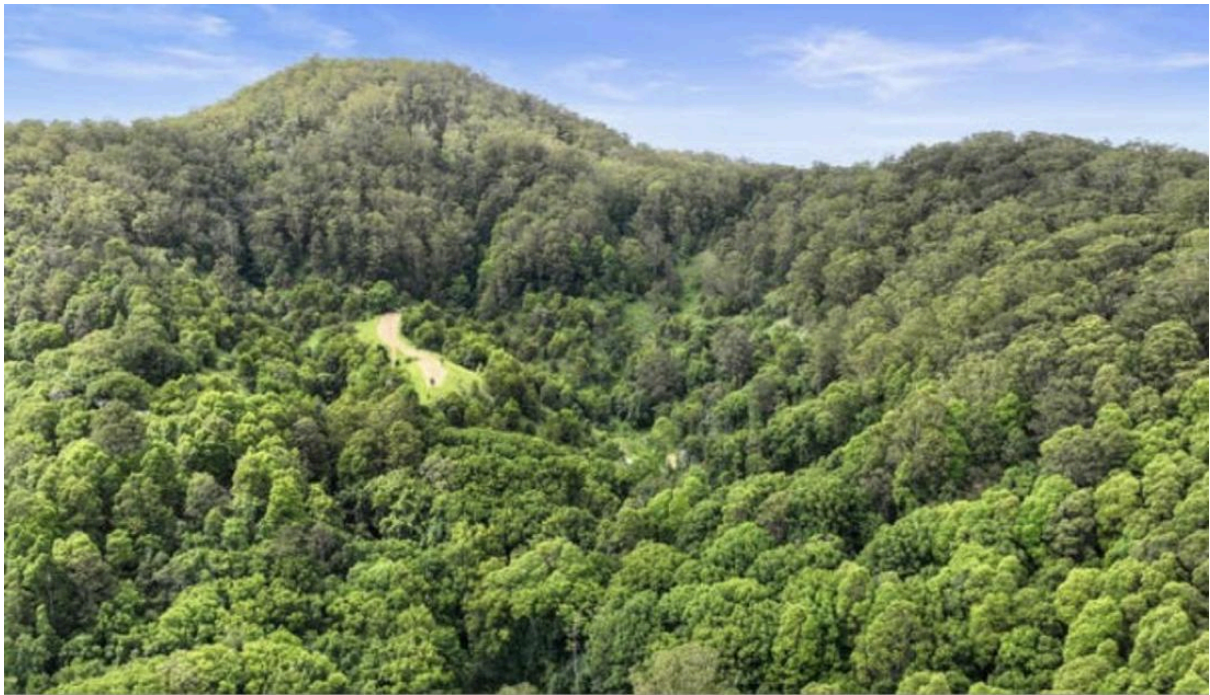




Well hello again, it's Logan & Lotus.

Maybe you just met us, or maybe it has been a while since we've crossed paths as we've been busy moving, or should I say shifting from the sea to the trees and we've definitely elevated ourselves in the process. We traded our beach cottage in Palm Beach for the north face of a mountain in the Burringbar Range, halfway between Coolangatta and Byron Bay. This land, Kaivalya, was an AirBnB that we fell in love with, but more than that it was a 27 year dream of a nature retreat where the sacred work we do together could be shared.

Shifting into Kaivalya was a massive process that's required us to 'walk our talk' to manifest and invest in a space for healing, wellbeing and evolution not just for my family but for you and your family who I consider a part of our community.



Getting to know the raw beauty of Kaivalya has brought deep insight to the importance of Regeneration- not just of the land but of self, our relationships and our community. It's 90 acres of sub-tropical land that was farmed for the past several decades, the upper land on the peak and rim is pristine native forrest that can be brought back down to the gullies and the flats as we apply principles of permaculture and syntropic farming to cultivate food forests, bush tucker trails and a safe haven for all of nature, including our favourite humans that we love. So this land for regeneration - Kaivalya awaits you.

Kaivalya, for those familiar with Patanjali's Yoga Sutra's will know of the name from the fourth chapter, though it's been around a lot longer than Patanjali's work. For those who would like me to explain it- well let me just say "it cannot be known but it is not unknowable"- it refers to connection with the Great Mystery, it's a realised state of enlightenment that may well be tasted in pure presence but is impossible to speak of accurately. So it's really for experiencing. In September and October we have many different opportunities for you to experience. So check out the calendar below and we hope to see you soon!



# Newsletter



Date	Event
7th September	Rising Sons Qrtly Meeting
14th September	Sweat Lodge with Victor & John for Jatticus
17th September	Rising Sons NSW Full Moon free mens circle
5th October	Hike-Social for Women by Nature Ritual
6th October	Volunteering Day - Temple Pad clearing - get a sit log to take home.
11-13th October	One Living Earth Drum Making Weekend with James
15th October	Rising Sons NSW Full Moon free mens circle
20th October	Sunday Women's Community Hike with Nature Ritual

**Stay tuned for the full newsletter coming this week which includes booking details and a special offer for becoming a Friends of Kaivalya supporter which will gain you access to discounts from our network.**

Live your truth,

Logan & Lotus

[www.lovinghome.foundation](http://www.lovinghome.foundation)