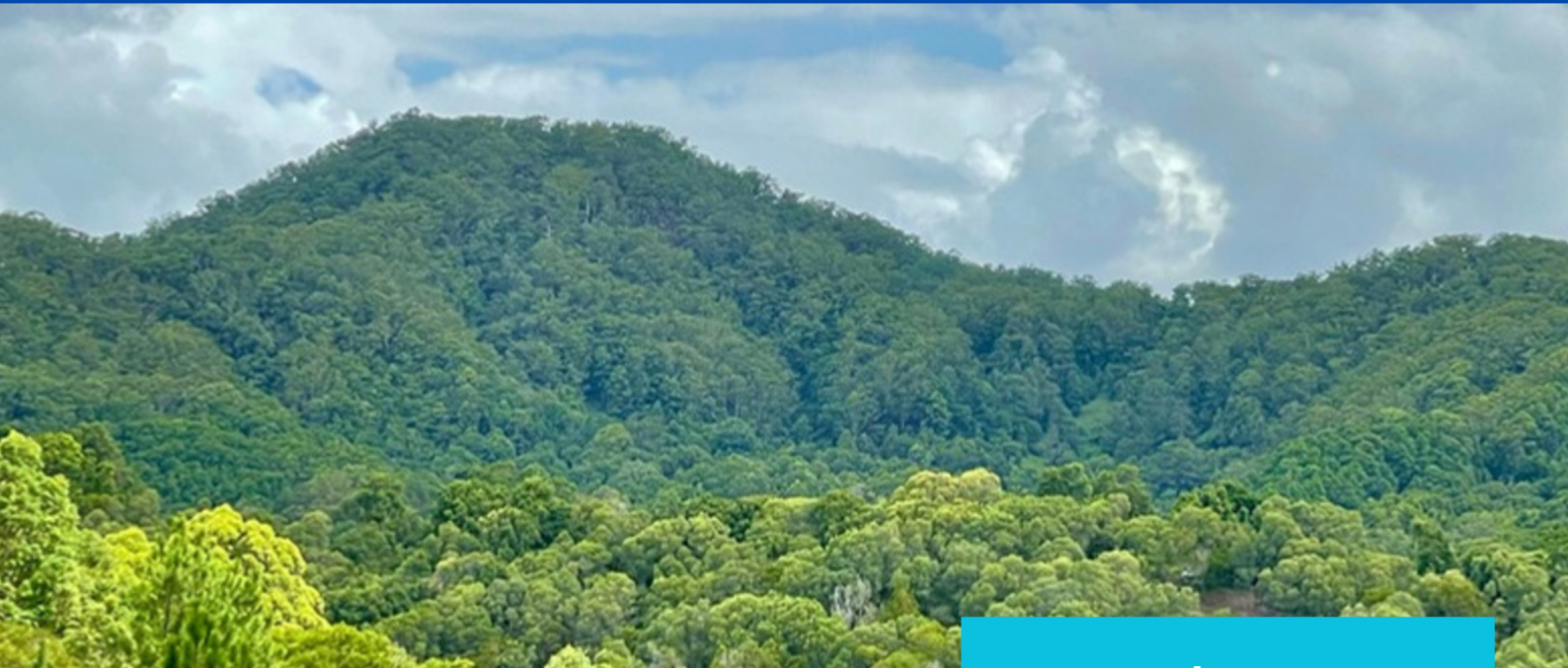


Newsletter



Summer 2026

This summer really feels like we've moved from the stage of flowers to fruit. Whilst we haven't scaled up any of our trial runs we have good foundations in place and have enjoyed a fruitful summer. Thanks Phil for the extra water tanks- a much appreciated donation. One of the best things of living here is endlessly enjoying the creeks, beaches and waterfalls. For Christmas we ventured down to Waterfall Way and found some great swimming spots to enjoy with extended family. During that visit Lotus' mother Tina really emphasised how Lychees could be a great fit for Kaivalya. Sure enough our neighbour Mike brought over branches and branches full of the sweetest most delicious homegrown lychees. Thanks Mike & Belinda. More lychees planted!



Regeneration

It's so good to see some of the native trees shoot up above head height now amongst the ecotones where camphor laurel had taken over. I know it's a long term plan but I see how the towering native gums are holding their own on the ecotones of the untouched native forest. Lotus and I have also spent days reclaiming native species from under Camphor Laurels that had taken ground ten or so years ago. We even found native macadamia trees.



What's been happening?

The terraces we cut in the dryer months of spring have been vital for weed management and creating more accessible and open areas for wild life. Since we don't have dogs or cats here we have been privileged with more and more native wild life visit. A highlight was to be able to see wallaby visits from our bedroom. Thanks to a thoughtful Christmas gift, a wild life camera with infrared, we've even photographed and logged some of the visits. We've also connected with a friend of Watergum, Graham who has kindly lent us a cleverly designed cane toad collecting bucket for humanely culling cane toads and allowing the native frogs to safely inhabit Kaivalya.

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Borne Fruit

I have to admit, though Kaivalya has been a dream of 27 years, it was at a death ceremony at a Men's Wellbeing Retreat in 2022 that called me forward to take action. It was also my weekly mens circle accountability practices that helped me take progressive steps through the acquisition process. However none of those prepared me for the overwhelming size of the land and work load of Kaivalya. When I first got here I was zesty and overly enthusiastic like Steve Irwin but there was a shadow aspect identified through my work with Richard Rudd's Gene Keys. My shadow was to struggle. I've got a strong constitution so it took a while before I owned it. In fact it was in a bowling game with buddies where I realised that my calloused thumbs were so big even the the extra large holed balls didn't properly fit. Nearly three years in, my time here in nature has allowed me to really get to know myself and realise Kaivalya is the perfect place for my strengths to come to fruition .



Women's Hiking & Yoga Experiences

February saw Nature Ritual women's events start back up after a Summer break with the return of Hike-Social- an event aimed at connecting women who have a shared interest of hiking. it was a fun day watching women 40-70yrs+ connecting again with their inner child through fun and playful games and of course movement. Hike-Social continues monthly- next in Burleigh 8th of March. Guided women's hiking and mindfulness day events are planned throughout Northern NSW and South East Queensland along with some fun nature filled weekend immersions planned for later in the year. Expressions of interest are currently open for Hike to Thrive (women's holistic hiking training) for women in Tweed / Northern Rivers area. To apply contact Lotus.

Dreaming in Dream Gardens

Have you felt the effects of inflation, shrinkflation, skimpflation? They are all the byproducts of culture that has shifted into consumption and digital creation. To bring real value there is a call to move towards creating with head, heart and hands and being of true service. Today marks the transition into astrological energies that could result in wars against... or alternatively the energies can call you into a high energy transformative period that focuses on speed, passion and independence. If you know there is a better way to live, come dream your purpose into reality at Kaivalya Dream Gardens.

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Date	Event
18 Feb 2026	MST- Men's circle open night call 700pm.
21 Feb 2026	MST V5 Day retreat - Last and Final workshop of MSTV5 series. Open to all men.
21 Feb 2026	Guided Rainforest Hike: walk, mindfulness, connection
7 Mar 2026	Women's Rainforest Creek Nature Walk Tweed Valley
8 Mar 2026	Hike-Social: Women's Walk, Talk, Connect, Mindfulness Burleigh Waters
21 March 2026	Conscious Connection Circle - Day Retreat
22 Mar 2026	Women's 3 Waterfalls Hike, Gold Coast Hinterland
15 May 2026	Conscious Connection Circles 2 night camp out

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For more information about any of the events please email
LovingHomePF1@gmail.com or call
Logan on 0456 443 954 or Lotus on 0491 103872

Want to Volunteer or Collaborate?

We love connecting, networking and collaborating with people with like minded visions. If you'd like to support regeneration of land and people or you want to work together please book a meeting. For those friends of Kaivalya who see the potential & are interested in an agricultural lease to work with the land or simply want to enjoy some of our yummy organic food please get in touch.



Keep your eyes and ears open for your Friends of Kaivalya special offer

Need support or know someone who would benefit - take up or share the offer of a free strategy call for the Loving HOME Foundation Services
<https://lovinghome.foundation>