

Leadership Style Self-Assessment

Effective leadership is built on self-awareness. This checklist helps you identify your dominant leadership style and highlights areas for growth. It is not a test but a reflection tool to prompt honest evaluation.

Tick the statements that best describe your typical behaviour. You may find you align with more than one style - that's normal. The aim is to understand your natural tendencies and how they affect your team.

1. Visionary Leadership
\square I focus on the long-term direction rather than daily details.
\square I inspire people with a clear sense of purpose.
\square I encourage innovation and calculated risk-taking.
□ I connect day-to-day work to a larger mission.
2. Coaching Leadership
☐ I invest time in developing individuals' strengths.
\square I give regular, constructive feedback.
\square I encourage people to set and achieve their own goals.
\square I see mistakes as learning opportunities.
3. Democratic Leadership
\square I seek input and ideas from my team before making decisions.
\square I value diverse opinions and perspectives.
\square I make sure everyone feels heard during discussions.
\square I aim for consensus wherever possible.
4. Pace-Setting Leadership
\square I set high standards and expect others to match them.
\square I prefer working with self-motivated, competent people.
\square I often take over tasks to ensure they're done to my standards.
\square I push for quick results and high performance.



5. Authoritative Leadership

\square I am confident in making tough decisions.
\square I communicate clear expectations and direction.
\square I motivate others by linking their work to a shared goal.
\square I provide structure and clarity, especially during uncertainty.
6. Affiliative Leadership
\square I focus on harmony and emotional wellbeing in the team.
\square I notice when people are disengaged or upset.
\square I praise effort and empathy as much as results.
\square I build strong personal relationships at work.
7. Delegative (Laissez-Faire) Leadership
\square I trust capable employees to work independently.
\square I avoid micromanaging and prefer to give freedom.
\square I expect people to take ownership of their results.
\square I step in only when necessary or when asked for support.
8. Transformational Leadership
\square I challenge people to grow beyond their comfort zones.
\square I communicate an inspiring vision for change.
\square I act as a role model for continuous improvement.
□ I motivate others to see meaning in their work.
9. Servant Leadership
\square I see leadership as a responsibility to serve others.
\square I prioritise people's needs before my own.
\square I measure success by the growth and wellbeing of my team.
\square I lead with empathy, humility, and integrity.



10. Adaptive Leadership

 □ I adjust my approach based on context and individual needs. □ I stay calm and flexible under pressure. □ I learn quickly from feedback and outcomes. □ I blend multiple leadership styles as situations change.
Scoring guide for each section
0 Items ticked: Help required.
1 item ticked: It's a start, more work required.
2 item ticked: Great. Keep nurturing it.
3 item ticked: Excellent.
4 item ticked: Awesome.

Next Steps

Use this insight to become more intentional in how you lead. Effective leaders flex between styles - knowing when to inspire, coach, direct, or delegate. Review your lowest-scoring styles and consider where developing them might make you more balanced and adaptable as a leader.

Notes