



Ancient Haven Spa Studio

Eyelash Extensions

www.ancienthaven.com



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Eyelash extensions are a semi-permanent beauty enhancement, where a stylist will attach a single lash extension to each individual lash with an intense adhesive. It is important this procedure is done correctly to ensure the safety of the client for the moment and in the long run. I dedicate my career to that safety. I am a perfectionist and make detail incredibly important to me, so that you may enjoy your lashes confidently.

Preparing for your Appointment

- * If possible, avoid wearing eye make-up 24 hours before your appointment for fills and, preferably, 48 hours for your first set. During that time, cleanse your lashes a couple times with an oil-free cleanser to remove any built-up makeup, specifically mascara.
- * Come to your appointment with clean, dry lashes, free of any oils to get the most out of your scheduled time. Avoid eye creams in the eye socket area the morning of, or the night before your appointment.
- * Come with comfortable clothes on, ready to lash nap!
- * Bring any make-up you may need for touch-ups around eye area after lashing.

Aftercare

- * Do not wet extensions for 24-48 hours.
- * Avoid steam, saunas and pools for 48 hours.
- * No curling, perming or tinting your lashes.
- * Don't pick at lashes or rub eyes, for it could pull out your natural lashes and/or damage your extensions.
- * No oils or solvents of any kind from cleansers, mascaras, moisturizers, etc. should be used on lashes. If you want to use mascara, make sure to use one specifically designed for eyelash extensions.
- * Crying is detrimental to your lash extensions. If you find yourself crying, be very gentle while wiping your eyes and try to dab tears down and away from your lash extensions.
- * Be careful not to singe your lashes. Lashes may be singed from smoking, campfires, grills, ovens, stoves, hair dryers, curling irons etc.
- * Take care while sleeping and dressing!
- * Do not attempt to remove extensions yourself; they are semi-permanent and you could damage your natural eyelash growth. Make sure to see a professional for removal.
- * Keep lashes clean with an oil-free, gentle cleanser, especially after wearing eye make-up.

Cleansing Procedure

- 1) Wash hands thoroughly.
 - 2) Wet disposable mascara wand with water.
 - 3) Dispense choice of cleanser into palm of hand. (For a more sanitary option, dispense into small clean bowl or container of some kind.)
 - 4) Roll mascara wand into palm of hand (or bowl) to disperse cleanser, then brush through extensions from the back rolling wand up, toward your brow ridge. It helps to hold one finger in front of your lashes while you brush up. As you comb through, be careful not to snag the base of your extensions as much as possible.
 - 5) Rinse mascara wand and repeat brushing through with clean water until cleanser is washed away; usually this takes a few rinses.
 - 6) Cleanse 3 or more times a week to keep oils, skin cells, make-up, etc. from building up at the base of your extensions.
- * I have found cotton and some washcloths tend to snag on extensions. Find a procedure that works best for you; be gentle and thorough.*

It is so important that you take care of your extensions after your appointment! Aftercare will make night and day difference for your long-lasting, beautiful results. Feel free to contact me anytime with any questions or concerns you may have.

Book fill appointment in 2-4 weeks to keep lashes looking full and beautiful!
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(Lash extensions not available to book online; please call or text Jessie to book.)