

## Self Discovery Workshop

Are you ready to make choices that will bring clarity into your personal and professional life?

July 11<sup>th</sup>-10:00am-3:00pm - Cost: \$50 tax inc. **Because of Covid-19 space is limited to provide social distance** 

Delivering outstanding interpersonal and employment results!

## The following gifts you will receive:

- ✓ Discover your top 5 passions
- ✓ Find out what truly makes you happy
- ✓ Clarity of what you want in life and how to get it
- ✓ Your list that helps you stay at the top of your game
- ✓ Feel confident in your own good judgment when you make decisions
  - ✓ Ways to transform stress into positive motivation
  - ✓ Guided Meditation on labyrinth to end our healing day
    - ✓ GUARANTEED CLARITY!

## Discover the SECRET on how to live your PASSIONIONATE LIFE

Lisa Ellis Also known as
"The Passion Lady"
Certified Training
Consultant
Business &
Life Coach
Yoga teacher- Energy

Call us today to create your best results with clarity!
BOOST YOUR HEALTH WELLNESS CENTER
(LOWBANKS)

www.boostyourhealth.ca 905-736-0563