

Smith Baptist Association • 3226 Old Jacksonville Hwy. Tyler, Texas 75701 • 903–581-6139 Dr. Damy Pickens, Director of Missions



The old adage is "time flies when you are having fun" I think that is true, but it is also true that if you "do what you enjoy, you will never work a day in your life." I enjoy what I do, and time certainly flies as we stay busy doing the Lord's work.

I recently came across Paul Powell's address he delivered at our Building Dedication in.....wait for it....2006, fifteen years ago.

We have been blessed to use this build-

ing for the Lord in a variety of ways. It stands as a testament to our church's faith and faithfulness. It speaks of a commitment to our churches, community, state, nation, and the world.

Many who sacrificed to give financially and give their time and effort building this building are gone to be with the Lord. However, it still stands; it still speaks of cooperation.

Read his address if you would like; it is a history lesson and a testament to what we can do together that we can't do alone! I am proud of our association and the work we do for the Lord.

I am currently in an interim at First Baptist Church, Hawkins. I have also been in First Baptist Church, Gresham, recently.

Blessings, Dr. Danny

Dedication of the Smith County Baptist

Associational Building

Mt. Sylvian Baptist Church Click for Dediction Address June 19, 2006

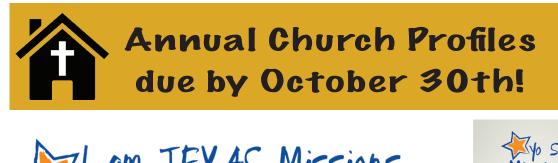
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"What is Life Coaching?"

Life coaching, is gaining more and more respect among Christians; but still, some are not familiar with the skills. Coaches help clients think more deeply about life goals, desires, needs, issues and life in general. Some people need a coach when they are overwhelmed or temporarily stuck in a project or upcoming event. They need someone to really listen and help them build an action plan to reach their goals.

Normal, healthy people don't like "bossy people" telling them what to do, or offering unwanted advice. Coaching is different. We carefully listen to what the client is saying they want to accomplish, and ask questions that allow them to think "deeper and wider" and then develop their own plan of action to achieve their goals. We believe that the best solutions are "within" each person - and most people just need a little assistance to bring it out.

Life Coaching is not giving advice. Coaches learn to set aside their own opinions and feelings. The goal of a coach is to allow the client to brainstorm all possible options and discover the best solution for himself or herself by talking through the goal or situation.

Coaching is not telling the client how to do something. A coach's goal is to guide a client through the self-discovery





October 1-2, 2021 Flint Baptist Church click on image to register process. A coach may work with a client for 3 – 6 months or longer, depending on the client and their need for coaching.

The best example I can think of is a professional athlete. The athlete may be the best at what he/she does – but stil there is a coach. The coach's role is not to fix the athlete's game, but to help the athlete move forward to the next level. Life Coaching works along the same lines.

A coach's job is not to fix you or your problems, but:

•To help you move to the next level

•To help you find direction

•To help you focus on the task at hand

•To be a non-judgmental partner to brainstorm ideas

•To help you sort through things

•To help you develop the best action plan to accomplish your goals

•To be an accountability partner in reaching your goals

Therefore, to really assist you, a Life Coach focuses on moving you forward toward RESULTS. Without an action plan, coaching is not really happening! By now you should be getting the idea that your coach is not going to do your thinking for you or tell you what to do; but instead, will help you think about how to achieve your goals and desires. Coaching is for individuals with a healthy mental, social and spiritual perspective on life. Coaching should not be

Coaching is for individuals with a healthy mental, social and spiritual perspective on life. Coaching should not be confused with counseling, therapy or mentoring. Anyone needing such

care should contact a professional with proper credentials. Coaching can help you reach your life goals!

Cost is normally \$295. 10 Full Scholarships are now available. First come - first registered! SEPTEMBER 24-25, 2021 - SBA OFFICE AVAILABLE TO SBA PASTORS OR STAFF MEMBERS 6 HOURS CREDIT BY INTERNATIONAL COACH FEDERATION Led by Dr. Danny Pickens



Associate Certified Coach

International Coach Federation