



Spring 2024

Were you feeling activated with the heat wave at the end of winter? The birds, flowers and goannas at Kaivalya definitely did. During winter we've been preparing for a fun spring and summer with some earth works, turfing, weeding and even bringing on board some woodcraft and making clay for pottery which we hope to develop further.



Regeneration

Our commitment at Kaivalya to not use pesticides or artificial fertilisers has been a massive challenge. We've explored making weed teas, pot ash flower enhancers, seaweed tea, compost tea. Whilst not so pleasant at the time now the air is full of the sweet smell of citrus flowers it's well worth it.

What's been happening?

Thank you again to those who donated to get the Kaivalya Archery Target up and running. Also a big thank you for those who nominated to work on our 20m high tree house, more information available for those interested in joining the team. Also a grand thank you to those who helped clearing with the camphor laurels around the temple pad and doing our first winter burn at Dream Gardens. Thank you Thank you Big Love!





Mens Work

Rising Sons and One Living Earth have been cooking (literally) up a storm of transformation. The lodges were some of the most memorable events since last years drum making event and our first initiation weekend for the teenage son of a Rising Son. By demand James and Victor from One Living Earth ran a couple of co-gender sweat lodges which were beautiful. We;ve had over 75 mens events inlouding our weekly Tuesday night circles and our monthly free full moon mens celebration night.





Nature Ritual for Women

Lotus's Birthday Celebration was such a beautiful way to kick off the start of the year. It was followed by some super special Manomaya Co-gender Circle meetings but the most memorable was the women's social gathering which blessed the land with connection thorugh conversation and grounding through walking and sharing of nurturing food.

Dreaming in Dream Gardens

Dream Gardens has been the perfect place to host the Regenerating Man Co-gender events. circles, weekly mens groups and birthday celebrations. We are working towards getting the new Tipi site up as an interim step to getting our Trillium Geodesic Dome plans finalised. After a good day of regenerative farming we long for our sauna and spa to be in place.





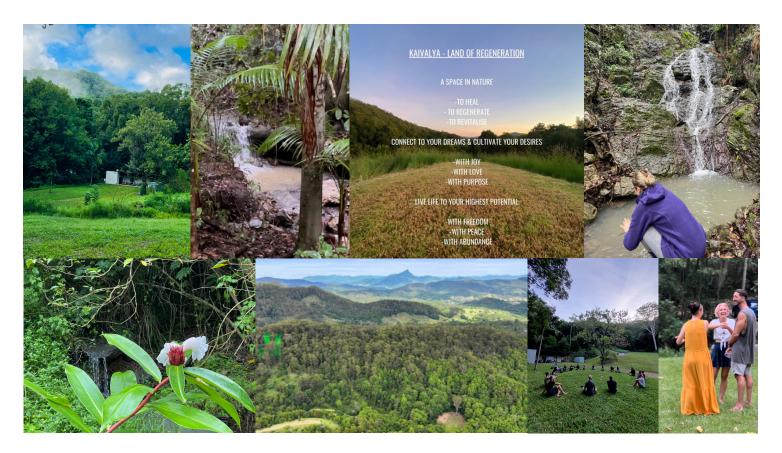
Date	Event
7th September	Rising Sons Qrtly Meeting
14th September	Sweat Lodge with Victor & John for Jatticus
17th September	Rising Sons NNSW Full Moon free mens circle
5th October	Hike-Social for Women by Nature Ritual
6th October	Volunteering Day - Temple Pad clearing - get a sit log to take home.
11-13th October	One Living Earth Drum Making Weekend with James
15th October	Rising Sons NNSW Full Moon free mens circle
20th October	Sunday Women's Community Hike with Nature Ritual



For more information about any of the events please email LovingHomePF1@gmail.com or call Logan on 0456 443 954

Want to Volunteer or Collaborate?

We love connecting, networking and collaborations with people with like minded visions. If you'd like to support regeneration of land and people or you want to work together please book a meeting.



Keep your eyes and ears open for your Friends of Kaivalya special offer

Need support or know someone who would benefit - take up or share the offer of a free strategy call for the Loving HOME Foundation Services https://lovinghome.foundation/services-%26-bookings