~Labyrinth walk with balance and peace~ Let go of your stress



Labyrinth will meet you where you in life ~ Set your intention and let it go~

Join us for an afternoon of relaxation with mother earth and the powerful labyrinth. This day will be rejuvenating and relaxing. In your day you will also have the chance to walk to the beach and receive a guided meditation to end our beautiful rejuvenating day~

Because of Covid-19 space is limited to provide social distance. Call us today to reserve your special spot. (Weather permitting).

July 25th -10:00am-3:00pm - Cost: \$50 tax Inc. **BOOST YOUR HEALTH WELLNESS CENTER (LOWBANKS)**

Lisa Ellis Also known as
"The Passion Lady"
Certified Training Consultant
Business &
Life Coach
Yoga teacher- Energy Healer

Call us today to reserve your special day

www.boostyourhealth.ca