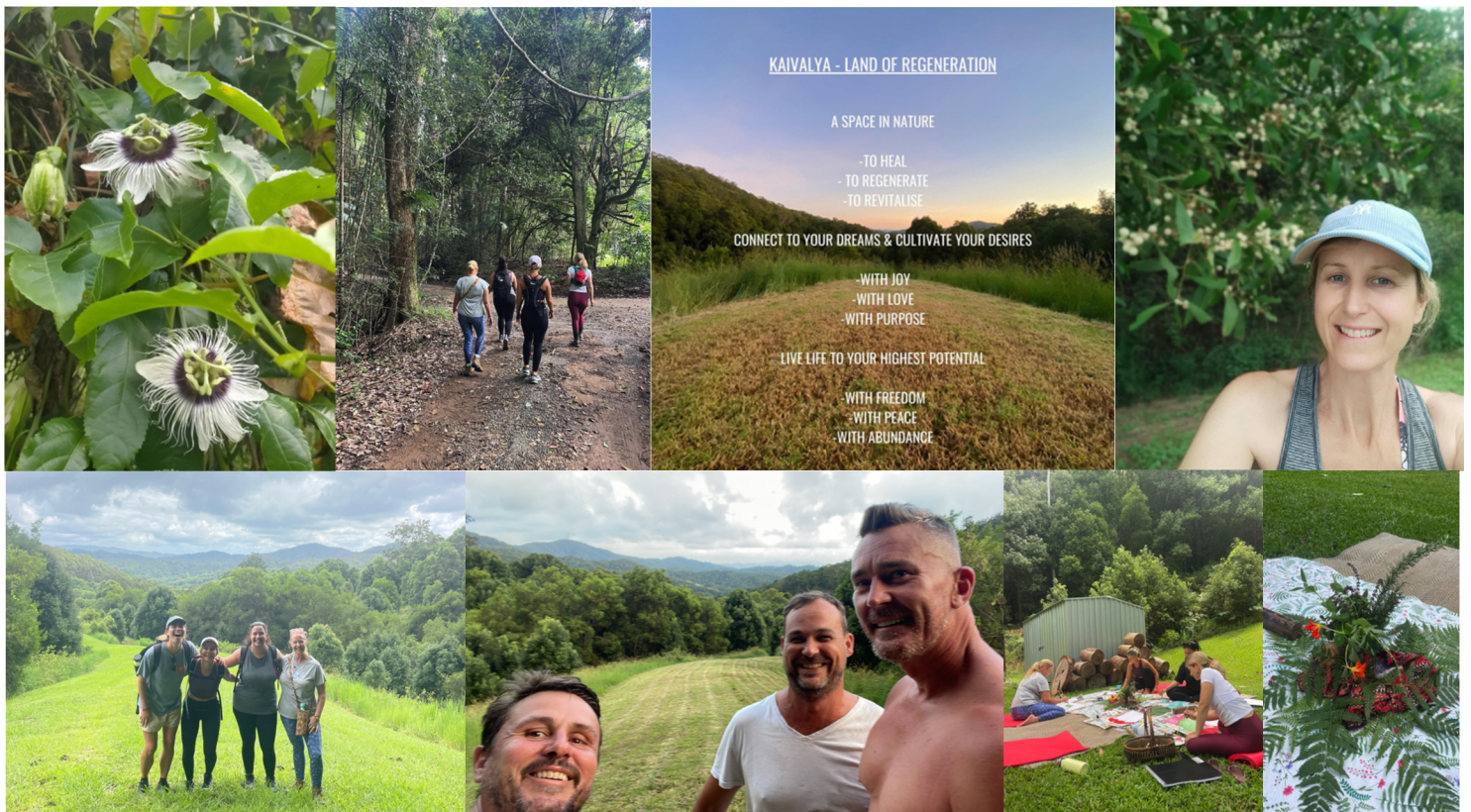
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For more information about any of the events please email LovingHomePF1@gmail.com or call Logan on 0456 443 954

Want to Volunteer or Collaborate?

We love connecting, networking and collaborating with people with like minded visions. If you'd like to support regeneration of land and people or you want to work together please [book a meeting](#). For those friends of Kaivalya who see the potential & are interested in an agricultural lease to work with the land please get in touch.



Keep your eyes and ears open for your Friends of Kaivalya special offer

Need support or know someone who would benefit - take up or share the offer of a free strategy call for the Loving HOME Foundation Services
<https://lovinghome.foundation/services-%26-bookings>