

Drumming & Labyrinth Retreat with Alan Drew & Lisa Ellis

Soul Retrieval with Alan's drum

The Drumming healing will be a One-on-One experience. With the vibrations of the drum causes the person's energy to change. A vibrational shift so to speak, and negative energies are lifted from the body, as seen by a seer while watching the ceremony, bringing with it a peacefulness and cleansing. The drum vibrates Capital A or A pitch at 440 vibrations which is the tuning fork for tuning instruments.



Forgiveness with Lisa

Surrender

Trusting the wisdom of your intuition

Identify a core challenge Exercise

Looking forward to sharing a healing day with you. Space is limited call today to reserve your day with Lisa & Alan

Date: Sept 25th 10:30am-5:00pm~ Cost: \$95 Tax Inc.

Healthy lunch & snacks will be served with beverages

Location: Boost Your Health Wellness Center in Lowbanks

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