

Newsletter



Winter 2025

Winter has been a really good time to go within. We've been blessed with some beautiful visits from some of our favourite people- thank you.

We've had a surplus of organic papaya's from our permaculture trials and soon will be harvesting our celery trials. It's been fun comparing recipes for Pumpkin soup with Kaivalya organic pumpkins.

Thanks to the ladies from Nature Ritual hikes that have been keeping check on the carriage ways. Big congratulations to the beautiful Lotus who has now completed her Yoga Teacher Training-well done- especially with those 3:50am cold winter mornings!



Regeneration

It was great to walk the land with Rob Brooks from Fend for the Flora - who was also visiting Zaytuna Farm during his winter escape from Adelaide. Thanks for your input and Im glad we saw so many whales when we went for our winter body surfing session. We are also continuing to find lost fruit trees



What's been happening?

We've spent many a wet day snuggled up by the fire place dreaming Kaivalya Dream Gardens into reality. Through the training with Emergent Leaders Foundation we've utilised the skills of James Greenshield's Harmonic Leadership training to purify ourselves and unify our vision and we're getting ready to amplify what we have on offer here. In the dryer days we were able to cut four new terraces for the syntropic food forest. Thanks to Alby for his tireless contributions on the machinery maintenance and for handing down some skills. Also a huge thank you to the big man Duane who captured Kaivalya by drone. Thank you.

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Men's Work

With a new and vibrant flavour of Men's work that's about being of service and walking the talk we've had a surge in interest on our website. It's great to have some of the neighbours and fellow land regenerators join in. Thanks again to James Greenshields for the connection to other mens movements.

www.mensevolutionnetwork.org

We are glad to continue to offer free full moon open nights- they have been a blast and thanks to Peter for the loan of the Bell Tent- BTW your brother's bush doof was unforgettable - Happy 50th Skye. Also to the men's work brothers thanks for my Birthday Dinner and awesome gifts. We are looking forward to going out to Gene's 40th celebrations. I also was a proud teacher witnessing some awesome soda rocket science from the GC.Homeschool teens.



Nature Ritual for Women

Hike to Thrive Members have been out and about exploring trails, learning new skills and getting fit. One particular member has just started trail running and another gone from walking 1hr/day to 3hrs/day regularly! Well done ladies on your commitment to yourself and the group! Hiking memberships will start again in 2026, contact Lotus for details.

Hike-Fit half day retreats have been continuing with new women attending every month, we gather at Dream Gardens to explore Kaivalya committing to fitness, mindfulness & connection. Lotus will be adding in Yoga to her offerings having just completed 200hr YTT at Krishna Village. Wildflower Hiking and Yoga Retreat in Stanthorpe is now sold out. Stay tuned for more retreats to come soon!

Dreaming in Dream Gardens

Winter has been a time to consolidate and also celebrate. A visit to Brisbane Botanical Gardens and the awesome botanical library has us inspired and ready to further develop Dream Garden's sensory experience. For the past two years I've shifted from digital creation to real world creation working with 'Ni'. Natural Intelligence of the land has taught me a lot - I still feel like I have "No Idea" so it's been good networking and also using AI to help structure the Dream into Reality.

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Date	Event
12 August	Mancanics Free Full Moon Open Night
17 August	Women's Hiking- Intro to Navigation
24 August	Hike-Fit Women's Half Day Retreat
9 September	Mancanics Free Full Moon Open Night
11 September	MST V5 Challenge 5 starts for enrolled Men
14 September	Hike-Fit Women's Half Day Retreat
19-21 September	Nature of Man Camp Out & Wildflower Women's Hiking & Yoga Retreat
21 September	Kaivalya Working Bee

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For more information about any of the events please email LovingHomePF1@gmail.com or call Logan on 0456 443 954

Want to Volunteer or Collaborate?

We love connecting, networking and collaborating with people with like minded visions. If you'd like to support regeneration of land and people or you want to work together please book a meeting. For those friends of Kaivalya who see the potential & are interested in an agricultural lease to work with the land or simply want to enjoy some of our yummy organic food please get in touch.



Keep your eyes and ears open for your Friends of Kaivalya special offer

Need support or know someone who would benefit - take up or share the offer of a free strategy call for the Loving HOME Foundation Services

<https://lovinghome.foundation>